

| Pos | FirstName | LastName            | Bib | Sta | Time     | GND | Cat   | Cat Po | GenD | Club                              | SwimLap  | Swim     | T1       | BikeLap  | Cycle    | T2       | RunLap   | Run      |
|-----|-----------|---------------------|-----|-----|----------|-----|-------|--------|------|-----------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 1   | Team      | Bottrill Dempse     | 728 | Fin | 03:41:38 | R   | Relay | 1      | 1    | Team Bottrill                     | 00:12:40 | 00:25:57 | 00:01:08 | 00:57:55 | 01:56:20 | 00:01:02 | 00:36:11 | 01:17:13 |
| 2   | Sam       | Wade                | 708 | Fin | 03:48:32 | M   | 25-29 | 1      | 1    | Team Pedalcover                   | 00:11:29 | 00:23:56 | 00:00:46 | 01:04:20 | 02:09:02 | 00:00:51 | 00:36:07 | 01:13:59 |
| 3   | Mark      | Matthews            | 277 | Fin | 03:50:04 | M   | 30-34 | 1      | 2    | Army Triathlon Association        | 00:12:40 | 00:26:12 | 00:00:58 | 01:02:05 | 02:04:21 | 00:01:07 | 00:37:48 | 01:17:28 |
| 4   | Will      | Munday              | 222 | Fin | 03:53:07 | M   | 18-24 | 1      | 3    |                                   | 00:13:31 | 00:27:50 | 00:01:09 | 01:02:57 | 02:08:02 | 00:01:06 | 00:36:29 | 01:15:02 |
| 5   | Will      | Russell             | 253 | Fin | 03:58:05 | M   | 25-29 | 2      | 4    | Thames Turbo Tri Club             | 00:12:24 | 00:25:26 | 00:01:02 | 01:07:12 | 02:14:43 | 00:01:13 | 00:37:05 | 01:15:43 |
| 6   | Ieuan     | Hudson              | 230 | Fin | 03:58:29 | M   | 18-24 | 2      | 5    | Army Triathlon Association        | 00:14:38 | 00:28:20 | 00:01:05 | 01:05:40 | 02:14:18 | 00:01:02 | 00:36:05 | 01:13:46 |
| 7   | Team      | Bottrill - Vanguard | 192 | Fin | 03:59:34 | R   | Relay | 2      | 2    | Team Bottrill - Vanguard          | 00:13:54 | 00:28:28 | 00:00:51 | 01:00:43 | 02:01:42 | 00:00:42 | 00:43:35 | 01:27:54 |
| 8   | Marcus    | Mcdonald            | 430 | Fin | 04:01:38 | M   | 40-44 | 1      | 6    | Lichfield Tri                     | 00:14:04 | 00:29:22 | 00:01:05 | 01:05:39 | 02:11:48 | 00:00:53 | 00:38:37 | 01:18:32 |
| 9   | Matt      | Bailey              | 215 | Fin | 04:01:55 | M   | 18-24 | 3      | 7    | Speedhub Race Team                | 00:11:34 | 00:23:44 | 00:01:32 | 01:04:02 | 02:08:32 | 00:01:04 | 00:41:34 | 01:27:04 |
| 10  | Richard   | Whitfield           | 334 | Fin | 04:02:05 | M   | 35-39 | 1      | 8    | Team Bottrill                     | 00:13:38 | 00:28:22 | 00:01:36 | 01:04:47 | 02:09:09 | 00:01:45 | 00:39:56 | 01:21:14 |
| 11  | James     | Cox                 | 267 | Fin | 04:04:34 | M   | 30-34 | 2      | 9    |                                   | 00:13:01 | 00:27:02 | 00:00:58 | 01:05:08 | 02:11:30 | 00:01:08 | 00:41:42 | 01:23:58 |
| 12  | Team      | Elt Quads Of Fu     | 191 | Fin | 04:06:35 | R   | Relay | 3      | 3    | East London Triathletes           | 00:14:02 | 00:29:02 | 00:00:41 | 01:06:32 | 02:17:46 | 00:00:37 | 00:39:07 | 01:18:32 |
| 13  | Ben       | Smith               | 235 | Fin | 04:07:01 | M   | 25-29 | 3      | 10   | Welland Valley Tri Club           | 00:14:37 | 00:29:57 | 00:01:02 | 01:06:06 | 02:12:46 | 00:01:06 | 00:39:11 | 01:22:12 |
| 14  | Nick      | Drabble             | 295 | Fin | 04:07:58 | M   | 30-34 | 3      | 11   | Army Triathlon Association        | 00:14:38 | 00:29:46 | 00:01:05 | 01:05:24 | 02:13:13 | 00:01:08 | 00:41:27 | 01:22:49 |
| 15  | Rob       | Arkell              | 297 | Fin | 04:08:14 | M   | 30-34 | 4      | 12   | David Lloyd Tri / Stubb Green Run | 00:15:04 | 00:31:25 | 00:01:26 | 01:07:37 | 02:15:33 | 00:01:27 | 00:39:28 | 01:18:25 |
| 16  | Aaron     | Gwilliam            | 283 | Fin | 04:08:16 | M   | 30-34 | 5      | 13   | Army Triathlon Association        | 00:14:13 | 00:29:40 | 00:01:47 | 01:03:48 | 02:09:09 | 00:00:49 | 00:42:08 | 01:26:54 |
| 17  | Liam      | O'mahoney           | 260 | Fin | 04:08:58 | M   | 25-29 | 4      | 14   | East London Triathletes           | 00:13:56 | 00:28:40 | 00:02:17 | 01:07:57 | 02:15:57 | 00:01:17 | 00:39:02 | 01:20:49 |
| 18  | Jappas    | Du Preez            | 366 | Fin | 04:09:45 | M   | 35-39 | 2      | 15   | Army Triathlon Association        | 00:14:11 | 00:29:09 | 00:01:11 | 01:04:21 | 02:10:13 | 00:01:09 | 00:42:07 | 01:28:06 |
| 19  | Duncan    | Shea-Simonds        | 519 | Fin | 04:12:17 | M   | 45-49 | 1      | 16   | Race Hub                          | 00:15:02 | 00:31:17 | 00:01:07 | 01:04:56 | 02:12:03 | 00:01:24 | 00:41:30 | 01:26:27 |
| 20  | Al        | Hadnett             | 335 | Fin | 04:12:30 | M   | 35-39 | 3      | 17   | Peak Fusion Uk                    | 00:14:06 | 00:29:06 | 00:01:02 | 01:08:22 | 02:17:41 | 00:01:55 | 00:41:12 | 01:22:48 |
| 21  | Callum    | Mcpartlin           | 234 | Fin | 04:12:48 | M   | 25-29 | 5      | 18   | Army Triathlon Association        | 00:13:48 | 00:28:16 | 00:00:56 | 01:06:13 | 02:14:02 | 00:01:08 | 00:43:08 | 01:28:28 |
| 22  | Wayne     | Thursting           | 589 | Fin | 04:13:25 | M   | 50-54 | 1      | 19   | 3C Tri                            | 00:15:12 | 00:31:20 | 00:01:05 | 01:08:41 | 02:17:25 | 00:01:10 | 00:41:01 | 01:22:28 |
| 23  | Scott     | Wiseman             | 419 | Fin | 04:13:51 | M   | 40-44 | 2      | 20   | Ashford Tri Club                  | 00:13:02 | 00:26:46 | 00:00:51 | 01:08:22 | 02:17:50 | 00:01:39 | 00:42:51 | 01:26:47 |
| 24  | Richard   | Shephard            | 375 | Fin | 04:14:09 | M   | 35-39 | 4      | 21   | Stratford Upon Avon AC            | 00:13:53 | 00:28:05 | 00:03:12 | 01:06:33 | 02:15:35 | 00:01:16 | 00:41:50 | 01:26:03 |
| 25  | Dan       | Anderton            | 248 | Fin | 04:15:04 | M   | 25-29 | 6      | 22   | Oxford Tri                        | 00:15:29 | 00:31:40 | 00:01:22 | 01:09:25 | 02:19:14 | 00:02:00 | 00:40:36 | 01:20:50 |
| 26  | Ashley    | Scott               | 274 | Fin | 04:15:30 | M   | 30-34 | 6      | 23   | Royal Navy Triathlon Association  | 00:13:33 | 00:27:50 | 00:01:07 | 01:08:06 | 02:17:38 | 00:01:11 | 00:42:41 | 01:27:46 |
| 27  | Katrina   | Rye                 | 8   | Fin | 04:15:39 | F   | 25-29 | 1      | 1    | Army Triathlon Association        | 00:13:49 | 00:28:28 | 00:01:14 | 01:09:47 | 02:18:42 | 00:01:17 | 00:42:15 | 01:26:00 |
| 28  | Ross      | Mcgregor            | 271 | Fin | 04:15:58 | M   | 30-34 | 7      | 24   | Louth Tri Club                    | 00:13:37 | 00:27:34 | 00:00:55 | 01:10:17 | 02:19:24 | 00:01:34 | 00:40:29 | 01:26:33 |
| 29  | Stuart    | De Freyne           | 323 | Fin | 04:16:22 | M   | 35-39 | 5      | 25   | Wootton Road Run                  | 00:14:36 | 00:30:07 | 00:01:55 | 01:07:42 | 02:15:57 | 00:01:13 | 00:42:31 | 01:27:12 |
| 30  | Andy      | Pryke               | 368 | Fin | 04:16:42 | M   | 35-39 | 6      | 26   | Met Police Tri Club               | 00:12:45 | 00:26:45 | 00:02:18 | 01:07:08 | 02:18:53 | 00:01:37 | 00:43:03 | 01:27:11 |

|    |         |            |     |     |          |   |       |    |    |                                  |          |          |          |          |          |          |          |          |
|----|---------|------------|-----|-----|----------|---|-------|----|----|----------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 31 | Team    | Jex        | 194 | Fin | 04:16:47 | R | Relay | 4  | 4  | Grimsby Aquatics                 | 00:12:13 | 00:25:27 | 00:00:44 | 01:08:50 | 02:19:27 | 00:00:41 | 00:43:22 | 01:30:29 |
| 32 | Andy    | Hockey     | 714 | Fin | 04:16:52 | M | 40-44 | 3  | 27 |                                  | 00:14:19 | 00:29:54 | 00:01:50 | 01:09:12 | 02:16:12 | 00:01:19 | 00:44:24 | 01:27:39 |
| 33 | Kevin   | Powell     | 250 | Fin | 04:16:55 | M | 25-29 | 7  | 28 | Leicester Tri Club               | 00:15:03 | 00:31:23 | 00:02:13 | 01:10:19 | 02:21:01 | 00:01:05 | 00:38:47 | 01:21:14 |
| 34 | Team    | Coogan     | 188 | Fin | 04:17:02 | R | Relay | 5  | 5  | Les Stables Tri Camps            | 00:14:09 | 00:29:40 | 00:00:50 | 01:09:47 | 02:22:10 | 00:00:40 | 00:41:15 | 01:23:44 |
| 35 | Graeme  | Bryce      | 402 | Fin | 04:17:08 | M | 40-44 | 4  | 29 | Royal Navy Triathlon Association | 00:13:00 | 00:26:38 | 00:01:18 | 01:10:16 | 02:21:31 | 00:01:11 | 00:42:40 | 01:26:33 |
| 36 | James   | Williamson | 285 | Fin | 04:17:45 | M | 30-34 | 8  | 30 |                                  | 00:15:52 | 00:32:25 | 00:02:00 | 01:09:20 | 02:21:06 | 00:01:23 | 00:40:25 | 01:20:54 |
| 37 | Andrew  | Hynes      | 438 | Fin | 04:18:02 | M | 40-44 | 5  | 31 | Manchester Tri Club              | 00:14:34 | 00:30:01 | 00:01:01 | 01:05:43 | 02:11:56 | 00:01:16 | 00:46:38 | 01:33:51 |
| 38 | Alex    | Taylor     | 373 | Fin | 04:19:20 | M | 35-39 | 7  | 32 | Manchester Tri Club              | 00:15:23 | 00:31:33 | 00:01:37 | 01:09:06 | 02:18:05 | 00:01:35 | 00:42:09 | 01:26:32 |
| 39 | Team    | Lercers    | 195 | Fin | 04:19:39 | R | Relay | 6  | 6  |                                  | 00:15:06 | 00:30:40 | 00:00:55 | 01:16:34 | 02:31:05 | 00:00:39 | 00:36:58 | 01:16:21 |
| 40 | Greg    | Dove       | 320 | Fin | 04:19:54 | M | 35-39 | 8  | 33 | Army Triathlon Association       | 00:15:08 | 00:31:30 | 00:01:44 | 01:06:24 | 02:15:19 | 00:02:36 | 00:43:58 | 01:28:47 |
| 41 | Dan     | Wilson     | 332 | Fin | 04:21:00 | M | 35-39 | 9  | 34 | Pactrac                          | 00:15:13 | 00:31:38 | 00:01:44 | 01:07:20 | 02:17:37 | 00:01:21 | 00:43:10 | 01:28:42 |
| 42 | Trevor  | Batey      | 446 | Fin | 04:21:13 | M | 40-44 | 6  | 35 | Whittlefit                       | 00:15:35 | 00:32:03 | 00:01:11 | 01:11:21 | 02:23:38 | 00:01:05 | 00:41:23 | 01:23:19 |
| 43 | Daniel  | Glover     | 476 | Fin | 04:21:24 | M | 40-44 | 7  | 36 | Shrewsbury (SyTri) Tri Club      | 00:17:27 | 00:36:03 | 00:03:19 | 01:09:28 | 02:21:01 | 00:01:09 | 00:39:37 | 01:19:54 |
| 44 | James   | Long       | 514 | Fin | 04:21:25 | M | 45-49 | 2  | 37 | Farnham Tri Club                 | 00:13:45 | 00:28:29 | 00:02:11 | 01:06:40 | 02:18:17 | 00:01:35 | 00:45:22 | 01:30:54 |
| 45 | Andrew  | Carson     | 325 | Fin | 04:21:29 | M | 35-39 | 10 | 38 | Deal Tri                         | 00:14:40 | 00:30:04 | 00:01:31 | 01:10:45 | 02:21:54 | 00:01:39 | 00:42:37 | 01:26:23 |
| 46 | Neil    | Dighton    | 411 | Fin | 04:21:49 | M | 40-44 | 8  | 39 | Oxford Tri                       | 00:16:19 | 00:32:42 | 00:01:57 | 01:08:02 | 02:15:59 | 00:00:52 | 00:43:23 | 01:30:21 |
| 47 | Rosie   | Wild       | 7   | Fin | 04:21:50 | F | 25-29 | 2  | 2  | Army Triathlon Association       | 00:15:09 | 00:30:54 | 00:01:54 | 01:09:50 | 02:21:22 | 00:01:05 | 00:42:09 | 01:26:37 |
| 48 | Mark    | Goodridge  | 555 | Fin | 04:22:31 | M | 45-49 | 3  | 40 | Royal Navy Triathlon Association | 00:15:48 | 00:33:19 | 00:01:28 | 01:10:48 | 02:22:52 | 00:00:55 | 00:41:08 | 01:23:59 |
| 49 | Craig   | Patterson  | 384 | Fin | 04:22:45 | M | 40-44 | 9  | 41 | Army Triathlon Association       | 00:14:03 | 00:29:20 | 00:03:17 | 01:09:15 | 02:20:41 | 00:01:23 | 00:43:29 | 01:28:06 |
| 50 | George  | Steele     | 239 | Fin | 04:23:02 | M | 25-29 | 8  | 42 | Army Triathlon Association       | 00:15:16 | 00:32:04 | 00:01:45 | 01:13:08 | 02:26:01 | 00:00:56 | 00:40:15 | 01:22:20 |
| 51 | Team    | Gilmore    | 203 | Fin | 04:23:25 | R | Relay | 7  | 7  | Do3                              | 00:14:08 | 00:28:56 | 00:00:52 | 01:06:22 | 02:15:50 | 00:00:47 | 00:48:27 | 01:37:03 |
| 52 | Andrew  | Morgan     | 443 | Fin | 04:23:40 | M | 40-44 | 10 | 43 | Tri2O Tri Club                   | 00:15:30 | 00:32:19 | 00:02:01 | 01:10:00 | 02:20:33 | 00:01:27 | 00:43:07 | 01:27:22 |
| 53 | Hamish  | Gallacher  | 504 | Fin | 04:23:56 | M | 45-49 | 4  | 44 | Royal Navy Triathlon Association | 00:15:53 | 00:32:46 | 00:01:59 | 01:11:48 | 02:22:45 | 00:01:54 | 00:41:31 | 01:24:34 |
| 54 | Kris    | Capperauld | 380 | Fin | 04:24:45 | M | 35-39 | 11 | 45 | York Tri Club                    | 00:14:01 | 00:28:51 | 00:01:14 | 01:08:51 | 02:19:57 | 00:01:16 | 00:44:51 | 01:33:29 |
| 55 | Roger   | Canham     | 657 | Fin | 04:25:02 | M | 50-54 | 2  | 46 | Pactrac                          | 00:15:06 | 00:31:18 | 00:01:41 | 01:11:31 | 02:22:54 | 00:02:07 | 00:42:53 | 01:27:04 |
| 56 | Thomas  | Marshall   | 287 | Fin | 04:25:29 | M | 30-34 | 9  | 47 | Bingham                          | 00:15:00 | 00:31:21 | 00:02:48 | 01:12:35 | 02:27:48 | 00:01:18 | 00:40:20 | 01:22:16 |
| 57 | Ben     | Wickham    | 377 | Fin | 04:26:04 | M | 35-39 | 12 | 48 | Les Stables Tri Camps            | 00:14:44 | 00:30:19 | 00:01:31 | 01:14:48 | 02:29:02 | 00:01:49 | 00:39:47 | 01:23:24 |
| 58 | Mike    | Little     | 580 | Fin | 04:26:05 | M | 50-54 | 3  | 49 | One Life Racing                  | 00:15:53 | 00:32:28 | 00:01:05 | 01:11:43 | 02:21:38 | 00:01:18 | 00:44:23 | 01:29:39 |
| 59 | Kieran  | Priest     | 233 | Fin | 04:26:18 | M | 25-29 | 9  | 50 | RAF Triathlon                    | 00:16:36 | 00:34:59 | 00:04:18 | 01:15:20 | 02:31:13 | 00:01:14 | 00:36:58 | 01:14:37 |
| 60 | Andy    | Gardner    | 337 | Fin | 04:26:56 | M | 35-39 | 13 | 51 | GreenlightPT                     | 00:14:03 | 00:28:27 | 00:01:56 | 01:14:24 | 02:28:16 | 00:02:04 | 00:43:17 | 01:26:15 |
| 61 | Matthew | Keogh      | 232 | Fin | 04:27:44 | M | 25-29 | 10 | 52 | Southampton Tri Club             | 00:16:54 | 00:35:06 | 00:02:57 | 01:11:41 | 02:26:46 | 00:01:46 | 00:40:17 | 01:21:11 |

|    |           |              |     |     |          |   |       |    |    |                                  |          |          |          |          |          |          |          |          |
|----|-----------|--------------|-----|-----|----------|---|-------|----|----|----------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 62 | Daniel    | Taylor       | 279 | Fin | 04:28:02 | M | 30-34 | 10 | 53 | Royal Navy Triathlon Association | 00:15:17 | 00:31:41 | 00:01:31 | 01:11:39 | 02:24:25 | 00:01:37 | 00:43:28 | 01:28:50 |
| 63 | Michelle  | Willcocks    | 32  | Fin | 04:29:03 | F | 30-34 | 1  | 3  | Mansfield Tri Club               | 00:14:34 | 00:30:17 | 00:01:22 | 01:14:10 | 02:29:28 | 00:01:19 | 00:42:59 | 01:26:38 |
| 64 | Gerry     | Frewin       | 477 | Fin | 04:29:07 | M | 40-44 | 11 | 54 | Precision Race Team              | 00:17:28 | 00:36:33 | 00:01:52 | 01:11:48 | 02:24:59 | 00:01:18 | 00:42:09 | 01:24:27 |
| 65 | Graham    | Smith        | 329 | Fin | 04:29:12 | M | 35-39 | 14 | 55 | RNRM Tri                         | 00:14:24 | 00:29:32 | 00:01:51 | 01:09:03 | 02:19:56 | 00:01:07 | 00:45:13 | 01:36:48 |
| 66 | Chris     | Penn         | 378 | Fin | 04:29:15 | M | 35-39 | 15 | 56 | Leighton Buzzard Tri             | 00:14:18 | 00:29:36 | 00:01:22 | 01:11:37 | 02:25:46 | 00:01:08 | 00:44:11 | 01:31:26 |
| 67 | Steve     | Wilson       | 310 | Fin | 04:29:20 | M | 30-34 | 11 | 57 | Tri Purbeck                      | 00:16:55 | 00:36:20 | 00:02:18 | 01:13:35 | 02:26:57 | 00:01:13 | 00:39:47 | 01:22:33 |
| 68 | Darren    | Priest       | 551 | Fin | 04:29:37 | M | 45-49 | 5  | 58 | RAF Triathlon                    | 00:15:50 | 00:33:18 | 00:02:29 | 01:14:52 | 02:29:09 | 00:02:04 | 00:40:18 | 01:22:38 |
| 69 | Simon     | Laver        | 501 | Fin | 04:30:04 | M | 45-49 | 6  | 59 | East London Triathletes          | 00:16:29 | 00:34:04 | 00:02:21 | 01:13:40 | 02:26:33 | 00:01:14 | 00:42:29 | 01:25:54 |
| 70 | Zoe       | Smith        | 45  | Fin | 04:30:06 | F | 35-39 | 1  | 4  | Rutland Run Club/VC Rutland      | 00:14:59 | 00:31:01 | 00:02:18 | 01:15:14 | 02:31:14 | 00:01:27 | 00:41:32 | 01:24:08 |
| 71 | Kris      | Nicholson    | 541 | Fin | 04:30:20 | M | 45-49 | 7  | 60 | Royal Navy Triathlon Association | 00:14:01 | 00:29:06 | 00:01:26 | 01:12:11 | 02:25:24 | 00:01:08 | 00:45:07 | 01:33:19 |
| 72 | Sean      | Flynn        | 583 | Fin | 04:30:47 | M | 50-54 | 4  | 61 | MPS Tri                          | 00:13:26 | 00:27:27 | 00:00:58 | 01:13:01 | 02:26:09 | 00:01:02 | 00:45:36 | 01:35:12 |
| 73 | Malcolm   | Nisbet       | 299 | Fin | 04:31:16 | M | 30-34 | 12 | 62 | Oxford Tri                       | 00:14:42 | 00:29:48 | 00:01:51 | 01:12:46 | 02:26:52 | 00:01:31 | 00:44:34 | 01:31:17 |
| 74 | Rob       | Selby        | 439 | Fin | 04:31:34 | M | 40-44 | 12 | 63 | Army Triathlon Association       | 00:13:52 | 00:28:37 | 00:01:18 | 01:11:13 | 02:26:23 | 00:01:53 | 00:45:36 | 01:33:26 |
| 75 | Terry     | Johnson      | 692 | Fin | 04:31:41 | M | 55-59 | 1  | 64 |                                  | 00:14:37 | 00:29:36 | 00:01:17 | 01:10:36 | 02:24:49 | 00:01:21 | 00:45:53 | 01:34:40 |
| 76 | Clark     | Schofield    | 432 | Fin | 04:31:44 | M | 40-44 | 13 | 65 | Hillingdon Triathletes           | 00:13:49 | 00:28:30 | 00:00:51 | 01:09:20 | 02:19:17 | 00:00:54 | 00:46:48 | 01:42:14 |
| 77 | Ricky     | Evans        | 321 | Fin | 04:31:55 | M | 35-39 | 16 | 66 | Lymington Tri Club               | 00:17:31 | 00:35:17 | 00:01:18 | 01:12:44 | 02:27:29 | 00:01:06 | 00:42:03 | 01:26:47 |
| 78 | Steve     | Green        | 344 | Fin | 04:32:06 | M | 35-39 | 17 | 67 | RAF Triathlon                    | 00:18:08 | 00:38:06 | 00:02:01 | 01:12:47 | 02:25:04 | 00:00:47 | 00:41:07 | 01:26:11 |
| 79 | James     | Bray         | 302 | Fin | 04:32:21 | M | 30-34 | 13 | 68 | Barracuda Tri                    | 00:17:13 | 00:34:59 | 00:01:26 | 01:12:33 | 02:27:03 | 00:00:57 | 00:43:00 | 01:27:57 |
| 80 | Des       | Mcmanus      | 705 | Fin | 04:32:25 | M | 45-49 | 8  | 69 | Les Stables Tri Camps            | 00:14:46 | 00:30:47 | 00:01:31 | 01:15:10 | 02:32:37 | 00:01:53 | 00:42:09 | 01:25:39 |
| 81 | Robert    | Argles       | 612 | Fin | 04:32:48 | M | 50-54 | 5  | 70 | Ful-on Tri                       | 00:15:09 | 00:30:57 | 00:00:56 | 01:11:03 | 02:21:55 | 00:00:49 | 00:47:57 | 01:38:13 |
| 82 | Tristan   | Matthews     | 388 | Fin | 04:33:06 | M | 40-44 | 14 | 71 | Pactrac                          | 00:17:33 | 00:36:04 | 00:01:55 | 01:11:20 | 02:22:30 | 00:01:16 | 00:47:31 | 01:31:24 |
| 83 | Samuel    | Spencer      | 547 | Fin | 04:33:09 | M | 45-49 | 9  | 72 |                                  | 00:15:37 | 00:32:27 | 00:01:20 | 01:14:06 | 02:28:05 | 00:01:09 | 00:43:52 | 01:30:10 |
| 84 | Claire    | Shea-Simonds | 71  | Fin | 04:33:14 | F | 40-44 | 1  | 5  | Race Hub                         | 00:14:17 | 00:29:37 | 00:02:25 | 01:13:04 | 02:29:51 | 00:02:15 | 00:44:24 | 01:29:08 |
| 85 | Maria     | Powell       | 137 | Fin | 04:33:37 | F | 50-54 | 1  | 6  |                                  | 00:14:56 | 00:30:43 | 00:01:26 | 01:12:55 | 02:26:45 | 00:02:11 | 00:45:33 | 01:32:34 |
| 86 | Team      | O'connor     | 210 | Fin | 04:33:54 | R | Relay | 8  | 8  | Les Stables Tri Camps            | 00:21:18 | 00:44:32 | 00:01:15 | 01:15:37 | 02:33:12 | 00:00:56 | 00:36:10 | 01:14:01 |
| 87 | Team      | Fry          | 529 | Fin | 04:34:02 | R | Relay | 9  | 9  | Wvtri                            | 00:14:36 | 00:30:15 | 00:00:53 | 01:13:47 | 02:28:05 | 00:00:49 | 00:46:43 | 01:34:02 |
| 88 | Damian    | Domaszewski  | 328 | Fin | 04:34:24 | M | 35-39 | 18 | 73 | Hillingdon Triathletes           | 00:14:55 | 00:30:49 | 00:01:09 | 01:13:51 | 02:28:53 | 00:01:06 | 00:45:03 | 01:32:31 |
| 89 | Gary      | Roberts      | 370 | Fin | 04:34:29 | M | 35-39 | 19 | 74 |                                  | 00:18:05 | 00:37:52 | 00:01:00 | 01:14:41 | 02:29:20 | 00:01:04 | 00:42:07 | 01:25:14 |
| 90 | Ashia     | Fenwick      | 2   | Fin | 04:34:39 | F | 18-24 | 1  | 7  | University Of Bath Tri Club      | 00:13:26 | 00:27:30 | 00:01:10 | 01:14:46 | 02:29:32 | 00:01:17 | 00:46:26 | 01:35:11 |
| 91 | Alexander | Bowman       | 243 | Fin | 04:34:45 | M | 25-29 | 11 | 75 | Army Triathlon Association       | 00:12:51 | 00:27:00 | 00:01:04 | 01:15:16 | 02:28:50 | 00:00:59 | 00:44:30 | 01:36:54 |
| 92 | Daniel    | Anderton     | 339 | Fin | 04:35:19 | M | 35-39 | 20 | 76 | BRAT                             | 00:15:21 | 00:31:40 | 00:02:23 | 01:14:35 | 02:28:34 | 00:01:16 | 00:45:01 | 01:31:28 |

|     |             |               |     |     |          |   |       |    |     |                                  |          |          |          |          |          |          |          |          |
|-----|-------------|---------------|-----|-----|----------|---|-------|----|-----|----------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 93  | Team        | Hattee        | 710 | Fin | 04:36:01 | R | Relay | 10 | 10  | Ketton Panthers                  | 00:17:39 | 00:35:27 | 00:00:58 | 01:10:03 | 02:22:50 | 00:00:47 | 00:45:38 | 01:36:01 |
| 94  | Jonathan    | Rawson        | 709 | Fin | 04:36:12 | M | 30-34 | 14 | 77  |                                  | 00:15:30 | 00:32:02 | 00:03:10 | 01:11:17 | 02:24:12 | 00:01:38 | 00:46:30 | 01:35:12 |
| 95  | Jon         | Overman       | 712 | Fin | 04:36:14 | M | 35-39 | 21 | 78  | Northants Tri                    | 00:15:21 | 00:32:02 | 00:02:00 | 01:12:41 | 02:25:28 | 00:01:37 | 00:47:16 | 01:35:10 |
| 96  | James       | Hartwright    | 429 | Fin | 04:36:17 | M | 40-44 | 15 | 79  | Tritalk.co.uk                    | 00:14:39 | 00:31:03 | 00:02:27 | 01:11:15 | 02:23:27 | 00:01:21 | 00:49:23 | 01:38:01 |
| 97  | Peter       | Nicholl       | 434 | Fin | 04:36:22 | M | 40-44 | 16 | 80  |                                  | 00:16:33 | 00:34:53 | 00:01:31 | 01:11:29 | 02:24:19 | 00:01:11 | 00:45:45 | 01:34:30 |
| 98  | Russell     | Jones         | 525 | Fin | 04:36:25 | M | 45-49 | 10 | 81  | Hillingdon Triathletes           | 00:16:04 | 00:33:20 | 00:02:31 | 01:11:31 | 02:21:47 | 00:01:05 | 00:48:19 | 01:37:45 |
| 99  | David       | Knight        | 449 | Fin | 04:37:07 | M | 40-44 | 17 | 82  | Hillingdon Triathletes           | 00:17:14 | 00:36:05 | 00:01:41 | 01:10:00 | 02:23:27 | 00:01:06 | 00:45:47 | 01:34:50 |
| 100 | David       | Hickey        | 342 | Fin | 04:37:24 | M | 35-39 | 22 | 83  |                                  | 00:17:04 | 00:35:04 | 00:01:38 | 01:11:21 | 02:21:45 | 00:02:11 | 00:48:17 | 01:36:48 |
| 101 | Nick        | Huntley       | 460 | Fin | 04:37:46 | M | 40-44 | 18 | 84  | RAF Triathlon                    | 00:15:34 | 00:31:45 | 00:01:40 | 01:11:15 | 02:23:26 | 00:01:12 | 00:48:43 | 01:39:45 |
| 102 | Mitchell    | Campbell      | 219 | Fin | 04:37:48 | M | 18-24 | 4  | 85  | Southampton University Tri Club  | 00:16:20 | 00:35:11 | 00:01:31 | 01:13:21 | 02:27:49 | 00:01:13 | 00:44:25 | 01:32:06 |
| 103 | Matthew     | Fayers        | 223 | Fin | 04:38:02 | M | 18-24 | 5  | 86  | Royal Navy Triathlon Association | 00:15:22 | 00:31:41 | 00:01:47 | 01:14:22 | 02:29:48 | 00:01:26 | 00:45:04 | 01:33:21 |
| 104 | Rob         | Partington    | 652 | Fin | 04:38:03 | M | 50-54 | 6  | 87  | Sheffield Tri Club               | 00:15:49 | 00:32:54 | 00:01:54 | 01:12:02 | 02:23:19 | 00:01:46 | 00:47:28 | 01:38:12 |
| 105 | Jonathan    | Hynes         | 486 | Fin | 04:38:23 | M | 45-49 | 11 | 88  |                                  | 00:15:04 | 00:31:07 | 00:01:17 | 01:10:26 | 02:24:02 | 00:01:37 | 00:46:02 | 01:40:22 |
| 106 | Jonathan    | Oakey         | 214 | Fin | 04:38:33 | M | 18-24 | 6  | 89  | Millfield Tri                    | 00:12:06 | 00:25:08 | 00:01:03 | 01:13:39 | 02:31:12 | 00:01:05 | 00:43:17 | 01:40:07 |
| 107 | Guy         | Shaul         | 245 | Fin | 04:38:57 | M | 25-29 | 12 | 90  |                                  | 00:15:02 | 00:31:30 | 00:02:42 | 01:15:07 | 02:29:21 | 00:01:49 | 00:46:56 | 01:33:37 |
| 108 | Keith       | Edwards       | 676 | Fin | 04:39:10 | M | 55-59 | 2  | 91  | Rugby Tri Club                   | 00:17:00 | 00:35:05 | 00:01:58 | 01:12:32 | 02:26:50 | 00:01:34 | 00:46:17 | 01:33:46 |
| 109 | Matt        | Stokeld       | 715 | Fin | 04:39:34 | M | 40-44 | 19 | 92  | Royal Navy Triathlon Association | 00:15:01 | 00:31:07 | 00:02:22 | 01:13:16 | 02:27:19 | 00:01:32 | 00:47:04 | 01:37:15 |
| 110 | Sarah       | Harrison      | 94  | Fin | 04:39:34 | F | 45-49 | 1  | 8   | Sheffield Tri Club               | 00:15:26 | 00:32:16 | 00:01:43 | 01:16:28 | 02:34:48 | 00:01:27 | 00:43:44 | 01:29:23 |
| 111 | Richard     | Maxted        | 367 | Fin | 04:40:24 | M | 35-39 | 23 | 93  |                                  | 00:17:09 | 00:34:59 | 00:02:33 | 01:13:26 | 02:27:35 | 00:01:11 | 00:46:25 | 01:34:08 |
| 112 | Daniel      | Bingham       | 450 | Fin | 04:40:36 | M | 40-44 | 20 | 94  | Hampstead Tri Club               | 00:15:31 | 00:31:47 | 00:02:03 | 01:19:00 | 02:37:22 | 00:01:55 | 00:42:53 | 01:27:31 |
| 113 | Team        | Two Divas And | 198 | Fin | 04:40:39 | R | Relay | 11 | 11  |                                  | 00:15:35 | 00:32:25 | 00:00:56 | 01:14:21 | 02:29:33 | 00:00:48 | 00:47:36 | 01:36:59 |
| 114 | Michael     | Shadwell      | 278 | Fin | 04:41:11 | M | 30-34 | 15 | 95  | Pactrac                          | 00:15:55 | 00:32:47 | 00:01:21 | 01:15:08 | 02:29:15 | 00:01:14 | 00:44:48 | 01:36:36 |
| 115 | Robert      | Mole          | 544 | Fin | 04:41:15 | M | 45-49 | 12 | 96  | Worcester Tri Club               | 00:17:00 | 00:35:30 | 00:02:54 | 01:18:55 | 02:36:49 | 00:01:05 | 00:42:39 | 01:24:59 |
| 116 | John        | Mcdonald      | 406 | Fin | 04:41:29 | M | 40-44 | 21 | 97  |                                  | 00:17:22 | 00:36:28 | 00:03:03 | 01:17:24 | 02:33:18 | 00:01:43 | 00:43:49 | 01:26:59 |
| 117 | Peter       | Lee           | 628 | Fin | 04:41:39 | M | 50-54 | 7  | 98  |                                  | 00:17:29 | 00:35:46 | 00:01:49 | 01:16:58 | 02:34:09 | 00:01:41 | 00:42:34 | 01:28:16 |
| 118 | David       | Bevan         | 258 | Fin | 04:41:59 | M | 25-29 | 13 | 99  |                                  | 00:15:56 | 00:33:35 | 00:02:31 | 01:11:06 | 02:25:11 | 00:01:34 | 00:47:47 | 01:39:11 |
| 119 | Rebecca     | Duxbury       | 10  | Fin | 04:42:15 | F | 18-24 | 2  | 9   | Oxford Tri                       | 00:17:03 | 00:34:41 | 00:01:49 | 01:16:12 | 02:32:46 | 00:02:09 | 00:44:18 | 01:30:52 |
| 120 | Tom         | Stead         | 220 | Fin | 04:42:36 | M | 18-24 | 7  | 100 | GreenlightPT / Nicetri           | 00:14:03 | 00:29:39 | 00:01:58 | 01:03:59 | 02:21:24 | 00:02:42 | 00:49:32 | 01:46:54 |
| 121 | Simon       | Jones         | 241 | Fin | 04:42:52 | M | 25-29 | 14 | 101 | Leeds Bradford Triathlon Club    | 00:16:15 | 00:34:04 | 00:01:48 | 01:16:21 | 02:34:25 | 00:01:07 | 00:42:09 | 01:31:30 |
| 122 | Ian         | Dickens       | 534 | Fin | 04:42:57 | M | 45-49 | 13 | 102 | Triks                            | 00:18:41 | 00:39:50 | 00:02:27 | 01:13:40 | 02:28:47 | 00:01:21 | 00:44:36 | 01:30:35 |
| 123 | Christopher | Davis         | 322 | Fin | 04:42:59 | M | 35-39 | 24 | 103 |                                  | 00:15:28 | 00:31:21 | 00:01:44 | 01:13:25 | 02:29:17 | 00:01:45 | 00:46:55 | 01:38:53 |

|     |          |                   |     |     |          |   |       |    |     |                           |          |          |          |          |          |          |          |          |
|-----|----------|-------------------|-----|-----|----------|---|-------|----|-----|---------------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 124 | Mireille | Cook              | 83  | Fin | 04:43:22 | F | 40-44 | 2  | 10  | Newbury Athletics         | 00:15:06 | 00:30:58 | 00:02:24 | 01:15:16 | 02:33:25 | 00:01:23 | 00:45:37 | 01:35:14 |
| 125 | Ben      | Anderson          | 426 | Fin | 04:43:38 | M | 40-44 | 22 | 104 | Sheffield Tri Club        | 00:14:21 | 00:29:39 | 00:01:09 | 01:10:08 | 02:22:46 | 00:01:12 | 00:50:28 | 01:48:53 |
| 126 | Kelly    | Stokes            | 729 | Fin | 04:43:50 | F | 35-39 | 2  | 11  | Portsmouth Triathletes    | 00:14:50 | 00:30:48 | 00:02:15 | 01:16:03 | 02:32:19 | 00:02:45 | 00:47:32 | 01:35:44 |
| 127 | Joe      | Waugh             | 719 | Fin | 04:44:12 | M | 35-39 | 25 | 105 |                           | 00:14:21 | 00:30:00 | 00:03:00 | 01:17:22 | 02:37:10 | 00:02:45 | 00:44:59 | 01:31:18 |
| 128 | David    | Bird              | 436 | Fin | 04:44:13 | M | 40-44 | 23 | 106 | Oxford Tri                | 00:15:13 | 00:32:05 | 00:02:53 | 01:16:25 | 02:35:59 | 00:02:38 | 00:44:13 | 01:30:40 |
| 129 | Stephen  | Smith             | 584 | Fin | 04:44:18 | M | 50-54 | 8  | 107 | Guernsey Tri Club         | 00:15:02 | 00:31:02 | 00:01:29 | 01:12:59 | 02:27:08 | 00:01:35 | 00:50:56 | 01:43:05 |
| 130 | Daymian  | Underhill         | 286 | Fin | 04:44:28 | M | 30-34 | 16 | 108 | RAF Triathlon             | 00:17:02 | 00:34:53 | 00:01:52 | 01:14:00 | 02:32:44 | 00:01:06 | 00:45:37 | 01:33:54 |
| 131 | Neil     | Dowsett           | 528 | Fin | 04:44:46 | M | 45-49 | 14 | 109 | Belvoir Tri Club          | 00:17:18 | 00:36:34 | 00:02:13 | 01:15:19 | 02:31:12 | 00:01:20 | 00:46:34 | 01:33:30 |
| 132 | Kevin    | Lee               | 398 | Fin | 04:45:04 | M | 40-44 | 24 | 110 | RPD Racing                | 00:21:16 | 00:43:15 | 00:03:01 | 01:11:43 | 02:26:58 | 00:01:47 | 00:44:35 | 01:30:04 |
| 133 | Anthony  | Koupparis         | 463 | Fin | 04:45:25 | M | 40-44 | 25 | 111 | The Tri Shop Race Team    | 00:14:13 | 00:29:48 | 00:02:42 | 01:17:15 | 02:37:33 | 00:01:23 | 00:43:44 | 01:34:00 |
| 134 | Team     | The Swift Cliffor | 189 | Fin | 04:45:35 | R | Relay | 12 | 12  |                           | 00:15:33 | 00:31:27 | 00:01:05 | 01:21:55 | 02:48:43 | 00:00:54 | 00:42:18 | 01:23:29 |
| 135 | Juhana   | Kirk              | 306 | Fin | 04:45:51 | M | 30-34 | 17 | 112 | East Grinstead Tri Club   | 00:18:23 | 00:37:40 | 00:01:48 | 01:13:19 | 02:34:48 | 00:00:56 | 00:43:12 | 01:30:42 |
| 136 | Tony     | Alcock            | 517 | Fin | 04:45:53 | M | 45-49 | 15 | 113 |                           | 00:18:59 | 00:39:15 | 00:02:20 | 01:09:25 | 02:23:03 | 00:02:14 | 00:49:29 | 01:39:02 |
| 137 | Jim      | Anderson          | 563 | Fin | 04:46:15 | M | 45-49 | 16 | 114 | Balanced Performance      | 00:18:02 | 00:37:21 | 00:01:30 | 01:12:22 | 02:24:05 | 00:01:22 | 00:49:27 | 01:42:00 |
| 138 | Tim      | Turner            | 592 | Fin | 04:46:30 | M | 50-54 | 9  | 115 | Absolute Tri Club         | 00:15:59 | 00:33:11 | 00:01:47 | 01:14:04 | 02:30:09 | 00:01:10 | 00:49:38 | 01:40:15 |
| 139 | Helen    | Cross             | 48  | Fin | 04:46:34 | F | 35-39 | 3  | 12  | York Tri Club             | 00:17:28 | 00:35:00 | 00:03:32 | 01:19:17 | 02:40:05 | 00:02:21 | 00:42:07 | 01:25:38 |
| 140 | Team     | Berry             | 197 | Fin | 04:46:34 | R | Relay | 13 | 13  | Belvoir Tri Club          | 00:15:51 | 00:32:41 | 00:01:00 | 01:17:26 | 02:38:30 | 00:00:54 | 00:44:35 | 01:33:31 |
| 141 | Patrick  | Traylor           | 266 | Fin | 04:47:41 | M | 30-34 | 18 | 116 | Salisbury Tri Club        | 00:15:49 | 00:32:40 | 00:01:39 | 01:18:44 | 02:40:28 | 00:01:38 | 00:45:50 | 01:31:18 |
| 142 | Helene   | Rossiter          | 59  | Fin | 04:47:50 | F | 35-39 | 4  | 13  | Farnham Tri Club          | 00:16:28 | 00:33:29 | 00:01:52 | 01:17:06 | 02:35:16 | 00:01:11 | 00:47:43 | 01:36:05 |
| 143 | Sarah    | King              | 35  | Fin | 04:47:59 | F | 30-34 | 2  | 14  | GreenlightPT              | 00:13:43 | 00:28:24 | 00:02:42 | 01:18:27 | 02:38:24 | 00:01:52 | 00:47:22 | 01:36:39 |
| 144 | Rob      | Sparks            | 609 | Fin | 04:48:19 | M | 50-54 | 10 | 117 | Leicester Tri Club        | 00:16:41 | 00:33:41 | 00:02:08 | 01:18:18 | 02:36:58 | 00:01:24 | 00:46:57 | 01:34:10 |
| 145 | Tim      | Wylie             | 681 | Fin | 04:48:34 | M | 55-59 | 3  | 118 | One Life Racing           | 00:17:21 | 00:35:11 | 00:01:50 | 01:12:35 | 02:26:23 | 00:01:08 | 00:44:07 | 01:44:04 |
| 146 | Ellen    | Gosling           | 39  | Fin | 04:48:55 | F | 30-34 | 3  | 15  | 3C Tri                    | 00:16:02 | 00:33:18 | 00:02:11 | 01:18:19 | 02:41:06 | 00:01:04 | 00:45:07 | 01:31:17 |
| 147 | Adam     | Leitch            | 730 | Fin | 04:49:12 | M | 35-39 | 26 | 119 | Portsmouth Triathletes    | 00:14:53 | 00:30:33 | 00:02:51 | 01:16:32 | 02:36:14 | 00:02:51 | 00:47:42 | 01:36:46 |
| 148 | Juliet   | Vickery           | 713 | Fin | 04:49:19 | F | 55-59 | 1  | 16  | Cambridge Tri Club        | 00:16:30 | 00:33:44 | 00:01:48 | 01:17:28 | 02:37:26 | 00:01:22 | 00:45:50 | 01:35:01 |
| 149 | Adam     | Wright            | 428 | Fin | 04:49:37 | M | 40-44 | 26 | 120 | Welland Valley Tri Club   | 00:16:10 | 00:34:00 | 00:02:01 | 01:18:30 | 02:36:51 | 00:01:07 | 00:47:02 | 01:35:40 |
| 150 | Tom      | Bell              | 257 | Fin | 04:49:42 | M | 25-29 | 15 | 121 | Wreake And Soar Valley AC | 00:17:53 | 00:37:09 | 00:04:03 | 01:18:06 | 02:40:19 | 00:03:19 | 00:40:13 | 01:24:54 |
| 151 | Jeremy   | Simpson           | 538 | Fin | 04:49:50 | M | 45-49 | 17 | 122 | Hampstead Tri Club        | 00:18:23 | 00:38:22 | 00:03:44 | 01:15:20 | 02:31:42 | 00:01:20 | 00:45:58 | 01:34:45 |
| 152 | Karl     | Sherry            | 679 | Fin | 04:50:07 | M | 55-59 | 4  | 123 | Tri-Anglia                | 00:16:16 | 00:33:46 | 00:02:42 | 01:17:03 | 02:35:11 | 00:01:20 | 00:47:03 | 01:37:09 |
| 153 | Gwen     | Bevan             | 122 | Fin | 04:50:23 | F | 50-54 | 2  | 17  | Avon & Somerset Police    | 00:16:17 | 00:33:24 | 00:01:42 | 01:17:05 | 02:34:23 | 00:01:42 | 00:48:56 | 01:39:14 |
| 154 | Drew     | Smith             | 238 | Fin | 04:50:59 | M | 25-29 | 16 | 124 | Grimsby Tri Club          | 00:15:16 | 00:31:45 | 00:02:16 | 01:19:59 | 02:39:50 | 00:01:48 | 00:47:55 | 01:35:22 |

|     |          |                |     |     |          |   |       |    |     |                                  |          |          |          |          |          |          |          |          |
|-----|----------|----------------|-----|-----|----------|---|-------|----|-----|----------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 155 | Jason    | Lake           | 570 | Fin | 04:51:22 | M | 45-49 | 18 | 125 | Bedford Harriers                 | 00:15:29 | 00:32:02 | 00:02:14 | 01:17:24 | 02:34:45 | 00:01:24 | 00:50:20 | 01:41:00 |
| 156 | David    | Husband        | 465 | Fin | 04:51:57 | M | 40-44 | 27 | 126 | Beccles Tri Club                 | 00:15:04 | 00:31:09 | 00:01:57 | 01:16:15 | 02:33:37 | 00:01:13 | 00:50:06 | 01:44:03 |
| 157 | Giles    | Russell        | 610 | Fin | 04:52:41 | M | 50-54 | 11 | 127 | Swindon Triathlon Club           | 00:13:36 | 00:27:52 | 00:02:21 | 01:20:05 | 02:40:06 | 00:01:35 | 00:50:00 | 01:40:48 |
| 158 | Peter    | Orme           | 166 | Fin | 04:52:46 | M | 60-64 | 1  | 128 | Derbyshire Police                | 00:20:31 | 00:43:17 | 00:03:44 | 01:14:09 | 02:29:57 | 00:01:51 | 00:46:20 | 01:33:59 |
| 159 | Paul     | Schofield      | 727 | Fin | 04:52:50 | M | 50-54 | 12 | 129 | Manchester Tri Club              | 00:17:29 | 00:36:58 | 00:03:18 | 01:21:21 | 02:43:08 | 00:01:35 | 00:44:04 | 01:27:52 |
| 160 | Ava      | Lee            | 74  | Fin | 04:53:41 | F | 40-44 | 3  | 18  | East London Run                  | 00:17:06 | 00:35:11 | 00:02:49 | 01:22:02 | 02:44:31 | 00:01:38 | 00:44:46 | 01:29:34 |
| 161 | Dave     | Tilley         | 383 | Fin | 04:53:52 | M | 40-44 | 28 | 130 |                                  | 00:17:17 | 00:36:20 | 00:03:30 | 01:15:01 | 02:32:21 | 00:03:19 | 00:48:24 | 01:38:23 |
| 162 | Paul     | Wakely         | 331 | Fin | 04:54:09 | M | 35-39 | 27 | 131 | Exeter Tri Club                  | 00:19:20 | 00:38:07 | 00:02:31 | 01:14:18 | 02:32:08 | 00:01:59 | 00:47:53 | 01:39:26 |
| 163 | Dan      | Dunnington     | 221 | Fin | 04:54:20 | M | 18-24 | 8  | 132 | Mersey Tri                       | 00:16:56 | 00:34:38 | 00:03:40 | 01:20:38 | 02:44:12 | 00:03:12 | 00:43:45 | 01:28:39 |
| 164 | Paul     | Dominguez      | 531 | Fin | 04:54:30 | M | 45-49 | 19 | 133 | East London Triathletes          | 00:17:03 | 00:35:45 | 00:02:49 | 01:15:56 | 02:32:52 | 00:01:23 | 00:49:09 | 01:41:43 |
| 165 | Rebecca  | Holland        | 55  | Fin | 04:54:30 | F | 35-39 | 5  | 19  | Chester Tri /Starley Bikes RT    | 00:16:33 | 00:34:13 | 00:02:59 | 01:15:27 | 02:32:17 | 00:03:22 | 00:49:39 | 01:41:42 |
| 166 | Gareth   | Williams       | 387 | Fin | 04:54:36 | M | 40-44 | 29 | 134 |                                  | 00:18:52 | 00:38:37 | 00:04:02 | 01:16:32 | 02:34:15 | 00:02:56 | 00:46:12 | 01:34:48 |
| 167 | Tom      | Diethel        | 410 | Fin | 04:54:47 | M | 40-44 | 30 | 135 | Cambridge Tri Club               | 00:17:27 | 00:36:22 | 00:02:15 | 01:17:13 | 02:33:32 | 00:01:01 | 00:50:47 | 01:41:39 |
| 168 | Ben      | Ingram         | 405 | Fin | 04:54:48 | M | 40-44 | 31 | 136 |                                  | 00:16:36 | 00:34:19 | 00:03:56 | 01:21:57 | 02:43:56 | 00:02:12 | 00:44:26 | 01:30:27 |
| 169 | Sam      | Andrews        | 291 | Fin | 04:55:30 | M | 30-34 | 19 | 137 | Clapham Chasers                  | 00:17:41 | 00:36:34 | 00:01:51 | 01:19:25 | 02:39:59 | 00:01:55 | 00:48:46 | 01:35:12 |
| 170 | Thomas   | Swanson        | 403 | Fin | 04:55:46 | M | 40-44 | 32 | 138 | East London Triathletes          | 00:15:18 | 00:31:31 | 00:03:34 | 01:20:49 | 02:42:16 | 00:01:36 | 00:48:27 | 01:36:51 |
| 171 | Valerie  | O'regan        | 57  | Fin | 04:55:59 | F | 35-39 | 6  | 20  |                                  | 00:14:20 | 00:30:07 | 00:01:37 | 01:24:20 | 02:49:28 | 00:01:15 | 00:46:09 | 01:33:34 |
| 172 | Terry    | Harvey         | 645 | Fin | 04:56:19 | M | 50-54 | 13 | 140 | Army Triathlon Association       | 00:16:38 | 00:33:47 | 00:01:51 | 01:14:57 | 02:31:40 | 00:01:27 | 00:52:13 | 01:47:36 |
| 173 | John     | Best           | 475 | Fin | 04:56:19 | M | 40-44 | 33 | 139 | Plymouth Tri Club                | 00:17:29 | 00:36:48 | 00:01:19 | 01:19:35 | 02:42:26 | 00:01:13 | 00:46:13 | 01:34:35 |
| 174 | Peter    | Williams       | 718 | Fin | 04:56:20 | M | 55-59 | 5  | 141 | Newmarket Cycling & Triathlon    | 00:19:56 | 00:40:45 | 00:01:34 | 01:15:27 | 02:32:32 | 00:01:23 | 00:48:21 | 01:40:08 |
| 175 | Pej      | Nikoufekr      | 349 | Fin | 04:56:22 | M | 35-39 | 28 | 142 | Royal Navy Triathlon Association | 00:17:13 | 00:35:24 | 00:02:19 | 01:20:03 | 02:42:16 | 00:01:06 | 00:45:30 | 01:35:19 |
| 176 | Dean     | Scoffins       | 365 | Fin | 04:56:27 | M | 35-39 | 29 | 143 | Belvoir Tri Club                 | 00:15:38 | 00:31:52 | 00:01:56 | 01:15:14 | 02:33:46 | 00:01:22 | 00:50:32 | 01:47:33 |
| 177 | Victoria | Bishop         | 3   | Fin | 04:56:42 | F | 25-29 | 3  | 21  | East Essex Tri Club              | 00:14:53 | 00:31:08 | 00:01:52 | 01:20:33 | 02:43:38 | 00:01:31 | 00:48:53 | 01:38:35 |
| 178 | Olivia   | Thompson       | 40  | Fin | 04:56:51 | F | 30-34 | 4  | 22  | Northants Tri                    | 00:18:04 | 00:36:40 | 00:02:48 | 01:19:07 | 02:38:20 | 00:01:27 | 00:48:21 | 01:37:38 |
| 179 | Rebecca  | Layland        | 9   | Fin | 04:56:54 | F | 25-29 | 4  | 23  | Team Aero Win                    | 00:16:00 | 00:33:21 | 00:02:04 | 01:18:29 | 02:38:33 | 00:03:31 | 00:48:20 | 01:39:27 |
| 180 | Richard  | Henson         | 396 | Fin | 04:57:05 | M | 40-44 | 34 | 144 |                                  | 00:17:57 | 00:38:01 | 00:02:51 | 01:16:20 | 02:34:54 | 00:01:15 | 00:47:52 | 01:40:06 |
| 181 | Hannah   | Mcinroy Naylor | 13  | Fin | 04:57:11 | F | 25-29 | 5  | 24  | West Suffolk Wheelers            | 00:16:44 | 00:35:00 | 00:02:12 | 01:20:34 | 02:41:23 | 00:01:23 | 00:47:27 | 01:37:15 |
| 182 | Louise   | Gubb           | 82  | Fin | 04:57:29 | F | 40-44 | 4  | 25  | 3C Tri                           | 00:16:20 | 00:33:23 | 00:02:10 | 01:18:13 | 02:39:30 | 00:01:33 | 00:48:45 | 01:40:54 |
| 183 | Anette   | Freyer         | 116 | Fin | 04:57:53 | F | 45-49 | 2  | 26  | Race Hub                         | 00:16:12 | 00:33:24 | 00:02:17 | 01:20:28 | 02:40:00 | 00:01:37 | 00:49:39 | 01:40:37 |
| 184 | Andrew   | White          | 574 | Fin | 04:57:59 | M | 50-54 | 14 | 145 | Do3                              | 00:16:22 | 00:33:23 | 00:02:51 | 01:16:19 | 02:34:53 | 00:02:31 | 00:49:08 | 01:44:23 |
| 185 | Daniel   | Bird           | 381 | Fin | 04:58:09 | M | 35-39 | 30 | 146 |                                  | 00:19:44 | 00:39:43 | 00:02:03 | 01:18:40 | 02:36:26 | 00:01:42 | 00:48:35 | 01:38:17 |



|     |         |            |     |     |          |   |       |    |     |                              |          |          |          |          |          |          |          |          |
|-----|---------|------------|-----|-----|----------|---|-------|----|-----|------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 186 | Emma    | Bexson     | 84  | Fin | 04:58:33 | F | 40-44 | 5  | 27  | Stratford Upon Avon Tri Club | 00:16:26 | 00:33:42 | 00:03:12 | 01:18:06 | 02:38:18 | 00:03:12 | 00:50:11 | 01:40:12 |
| 187 | Riley   | Richardson | 218 | Fin | 04:58:48 | M | 18-24 | 9  | 147 | Army Triathlon Association   | 00:16:28 | 00:34:37 | 00:01:19 | 01:15:10 | 02:39:02 | 00:01:01 | 00:45:47 | 01:42:50 |
| 188 | Neil    | Couling    | 553 | Fin | 04:58:51 | M | 45-49 | 20 | 148 | Swindon Triathlon Club       | 00:16:20 | 00:33:32 | 00:03:12 | 01:20:14 | 02:39:23 | 00:01:22 | 00:50:22 | 01:41:23 |
| 189 | Will    | Hardy      | 313 | Fin | 04:59:32 | M | 30-34 | 20 | 149 |                              | 00:17:05 | 00:35:55 | 00:01:47 | 01:23:48 | 02:45:39 | 00:01:34 | 00:46:31 | 01:34:40 |
| 190 | James   | Leavesley  | 507 | Fin | 04:59:41 | M | 45-49 | 21 | 150 |                              | 00:18:38 | 00:39:32 | 00:03:39 | 01:13:59 | 02:28:43 | 00:03:11 | 00:50:50 | 01:44:37 |
| 191 | Mark    | Bowman     | 327 | Fin | 04:59:59 | M | 35-39 | 31 | 151 | Triharder                    | 00:17:18 | 00:35:18 | 00:02:32 | 01:17:43 | 02:37:50 | 00:01:51 | 00:48:37 | 01:42:30 |
| 192 | Andy    | Tuck       | 654 | Fin | 05:00:33 | M | 50-54 | 15 | 152 |                              | 00:16:53 | 00:36:11 | 00:03:39 | 01:19:19 | 02:40:12 | 00:01:23 | 00:48:47 | 01:39:10 |
| 193 | Steven  | Hession    | 554 | Fin | 05:01:23 | M | 45-49 | 22 | 153 | Do3                          | 00:18:46 | 00:39:34 | 00:02:58 | 01:19:53 | 02:38:15 | 00:02:52 | 00:48:36 | 01:37:45 |
| 194 | Greg    | Holloway   | 498 | Fin | 05:01:54 | M | 45-49 | 23 | 154 | Tri20 Tri Club               | 00:17:10 | 00:35:48 | 00:02:25 | 01:16:38 | 02:33:19 | 00:03:10 | 00:50:04 | 01:47:15 |
| 195 | Andrzej | Tadeusiak  | 359 | Fin | 05:01:55 | M | 35-39 | 32 | 155 |                              | 00:17:46 | 00:36:38 | 00:02:58 | 01:16:49 | 02:36:47 | 00:01:21 | 00:49:31 | 01:44:13 |
| 196 | Steve   | Doores     | 493 | Fin | 05:01:59 | M | 45-49 | 24 | 156 | Race Hub                     | 00:20:52 | 00:44:20 | 00:03:39 | 01:19:01 | 02:36:08 | 00:01:43 | 00:47:24 | 01:36:11 |
| 197 | Andrew  | Baldwin    | 611 | Fin | 05:02:15 | M | 50-54 | 16 | 157 |                              | 00:16:20 | 00:33:38 | 00:02:42 | 01:20:54 | 02:43:45 | 00:01:38 | 00:50:08 | 01:40:35 |
| 198 | Jack    | Martin     | 263 | Fin | 05:02:33 | M | 30-34 | 21 | 158 | East Essex Tri Club          | 00:15:41 | 00:33:51 | 00:01:38 | 01:23:30 | 02:48:03 | 00:01:20 | 00:46:31 | 01:37:42 |
| 199 | Nathan  | Dunstan    | 336 | Fin | 05:02:46 | M | 35-39 | 33 | 159 | Thames Turbo Tri Club        | 00:18:49 | 00:39:58 | 00:02:10 | 01:20:35 | 02:38:14 | 00:02:01 | 00:49:09 | 01:40:24 |
| 200 | Daniel  | Lee        | 567 | Fin | 05:02:59 | M | 45-49 | 25 | 160 | East London Run              | 00:21:06 | 00:44:19 | 00:04:57 | 01:20:10 | 02:44:38 | 00:01:57 | 00:43:01 | 01:27:11 |
| 201 | Lydia   | Green      | 27  | Fin | 05:03:00 | F | 30-34 | 5  | 28  |                              | 00:16:47 | 00:34:02 | 00:01:52 | 01:18:56 | 02:42:05 | 00:01:33 | 00:48:42 | 01:43:30 |
| 202 | Team    | Wyld       | 145 | Fin | 05:03:14 | R | Relay | 14 | 14  | Stamford Tri Club            | 00:19:12 | 00:40:08 | 00:01:15 | 01:07:58 | 02:17:12 | 00:01:06 | 00:59:38 | 02:03:34 |
| 203 | Jason   | Perry      | 340 | Fin | 05:03:20 | M | 35-39 | 34 | 161 |                              | 00:17:29 | 00:36:17 | 00:03:09 | 01:14:59 | 02:36:08 | 00:02:25 | 00:50:47 | 01:45:24 |
| 204 | Mark    | Golightly  | 311 | Fin | 05:03:29 | M | 30-34 | 22 | 162 |                              | 00:17:43 | 00:36:33 | 00:02:42 | 01:22:16 | 02:44:57 | 00:01:13 | 00:46:20 | 01:38:06 |
| 205 | Jane    | Wiley      | 159 | Fin | 05:04:15 | F | 60-64 | 1  | 29  | Sevenoaks Tri Club           | 00:17:59 | 00:38:17 | 00:02:32 | 01:19:32 | 02:39:09 | 00:02:04 | 00:50:37 | 01:42:15 |
| 206 | Mark    | Proud      | 350 | Fin | 05:04:17 | M | 35-39 | 35 | 163 |                              | 00:19:20 | 00:39:32 | 00:04:16 | 01:13:42 | 02:29:46 | 00:01:39 | 00:53:24 | 01:49:07 |
| 207 | Francis | Treanor    | 616 | Fin | 05:04:46 | M | 50-54 | 17 | 164 | Hillingdon Triathletes       | 00:18:06 | 00:37:28 | 00:01:57 | 01:20:18 | 02:42:46 | 00:02:49 | 00:50:48 | 01:39:48 |
| 208 | Mark    | Williams   | 412 | Fin | 05:04:48 | M | 40-44 | 35 | 165 |                              | 00:18:57 | 00:39:53 | 00:03:13 | 01:18:37 | 02:40:17 | 00:02:12 | 00:48:26 | 01:39:14 |
| 209 | James   | Bramma     | 455 | Fin | 05:04:53 | M | 40-44 | 36 | 166 | Spalding Cycling Club        | 00:19:32 | 00:40:03 | 00:04:51 | 01:12:54 | 02:26:50 | 00:03:22 | 00:51:06 | 01:49:49 |
| 210 | Justin  | Ede        | 448 | Fin | 05:05:01 | M | 40-44 | 37 | 167 | Army Triathlon Association   | 00:18:07 | 00:38:22 | 00:02:04 | 01:21:54 | 02:43:05 | 00:02:11 | 00:48:17 | 01:39:21 |
| 211 | Roland  | Shaw       | 175 | Fin | 05:05:15 | M | 60-64 | 2  | 168 | Tri-Anglia                   | 00:17:37 | 00:36:15 | 00:01:33 | 01:19:30 | 02:40:20 | 00:01:46 | 00:51:00 | 01:45:23 |
| 212 | Simon   | Fox        | 638 | Fin | 05:05:31 | M | 50-54 | 18 | 169 | Mersey Tri                   | 00:17:18 | 00:36:03 | 00:02:52 | 01:23:41 | 02:46:24 | 00:01:58 | 00:48:41 | 01:38:16 |
| 213 | Steve   | Palmer     | 535 | Fin | 05:05:49 | M | 45-49 | 26 | 170 | East London Triathletes      | 00:17:08 | 00:35:26 | 00:02:10 | 01:18:53 | 02:41:27 | 00:01:20 | 00:46:33 | 01:45:28 |
| 214 | Lee     | Kavanagh   | 307 | Fin | 05:06:01 | M | 30-34 | 23 | 171 | LKFitness                    | 00:17:56 | 00:36:53 | 00:03:56 | 01:18:34 | 02:38:01 | 00:01:47 | 00:49:51 | 01:45:25 |
| 215 | Richard | Faulkner   | 488 | Fin | 05:06:06 | M | 45-49 | 27 | 172 |                              | 00:18:06 | 00:37:34 | 00:02:20 | 01:17:31 | 02:38:04 | 00:01:13 | 00:50:37 | 01:46:59 |
| 216 | Rowan   | Landon     | 244 | Fin | 05:06:21 | M | 25-29 | 17 | 173 | Army Triathlon Association   | 00:16:12 | 00:35:16 | 00:01:44 | 01:23:42 | 02:46:43 | 00:01:25 | 00:47:40 | 01:41:14 |

|     |          |            |     |     |          |   |       |    |     |                            |          |          |          |          |          |          |          |          |
|-----|----------|------------|-----|-----|----------|---|-------|----|-----|----------------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 217 | Team     | Wills      | 569 | Fin | 05:06:38 | R | Relay | 15 | 15  |                            | 00:17:48 | 00:36:24 | 00:01:00 | 01:18:45 | 02:41:04 | 00:00:52 | 00:52:39 | 01:47:21 |
| 218 | Terry    | Nicholls   | 435 | Fin | 05:06:52 | M | 40-44 | 38 | 174 | Wvtri                      | 00:15:46 | 00:33:06 | 00:03:05 | 01:18:51 | 02:39:34 | 00:01:59 | 00:52:37 | 01:49:10 |
| 219 | Rachel   | Burton     | 53  | Fin | 05:06:59 | F | 35-39 | 7  | 30  |                            | 00:15:27 | 00:32:05 | 00:02:37 | 01:21:37 | 02:44:30 | 00:01:54 | 00:51:51 | 01:45:55 |
| 220 | Derek    | Fowler     | 437 | Fin | 05:07:00 | M | 40-44 | 39 | 175 | Tri-Force                  | 00:19:16 | 00:40:22 | 00:02:19 | 01:19:42 | 02:38:48 | 00:02:05 | 00:49:45 | 01:43:28 |
| 221 | David    | Hathaway   | 716 | Fin | 05:07:02 | M | 50-54 | 19 | 176 | Black Country Tri          | 00:17:49 | 00:37:11 | 00:02:39 | 01:19:43 | 02:40:34 | 00:01:56 | 00:51:22 | 01:44:43 |
| 222 | Martin   | Colston    | 639 | Fin | 05:07:05 | M | 50-54 | 20 | 177 | Team Kennet                | 00:18:37 | 00:38:52 | 00:02:56 | 01:22:05 | 02:45:22 | 00:02:30 | 00:47:01 | 01:37:27 |
| 223 | Chris    | Trinder    | 361 | Fin | 05:07:12 | M | 35-39 | 36 | 178 | Barrow Run                 | 00:18:35 | 00:39:24 | 00:04:17 | 01:19:29 | 02:39:47 | 00:02:00 | 00:46:36 | 01:41:46 |
| 224 | Team     | Parnell    | 196 | Fin | 05:07:19 | R | Relay | 16 | 16  | Walton & Tadworth Tri      | 00:18:46 | 00:38:35 | 00:01:03 | 01:26:36 | 02:51:31 | 00:00:49 | 00:47:19 | 01:35:23 |
| 225 | Vikki    | D'arcy     | 101 | Fin | 05:07:20 | F | 45-49 | 3  | 31  | Hillingdon Triathletes     | 00:18:15 | 00:38:03 | 00:02:05 | 01:22:42 | 02:45:50 | 00:01:49 | 00:48:48 | 01:39:35 |
| 226 | Chris    | Pugh       | 707 | Fin | 05:07:27 | M | 50-54 | 21 | 179 | Belvoir Tri Club           | 00:17:09 | 00:35:27 | 00:01:46 | 01:16:41 | 02:34:40 | 00:02:35 | 00:54:49 | 01:53:02 |
| 227 | Rob      | Wilson     | 530 | Fin | 05:07:28 | M | 45-49 | 28 | 180 |                            | 00:18:34 | 00:38:46 | 00:02:22 | 01:19:29 | 02:40:39 | 00:02:01 | 00:49:43 | 01:43:42 |
| 228 | Melanie  | Clarke     | 134 | Fin | 05:07:30 | F | 50-54 | 3  | 32  | Evesham Vale Tri           | 00:17:04 | 00:34:53 | 00:01:37 | 01:19:54 | 02:39:39 | 00:01:33 | 00:53:40 | 01:49:50 |
| 229 | Martyn   | Bidwell    | 651 | Fin | 05:07:33 | M | 50-54 | 22 | 181 | NEWT                       | 00:19:21 | 00:40:03 | 00:04:20 | 01:17:27 | 02:36:32 | 00:02:24 | 00:50:35 | 01:44:16 |
| 230 | Stuart   | Montserrat | 312 | Fin | 05:07:38 | M | 30-34 | 24 | 182 | Wimbledon Windmilers       | 00:21:32 | 00:44:59 | 00:02:50 | 01:19:08 | 02:37:29 | 00:01:31 | 00:49:52 | 01:40:52 |
| 231 | James    | Chapman    | 631 | Fin | 05:07:45 | M | 50-54 | 23 | 183 | Triks                      | 00:15:16 | 00:31:39 | 00:01:46 | 01:21:58 | 02:46:01 | 00:01:42 | 00:51:09 | 01:46:39 |
| 232 | Alistair | Dales      | 330 | Fin | 05:07:51 | M | 35-39 | 37 | 184 |                            | 00:19:19 | 00:42:28 | 00:03:04 | 01:19:00 | 02:39:30 | 00:01:19 | 00:46:59 | 01:41:32 |
| 233 | Stefan   | Pantos     | 343 | Fin | 05:08:12 | M | 35-39 | 38 | 185 | Race Hub                   | 00:18:03 | 00:37:25 | 00:02:26 | 01:10:01 | 02:26:39 | 00:02:50 | 00:59:00 | 01:58:54 |
| 234 | Sophie   | Earl       | 17  | Fin | 05:08:24 | F | 25-29 | 6  | 33  |                            | 00:17:26 | 00:36:01 | 00:02:10 | 01:17:24 | 02:35:18 | 00:01:52 | 00:54:48 | 01:53:05 |
| 235 | Sarah    | Booker     | 61  | Fin | 05:08:47 | F | 35-39 | 8  | 34  |                            | 00:17:49 | 00:37:19 | 00:02:22 | 01:22:20 | 02:47:29 | 00:01:48 | 00:48:49 | 01:39:51 |
| 236 | James    | Sampson    | 674 | Fin | 05:08:48 | M | 55-59 | 6  | 186 |                            | 00:16:55 | 00:34:21 | 00:01:42 | 01:18:39 | 02:41:52 | 00:01:10 | 00:53:26 | 01:49:45 |
| 237 | Tim      | Tanner     | 599 | Fin | 05:08:51 | M | 50-54 | 24 | 187 | Lincoln Tri                | 00:18:12 | 00:37:21 | 00:01:47 | 01:15:05 | 02:33:28 | 00:01:26 | 00:56:32 | 01:54:52 |
| 238 | Rachel   | Bown       | 109 | Fin | 05:09:01 | F | 45-49 | 4  | 35  | RG Active Race Team London | 00:17:08 | 00:34:38 | 00:02:20 | 01:20:42 | 02:41:41 | 00:01:16 | 00:53:44 | 01:49:08 |
| 239 | Wojtek   | Siodelski  | 394 | Fin | 05:09:28 | M | 40-44 | 40 | 188 |                            | 00:19:29 | 00:41:11 | 00:03:27 | 01:21:25 | 02:43:36 | 00:01:17 | 00:50:27 | 01:39:59 |
| 240 | Alex     | Edwards    | 288 | Fin | 05:09:33 | M | 30-34 | 25 | 189 |                            | 00:18:10 | 00:38:05 | 00:02:28 | 01:19:00 | 02:40:18 | 00:01:54 | 00:52:58 | 01:46:50 |
| 241 | Mark     | Welle      | 246 | Fin | 05:09:37 | M | 25-29 | 18 | 190 |                            | 00:20:30 | 00:43:23 | 00:03:12 | 01:17:13 | 02:35:06 | 00:01:18 | 00:51:38 | 01:46:41 |
| 242 | James    | Biddle     | 369 | Fin | 05:09:41 | M | 35-39 | 39 | 191 |                            | 00:18:33 | 00:38:13 | 00:03:37 | 01:23:14 | 02:49:32 | 00:01:55 | 00:46:09 | 01:36:25 |
| 243 | Trevor   | Coleman    | 694 | Fin | 05:09:46 | M | 55-59 | 7  | 192 | Cambridge Tri Club         | 00:23:37 | 00:48:56 | 00:03:50 | 01:14:42 | 02:32:14 | 00:01:25 | 00:51:03 | 01:43:23 |
| 244 | Ryan     | Buddington | 240 | Fin | 05:09:51 | M | 25-29 | 19 | 193 |                            | 00:15:11 | 00:31:29 | 00:02:35 | 01:27:27 | 02:52:16 | 00:01:44 | 00:49:00 | 01:41:50 |
| 245 | Keith    | Conradi    | 682 | Fin | 05:09:59 | M | 55-59 | 8  | 194 | Farnham Tri Club           | 00:19:03 | 00:39:16 | 00:03:26 | 01:22:21 | 02:45:03 | 00:01:42 | 00:50:18 | 01:40:33 |
| 246 | Fergus   | Payne      | 255 | Fin | 05:10:17 | M | 25-29 | 20 | 195 | Cambridge Tri Club         | 00:16:08 | 00:34:35 | 00:02:02 | 01:23:57 | 02:47:27 | 00:01:02 | 00:51:01 | 01:45:11 |
| 247 | Gethyn   | Friswell   | 256 | Fin | 05:10:21 | M | 25-29 | 21 | 196 | Spa Striders               | 00:20:49 | 00:42:24 | 00:02:58 | 01:19:56 | 02:40:14 | 00:02:32 | 00:48:55 | 01:42:15 |



|     |          |            |     |     |          |   |       |    |     |                                  |          |          |          |          |          |          |          |          |
|-----|----------|------------|-----|-----|----------|---|-------|----|-----|----------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 248 | Nicholas | Adams      | 467 | Fin | 05:10:47 | M | 40-44 | 41 | 197 |                                  | 00:19:41 | 00:41:55 | 00:02:53 | 01:25:08 | 02:48:58 | 00:01:05 | 00:48:09 | 01:35:57 |
| 249 | Team     | Rodd       | 209 | Fin | 05:10:49 | R | Relay | 17 | 17  | Plymouth Tri Club                | 00:22:21 | 00:47:24 | 00:00:56 | 01:21:33 | 02:46:15 | 00:00:52 | 00:46:19 | 01:35:24 |
| 250 | Kyle     | Blackburn  | 571 | Fin | 05:11:01 | M | 45-49 | 29 | 198 | Maidstone Tri Club               | 00:16:11 | 00:33:48 | 00:03:49 | 01:23:08 | 02:47:36 | 00:02:01 | 00:51:32 | 01:43:50 |
| 251 | Daniel   | Fish       | 252 | Fin | 05:11:18 | M | 25-29 | 22 | 199 | East London Triathletes          | 00:15:20 | 00:31:50 | 00:02:17 | 01:15:57 | 02:33:20 | 00:00:49 | 00:49:58 | 02:03:04 |
| 252 | Rosie    | Banks      | 30  | Fin | 05:11:31 | F | 30-34 | 6  | 36  | Spa Striders                     | 00:16:19 | 00:33:33 | 00:03:29 | 01:20:52 | 02:44:48 | 00:02:07 | 00:53:53 | 01:47:36 |
| 253 | Richard  | Miller     | 169 | Fin | 05:11:38 | M | 60-64 | 3  | 200 | Hampstead Tri Club               | 00:19:07 | 00:39:47 | 00:05:49 | 01:20:31 | 02:41:38 | 00:03:18 | 00:49:51 | 01:41:07 |
| 254 | Phil     | Ledington  | 333 | Fin | 05:11:38 | M | 35-39 | 40 | 201 | RNRM Tri                         | 00:17:57 | 00:37:32 | 00:01:49 | 01:20:44 | 02:45:16 | 00:02:03 | 00:51:15 | 01:45:00 |
| 255 | Lizzie   | Reeves     | 726 | Fin | 05:11:42 | F | 35-39 | 9  | 37  | Manchester Tri Club              | 00:19:47 | 00:41:20 | 00:03:50 | 01:21:34 | 02:44:32 | 00:01:54 | 00:49:46 | 01:40:08 |
| 256 | Jack     | De Bokx    | 693 | Fin | 05:12:43 | M | 55-59 | 9  | 202 | Rugby Tri Club                   | 00:19:11 | 00:39:57 | 00:03:09 | 01:18:45 | 02:41:29 | 00:01:51 | 00:48:49 | 01:46:19 |
| 257 | Keith    | Bate       | 181 | Fin | 05:12:49 | M | 65-69 | 1  | 203 | Black Country Tri                | 00:21:39 | 00:42:29 | 00:04:27 | 01:15:44 | 02:35:43 | 00:01:31 | 00:51:39 | 01:48:41 |
| 258 | Nick     | Davies     | 615 | Fin | 05:12:53 | M | 50-54 | 25 | 204 | RAF Triathlon                    | 00:18:09 | 00:37:16 | 00:01:53 | 01:17:23 | 02:39:00 | 00:00:54 | 01:07:10 | 01:53:53 |
| 259 | Adam     | Rossington | 296 | Fin | 05:12:59 | M | 30-34 | 26 | 205 | Team Trident                     | 00:16:57 | 00:36:27 | 00:02:48 | 01:22:20 | 02:47:00 | 00:01:17 | 00:53:15 | 01:45:29 |
| 260 | John     | Hudspith   | 699 | Fin | 05:13:44 | M | 55-59 | 10 | 206 | Serpentine                       | 00:21:39 | 00:44:32 | 00:04:50 | 01:16:51 | 02:34:23 | 00:03:53 | 00:52:32 | 01:46:07 |
| 261 | Sophie   | Bulgin     | 24  | Fin | 05:13:59 | F | 30-34 | 7  | 38  | Lincoln Tri                      | 00:16:47 | 00:34:43 | 00:01:58 | 01:18:24 | 02:42:14 | 00:01:40 | 00:53:02 | 01:53:26 |
| 262 | Kim      | Moss       | 637 | Fin | 05:14:12 | F | 50-54 | 4  | 39  | 7Oaks Tri Club                   | 00:15:59 | 00:33:14 | 00:01:30 | 01:23:44 | 02:50:29 | 00:01:16 | 00:52:22 | 01:47:44 |
| 263 | Bart     | Kuijten    | 423 | Fin | 05:14:17 | M | 40-44 | 42 | 207 | Team Kennet                      | 00:17:25 | 00:36:24 | 00:02:08 | 01:22:25 | 02:47:53 | 00:02:08 | 00:50:14 | 01:45:46 |
| 264 | Michael  | Lockwood   | 397 | Fin | 05:14:28 | M | 40-44 | 43 | 208 | Broxtowe Tri Club                | 00:15:38 | 00:32:29 | 00:04:50 | 01:25:52 | 02:56:12 | 00:03:26 | 00:48:46 | 01:37:33 |
| 265 | Berenice | Curtis     | 100 | Fin | 05:14:54 | F | 45-49 | 5  | 40  | BRJ Run & Tri                    | 00:14:29 | 00:30:39 | 00:02:05 | 01:23:41 | 02:49:28 | 00:01:55 | 00:53:02 | 01:50:49 |
| 266 | Charlie  | Reading    | 417 | Fin | 05:15:17 | M | 40-44 | 44 | 209 |                                  | 00:17:24 | 00:36:48 | 00:03:14 | 01:21:29 | 02:43:20 | 00:02:50 | 00:52:28 | 01:49:07 |
| 267 | Simon    | Hart       | 675 | Fin | 05:15:26 | M | 55-59 | 11 | 210 |                                  | 00:16:58 | 00:35:29 | 00:02:18 | 01:19:50 | 02:42:16 | 00:01:25 | 00:57:03 | 01:54:01 |
| 268 | Andrew   | Robertson  | 491 | Fin | 05:15:48 | M | 45-49 | 30 | 211 |                                  | 00:17:21 | 00:35:53 | 00:02:16 | 01:25:48 | 02:51:18 | 00:01:47 | 00:50:03 | 01:44:37 |
| 269 | Andy     | Fletcher   | 644 | Fin | 05:15:49 | M | 50-54 | 26 | 212 | Exeter Tri Club                  | 00:13:30 | 00:27:59 | 00:02:13 | 01:13:22 | 02:30:16 | 00:01:40 | 01:00:49 | 02:13:43 |
| 270 | Ian      | Isted      | 557 | Fin | 05:15:57 | M | 45-49 | 31 | 213 |                                  | 00:18:31 | 00:38:48 | 00:02:13 | 01:19:14 | 02:40:25 | 00:01:45 | 00:53:09 | 01:52:49 |
| 271 | Ian      | Dobson     | 647 | Fin | 05:15:59 | M | 50-54 | 27 | 214 | Trowbridge Hot Chilli Tri Club   | 00:19:51 | 00:40:23 | 00:04:54 | 01:22:31 | 02:47:04 | 00:01:26 | 00:49:27 | 01:42:14 |
| 272 | Stephen  | Swaby      | 424 | Fin | 05:16:02 | M | 40-44 | 45 | 215 | Lincoln Tri                      | 00:16:09 | 00:33:45 | 00:01:42 | 01:20:37 | 02:40:00 | 00:01:44 | 00:53:58 | 01:58:53 |
| 273 | Stefano  | Alba       | 562 | Fin | 05:17:00 | M | 45-49 | 32 | 216 |                                  | 00:17:46 | 00:36:01 | 00:03:33 | 01:23:06 | 02:47:27 | 00:02:18 | 00:50:07 | 01:47:42 |
| 274 | Reston   | Smith      | 371 | Fin | 05:17:01 | M | 35-39 | 41 | 217 |                                  | 00:15:50 | 00:33:42 | 00:03:05 | 01:24:14 | 02:51:32 | 00:03:32 | 00:51:59 | 01:45:12 |
| 275 | John     | Alecock    | 500 | Fin | 05:17:14 | M | 45-49 | 33 | 218 | Army Triathlon Association       | 00:17:23 | 00:35:56 | 00:02:35 | 01:19:00 | 02:37:26 | 00:02:38 | 00:54:54 | 01:58:41 |
| 276 | Chris    | Treacher   | 691 | Fin | 05:17:22 | M | 55-59 | 12 | 219 | Team Kennet                      | 00:18:10 | 00:37:22 | 00:05:08 | 01:22:16 | 02:49:42 | 00:02:45 | 00:50:42 | 01:42:28 |
| 277 | Ela      | Stachow    | 26  | Fin | 05:17:33 | F | 30-34 | 8  | 41  | Royal Navy Triathlon Association | 00:18:27 | 00:37:56 | 00:02:16 | 01:21:47 | 02:51:38 | 00:01:55 | 00:49:56 | 01:43:49 |
| 278 | Sadie    | Murphy     | 144 | Fin | 05:17:33 | F | 50-54 | 5  | 42  | Leicester Tri Club               | 00:16:40 | 00:34:17 | 00:02:16 | 01:22:08 | 02:46:43 | 00:01:29 | 00:53:50 | 01:52:50 |

|     |           |            |     |     |          |   |       |    |     |                          |          |          |          |          |          |          |          |          |
|-----|-----------|------------|-----|-----|----------|---|-------|----|-----|--------------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 279 | Iain      | Anderson   | 492 | Fin | 05:17:40 | M | 45-49 | 34 | 220 | RAF Triathlon            | 00:16:09 | 00:33:49 | 00:04:01 | 01:20:50 | 02:45:30 | 00:03:07 | 00:51:30 | 01:51:15 |
| 280 | Jamie     | Mcgrory    | 416 | Fin | 05:17:57 | M | 40-44 | 46 | 221 | Stafford Tri Club        | 00:21:20 | 00:44:21 | 00:02:43 | 01:22:41 | 02:46:51 | 00:01:42 | 00:49:14 | 01:42:21 |
| 281 | Joshua    | Hooper     | 249 | Fin | 05:18:02 | M | 25-29 | 23 | 222 |                          | 00:15:47 | 00:33:30 | 00:04:22 | 01:20:05 | 02:44:49 | 00:02:11 | 00:53:38 | 01:53:12 |
| 282 | Timothy   | Cole       | 269 | Fin | 05:18:35 | M | 30-34 | 27 | 223 | Tri Surrey               | 00:18:12 | 00:37:38 | 00:03:26 | 01:29:20 | 02:58:03 | 00:01:31 | 00:45:11 | 01:37:59 |
| 283 | Jon       | Howman     | 259 | Fin | 05:18:43 | M | 25-29 | 24 | 224 |                          | 00:18:11 | 00:38:10 | 00:03:06 | 01:24:37 | 02:51:57 | 00:01:25 | 00:53:30 | 01:44:07 |
| 284 | Collin    | Franklin   | 649 | Fin | 05:18:48 | M | 50-54 | 28 | 225 |                          | 00:17:57 | 00:37:27 | 00:04:38 | 01:25:07 | 02:49:14 | 00:02:14 | 00:51:53 | 01:45:17 |
| 285 | Richard   | Stapley    | 622 | Fin | 05:19:08 | M | 50-54 | 29 | 226 | Guernsey Tri Club        | 00:15:55 | 00:32:56 | 00:02:10 | 01:19:22 | 02:39:03 | 00:01:45 | 00:59:27 | 02:03:16 |
| 286 | Stuart    | Rees       | 613 | Fin | 05:19:13 | M | 50-54 | 30 | 227 | Wvtri                    | 00:16:53 | 00:35:11 | 00:04:42 | 01:22:16 | 02:50:46 | 00:05:00 | 00:49:52 | 01:43:36 |
| 287 | Alex      | Bradshaw   | 355 | Fin | 05:19:18 | M | 35-39 | 42 | 228 |                          | 00:17:23 | 00:37:01 | 00:03:38 | 01:22:30 | 02:47:14 | 00:01:54 | 00:54:37 | 01:49:32 |
| 288 | Andy      | Miller     | 458 | Fin | 05:19:18 | M | 40-44 | 47 | 229 | BRJ Run & Tri            | 00:21:01 | 00:45:30 | 00:05:34 | 01:19:00 | 02:42:13 | 00:03:00 | 00:49:18 | 01:43:04 |
| 289 | Philip    | Cowhig     | 588 | Fin | 05:19:35 | M | 50-54 | 31 | 230 | Team Kennet              | 00:16:28 | 00:34:44 | 00:04:15 | 01:21:09 | 02:45:18 | 00:01:16 | 00:53:15 | 01:54:03 |
| 290 | Kieron    | Ford       | 304 | Fin | 05:19:58 | M | 30-34 | 28 | 231 | Leicester Tri Club       | 00:14:36 | 00:30:01 | 00:02:11 | 01:22:09 | 02:46:36 | 00:01:41 | 00:55:35 | 01:59:31 |
| 291 | Gemma     | Hughes     | 36  | Fin | 05:20:00 | F | 30-34 | 9  | 43  | RAF Triathlon            | 00:17:42 | 00:36:37 | 00:01:56 | 01:18:48 | 02:43:14 | 00:01:52 | 00:54:27 | 01:56:23 |
| 292 | Steven    | Vaughan    | 561 | Fin | 05:20:12 | M | 45-49 | 35 | 232 | Kendal Tri Club          | 00:17:05 | 00:36:05 | 00:01:18 | 01:22:01 | 02:45:09 | 00:02:03 | 00:54:41 | 01:55:39 |
| 293 | Team      | El To Pay  | 212 | Fin | 05:20:13 | R | Relay | 18 | 18  | East London Triathletes  | 00:15:14 | 00:31:17 | 00:01:06 | 01:28:38 | 03:02:26 | 00:01:03 | 00:51:34 | 01:44:23 |
| 294 | Carlos    | Gane       | 364 | Fin | 05:20:14 | M | 35-39 | 43 | 233 | Rugby Tri Club           | 00:17:06 | 00:35:22 | 00:02:32 | 01:22:36 | 02:47:36 | 00:01:28 | 00:53:00 | 01:53:18 |
| 295 | Jason     | Marsh      | 560 | Fin | 05:20:46 | M | 45-49 | 36 | 234 | Gi Tri                   | 00:16:35 | 00:35:14 | 00:03:39 | 01:22:17 | 02:49:49 | 00:03:27 | 00:52:02 | 01:48:38 |
| 296 | Andrew    | Colver     | 559 | Fin | 05:20:52 | M | 45-49 | 37 | 235 | Leicester Tri Club       | 00:19:16 | 00:40:15 | 00:02:14 | 01:21:38 | 02:44:45 | 00:02:29 | 00:53:31 | 01:51:12 |
| 297 | Andy      | Green      | 578 | Fin | 05:21:00 | M | 50-54 | 32 | 236 | Wakefield Tri            | 00:19:23 | 00:39:32 | 00:02:32 | 01:22:43 | 02:49:30 | 00:03:11 | 00:52:07 | 01:46:17 |
| 298 | Gabrielle | Mcneelance | 1   | Fin | 05:21:05 | F | 18-24 | 3  | 44  | University Of Birmingham | 00:18:44 | 00:38:19 | 00:02:52 | 01:19:22 | 02:42:33 | 00:01:13 | 00:55:24 | 01:56:10 |
| 299 | Scott     | Marshall   | 292 | Fin | 05:21:07 | M | 30-34 | 29 | 237 |                          | 00:18:22 | 00:38:40 | 00:03:53 | 01:18:52 | 02:42:08 | 00:02:49 | 00:51:56 | 01:53:39 |
| 300 | Chris     | Newcombe   | 457 | Fin | 05:21:07 | M | 40-44 | 48 | 238 | RAF Triathlon            | 00:27:54 | 00:53:02 | 00:02:21 | 01:22:51 | 02:48:12 | 00:02:10 | 00:47:29 | 01:35:23 |
| 301 | Team      | Southwell  | 206 | Fin | 05:21:53 | R | Relay | 19 | 19  | Wvtri                    | 00:19:24 | 00:39:20 | 00:01:09 | 01:21:02 | 02:53:59 | 00:00:53 | 00:51:44 | 01:46:34 |
| 302 | Andrew    | Parsons    | 668 | Fin | 05:22:11 | M | 55-59 | 13 | 239 | Kingswood Tri Club       | 00:16:09 | 00:33:24 | 00:02:55 | 01:22:43 | 02:47:08 | 00:03:39 | 00:55:36 | 01:55:05 |
| 303 | Emma      | Mcdermott  | 68  | Fin | 05:23:06 | F | 40-44 | 6  | 45  | Oxford Tri               | 00:15:36 | 00:32:45 | 00:01:22 | 01:21:21 | 02:48:36 | 00:01:32 | 00:56:22 | 01:58:53 |
| 304 | Mark      | Johnson    | 597 | Fin | 05:23:06 | M | 50-54 | 33 | 240 |                          | 00:14:31 | 00:29:48 | 00:03:00 | 01:22:48 | 02:51:02 | 00:01:48 | 00:57:01 | 01:57:30 |
| 305 | Jonathan  | Bower      | 575 | Fin | 05:23:21 | M | 50-54 | 34 | 241 | Lincsquad                | 00:15:45 | 00:32:58 | 00:01:57 | 01:23:31 | 02:51:54 | 00:01:47 | 00:57:52 | 01:54:46 |
| 306 | Sian      | Morgan     | 4   | Fin | 05:23:24 | F | 25-29 | 7  | 46  | Ful-on Tri               | 00:15:23 | 00:32:44 | 00:02:12 | 01:28:35 | 02:58:16 | 00:01:43 | 00:53:37 | 01:48:31 |
| 307 | Emma      | Atkinson   | 108 | Fin | 05:23:26 | F | 45-49 | 6  | 47  | York Tri Club            | 00:18:13 | 00:38:07 | 00:03:34 | 01:24:00 | 02:48:31 | 00:02:28 | 00:52:44 | 01:50:48 |
| 308 | Eleanor   | Hains      | 105 | Fin | 05:23:39 | F | 45-49 | 7  | 48  | Swindon Triathlon Club   | 00:16:13 | 00:33:39 | 00:02:39 | 01:24:48 | 02:55:15 | 00:01:42 | 00:53:51 | 01:50:26 |
| 309 | Vitor     | Nogueira   | 379 | Fin | 05:23:42 | M | 35-39 | 44 | 242 | Mansfield Tri Club       | 00:22:43 | 00:46:44 | 00:02:14 | 01:25:58 | 02:52:05 | 00:01:59 | 00:49:24 | 01:40:41 |

|     |           |               |     |     |          |   |       |    |     |                                  |          |          |          |          |          |          |          |          |
|-----|-----------|---------------|-----|-----|----------|---|-------|----|-----|----------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 310 | Team      | Murphy        | 202 | Fin | 05:24:22 | R | Relay | 20 | 20  |                                  | 00:16:28 | 00:33:16 | 00:00:47 | 01:28:46 | 02:57:10 | 00:00:51 | 00:51:29 | 01:52:19 |
| 311 | Nicola    | Goodwin       | 89  | Fin | 05:24:46 | F | 40-44 | 7  | 49  | Hereford Tri Club                | 00:14:46 | 00:30:41 | 00:02:14 | 01:25:07 | 02:52:40 | 00:02:45 | 00:57:31 | 01:56:29 |
| 312 | Anthony   | Fidow         | 178 | Fin | 05:26:05 | M | 60-64 | 4  | 243 | Cwmcarn Paragons CC & Risca Tri  | 00:19:49 | 00:39:53 | 00:02:53 | 01:21:53 | 02:48:40 | 00:02:54 | 00:55:46 | 01:51:47 |
| 313 | Jacob     | Nico Katz     | 216 | Fin | 05:26:08 | M | 18-24 | 10 | 244 |                                  | 00:20:40 | 00:46:26 | 00:03:18 | 01:15:23 | 02:38:45 | 00:01:05 | 00:54:38 | 01:56:35 |
| 314 | Chris     | Nightingale   | 294 | Fin | 05:26:28 | M | 30-34 | 30 | 245 |                                  | 00:19:15 | 00:39:13 | 00:02:29 | 01:23:50 | 02:46:24 | 00:03:33 | 00:53:45 | 01:54:50 |
| 315 | Philip    | Holt          | 629 | Fin | 05:26:29 | M | 50-54 | 35 | 246 | RAF Triathlon                    | 00:16:44 | 00:34:20 | 00:02:56 | 01:22:08 | 02:50:40 | 00:02:11 | 00:56:18 | 01:56:24 |
| 316 | Vreni     | Verhoeven     | 146 | Fin | 05:26:56 | F | 50-54 | 6  | 50  | TFN Tri Club                     | 00:20:29 | 00:42:21 | 00:03:48 | 01:18:24 | 02:39:57 | 00:02:25 | 00:57:57 | 01:58:27 |
| 317 | Andrew    | Spencer       | 678 | Fin | 05:27:18 | M | 55-59 | 14 | 248 | Race Hub                         | 00:16:52 | 00:35:06 | 00:03:15 | 01:21:48 | 02:48:27 | 00:03:28 | 00:56:36 | 01:57:05 |
| 318 | Jason     | Bell          | 445 | Fin | 05:27:18 | M | 40-44 | 49 | 247 | Igotdoms                         | 00:17:06 | 00:35:32 | 00:01:54 | 01:30:13 | 03:00:31 | 00:01:49 | 00:52:54 | 01:47:33 |
| 319 | Rog       | Davis         | 582 | Fin | 05:27:30 | M | 50-54 | 36 | 249 | Team Kennet                      | 00:17:19 | 00:36:30 | 00:03:36 | 01:20:16 | 02:39:52 | 00:01:49 | 01:00:52 | 02:05:45 |
| 320 | Eric      | Sie           | 579 | Fin | 05:27:41 | M | 50-54 | 37 | 250 |                                  | 00:18:00 | 00:37:37 | 00:02:59 | 01:24:56 | 02:54:01 | 00:04:24 | 00:53:19 | 01:48:43 |
| 321 | James     | Brown         | 357 | Fin | 05:27:56 | M | 35-39 | 45 | 251 | Sutton In Ashfield Harriers & AC | 00:22:37 | 00:47:59 | 00:04:11 | 01:23:25 | 02:49:33 | 00:02:37 | 00:50:25 | 01:43:38 |
| 322 | Matilda   | Woodard       | 119 | Fin | 05:28:48 | F | 45-49 | 8  | 51  | Royal Navy Triathlon Association | 00:19:50 | 00:42:14 | 00:02:42 | 01:28:12 | 03:04:10 | 00:01:32 | 00:47:41 | 01:38:12 |
| 323 | Nicola    | Ferguson      | 46  | Fin | 05:28:50 | F | 35-39 | 10 | 52  | Wvtri                            | 00:21:34 | 00:44:40 | 00:04:45 | 01:21:09 | 02:46:53 | 00:02:54 | 00:52:37 | 01:49:40 |
| 324 | Gareth    | Elliott       | 316 | Fin | 05:29:02 | M | 35-39 | 46 | 252 | Absolute Tri Club                | 00:20:51 | 00:42:33 | 00:02:44 | 01:24:38 | 02:54:29 | 00:03:48 | 00:49:40 | 01:45:30 |
| 325 | Katherine | Montserrat    | 41  | Fin | 05:29:35 | F | 35-39 | 11 | 53  | Ful-on Tri                       | 00:18:01 | 00:36:58 | 00:03:00 | 01:22:55 | 02:50:54 | 00:02:02 | 00:54:46 | 01:56:43 |
| 326 | Jonathan  | Powell        | 484 | Fin | 05:29:51 | M | 45-49 | 38 | 253 | Hampstead Tri Club               | 00:19:09 | 00:41:08 | 00:03:41 | 01:25:32 | 03:00:32 | 00:03:24 | 00:49:39 | 01:41:09 |
| 327 | Tony      | Johnson       | 182 | Fin | 05:29:53 | M | 65-69 | 2  | 254 | Rugby Tri Club                   | 00:17:53 | 00:37:47 | 00:03:51 | 01:25:01 | 02:54:15 | 00:01:35 | 00:52:46 | 01:52:28 |
| 328 | Peter     | Winfield      | 174 | Fin | 05:29:55 | M | 60-64 | 5  | 255 | Stortford Tri                    | 00:14:08 | 00:29:14 | 00:02:17 | 01:23:05 | 02:45:31 | 00:03:03 | 01:02:27 | 02:09:52 |
| 329 | Paul      | Sinton-Hewitt | 696 | Fin | 05:29:59 | M | 55-59 | 15 | 256 |                                  | 00:17:28 | 00:36:38 | 00:04:58 | 01:28:46 | 03:02:21 | 00:02:41 | 00:49:15 | 01:43:23 |
| 330 | Brian     | Mccluskey     | 521 | Fin | 05:30:15 | M | 45-49 | 39 | 257 | Met Police Tri Club              | 00:16:39 | 00:34:01 | 00:04:08 | 01:28:24 | 02:59:36 | 00:01:58 | 00:52:36 | 01:50:35 |
| 331 | Richard   | Holmes        | 587 | Fin | 05:30:21 | M | 50-54 | 38 | 258 | Calderdale Tri                   | 00:15:52 | 00:32:44 | 00:02:25 | 01:18:22 | 03:01:53 | 00:01:41 | 00:51:21 | 01:51:40 |
| 332 | Charlie   | Biddle        | 724 | Fin | 05:30:32 | M | 30-34 | 31 | 259 |                                  | 00:19:03 | 00:39:08 | 00:03:37 | 01:25:17 | 02:53:25 | 00:03:01 | 00:50:51 | 01:51:24 |
| 333 | Andrew    | Veitch        | 596 | Fin | 05:30:38 | M | 50-54 | 39 | 260 | Lincsqquad                       | 00:21:43 | 00:43:03 | 00:02:55 | 01:24:42 | 02:49:46 | 00:03:09 | 00:53:37 | 01:51:47 |
| 334 | Zena      | Shean         | 143 | Fin | 05:31:21 | F | 50-54 | 7  | 54  | East Essex Tri Club              | 00:17:46 | 00:36:32 | 00:05:15 | 01:24:18 | 02:51:05 | 00:03:36 | 00:55:48 | 01:54:56 |
| 335 | Neal      | Tuson         | 572 | Fin | 05:31:38 | M | 45-49 | 40 | 261 |                                  | 00:16:13 | 00:33:39 | 00:02:50 | 01:20:32 | 02:47:49 | 00:01:41 | 00:56:30 | 02:05:42 |
| 336 | Bev       | Firth         | 67  | Fin | 05:31:42 | F | 40-44 | 8  | 55  | The Blue Lagooners & Tri Club    | 00:17:41 | 00:36:35 | 00:01:40 | 01:28:41 | 02:58:20 | 00:02:37 | 00:52:27 | 01:52:33 |
| 337 | Sam       | Harrison      | 251 | Fin | 05:31:51 | M | 25-29 | 25 | 262 |                                  | 00:17:10 | 00:36:18 | 00:02:15 | 01:22:15 | 02:51:09 | 00:01:55 | 00:52:48 | 02:00:15 |
| 338 | Andy      | Neal          | 545 | Fin | 05:31:54 | M | 45-49 | 41 | 263 | Race Hub                         | 00:18:52 | 00:39:03 | 00:02:21 | 01:22:56 | 02:48:15 | 00:02:44 | 00:54:13 | 01:59:34 |
| 339 | Julie     | Harrison      | 150 | Fin | 05:32:12 | F | 55-59 | 2  | 56  | Bott Cycle Team                  | 00:17:59 | 00:37:00 | 00:02:36 | 01:25:20 | 02:52:21 | 00:02:40 | 00:57:28 | 01:57:37 |
| 340 | Lee       | Birbeck       | 558 | Fin | 05:32:17 | M | 45-49 | 42 | 264 |                                  | 00:20:14 | 00:42:45 | 00:04:58 | 01:23:05 | 02:47:31 | 00:01:30 | 00:57:23 | 01:55:35 |

|     |             |                 |     |     |          |   |       |    |     |                        |          |          |          |          |          |          |          |          |
|-----|-------------|-----------------|-----|-----|----------|---|-------|----|-----|------------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 341 | Clem        | Willis          | 401 | Fin | 05:32:24 | M | 40-44 | 50 | 265 | Wvtri                  | 00:18:25 | 00:37:52 | 00:02:26 | 01:22:37 | 02:46:14 | 00:02:41 | 01:00:21 | 02:03:12 |
| 342 | Andy        | Othen           | 513 | Fin | 05:32:26 | M | 45-49 | 43 | 266 | Greenwich Tritons      | 00:20:15 | 00:41:21 | 00:04:10 | 01:26:37 | 02:52:44 | 00:02:32 | 00:53:32 | 01:51:42 |
| 343 | Team        | Zebrettes       | 204 | Fin | 05:32:38 | R | Relay | 21 | 21  |                        | 00:19:17 | 00:40:13 | 00:01:03 | 01:31:53 | 03:06:35 | 00:00:46 | 00:50:38 | 01:44:02 |
| 344 | Team        | Batch           | 187 | Fin | 05:32:53 | R | Relay | 22 | 22  |                        | 00:22:31 | 00:43:07 | 00:01:00 | 01:30:29 | 03:09:02 | 00:00:46 | 00:46:22 | 01:38:59 |
| 345 | Luke        | Gisby           | 395 | Fin | 05:33:13 | M | 40-44 | 51 | 267 |                        | 00:20:04 | 00:41:14 | 00:04:44 | 01:25:39 | 02:53:29 | 00:04:28 | 00:50:03 | 01:49:19 |
| 346 | Christopher | Brown           | 242 | Fin | 05:33:14 | M | 25-29 | 26 | 268 |                        | 00:16:05 | 00:33:47 | 00:01:48 | 01:24:33 | 02:58:26 | 00:02:42 | 00:54:57 | 01:56:33 |
| 347 | Andrew      | Keetley         | 685 | Fin | 05:33:15 | M | 55-59 | 16 | 269 | Tri Camp RT            | 00:17:00 | 00:36:16 | 00:01:48 | 01:23:50 | 02:54:33 | 00:02:34 | 00:55:55 | 01:58:05 |
| 348 | Ann         | Lonie           | 107 | Fin | 05:33:26 | F | 45-49 | 9  | 57  |                        | 00:18:26 | 00:37:47 | 00:02:37 | 01:28:58 | 02:59:45 | 00:02:01 | 00:54:36 | 01:51:17 |
| 349 | Mary        | Hardwick        | 157 | Fin | 05:33:26 | F | 55-59 | 3  | 58  | Rutland Run Club       | 00:16:43 | 00:33:59 | 00:02:16 | 01:23:32 | 02:50:21 | 00:02:49 | 00:57:45 | 02:04:03 |
| 350 | Rob         | Goddard         | 508 | Fin | 05:33:28 | M | 45-49 | 44 | 270 |                        | 00:18:15 | 00:37:51 | 00:04:36 | 01:21:53 | 02:48:01 | 00:02:35 | 00:57:32 | 02:00:26 |
| 351 | Martyn      | Catlow          | 542 | Fin | 05:33:50 | M | 45-49 | 45 | 271 | Manchester Tri Club    | 00:18:00 | 00:37:27 | 00:03:48 | 01:19:52 | 02:45:42 | 00:03:39 | 00:57:05 | 02:03:16 |
| 352 | Howard      | Davis           | 673 | Fin | 05:34:22 | M | 55-59 | 17 | 272 | Tri-Force              | 00:17:24 | 00:37:03 | 00:02:58 | 01:24:00 | 02:51:51 | 00:02:42 | 00:58:06 | 01:59:51 |
| 353 | Team        | Just Here For T | 205 | Fin | 05:34:23 | R | Relay | 23 | 23  |                        | 00:17:02 | 00:35:58 | 00:02:32 | 01:18:50 | 02:40:19 | 00:00:53 | 01:04:06 | 02:14:43 |
| 354 | Craig       | Dyke            | 413 | Fin | 05:34:28 | M | 40-44 | 52 | 273 |                        | 00:20:33 | 00:43:00 | 00:04:11 | 01:24:25 | 02:53:58 | 00:02:16 | 00:52:36 | 01:51:04 |
| 355 | Felicity    | Knell           | 63  | Fin | 05:34:46 | F | 35-39 | 12 | 59  | Plymouth Tri Club      | 00:22:11 | 00:46:45 | 00:03:54 | 01:29:38 | 03:01:35 | 00:02:19 | 00:46:58 | 01:40:15 |
| 356 | Samantha    | Maher           | 37  | Fin | 05:35:33 | F | 30-34 | 10 | 60  |                        | 00:22:22 | 00:46:31 | 00:03:59 | 01:32:06 | 03:04:11 | 00:03:14 | 00:47:40 | 01:37:40 |
| 357 | James       | Chattaway       | 669 | Fin | 05:35:49 | M | 55-59 | 18 | 274 | Wvtri                  | 00:22:51 | 00:46:04 | 00:03:04 | 01:18:00 | 02:38:14 | 00:03:40 | 00:57:52 | 02:04:50 |
| 358 | Rob         | Riley           | 461 | Fin | 05:35:52 | M | 40-44 | 53 | 275 | Portsmouth Tri Club    | 00:18:52 | 00:38:43 | 00:03:29 | 01:27:21 | 02:59:27 | 00:02:57 | 00:53:30 | 01:51:18 |
| 359 | Team        | Hubbard         | 199 | Fin | 05:35:52 | R | Relay | 24 | 24  | Tadworth & Walton Tri  | 00:16:32 | 00:33:56 | 00:01:19 | 01:41:02 | 03:25:38 | 00:00:55 | 00:45:09 | 01:34:04 |
| 360 | Edward      | Boursin         | 620 | Fin | 05:36:00 | M | 50-54 | 40 | 276 |                        | 00:17:25 | 00:36:57 | 00:04:18 | 01:28:33 | 03:00:08 | 00:02:01 | 00:52:23 | 01:52:38 |
| 361 | Tim         | Moore           | 642 | Fin | 05:36:04 | M | 50-54 | 41 | 277 |                        | 00:19:43 | 00:40:22 | 00:02:31 | 01:24:53 | 02:52:31 | 00:01:33 | 00:57:34 | 01:59:09 |
| 362 | Charlie     | Smith           | 31  | Fin | 05:36:07 | F | 30-34 | 11 | 61  |                        | 00:15:19 | 00:31:37 | 00:02:19 | 01:30:03 | 03:00:13 | 00:01:37 | 00:58:46 | 02:00:22 |
| 363 | Nick        | Haslam          | 324 | Fin | 05:36:12 | M | 35-39 | 47 | 278 |                        | 00:17:57 | 00:37:56 | 00:02:00 | 01:30:44 | 03:04:40 | 00:01:31 | 00:54:16 | 01:50:08 |
| 364 | Mark        | Plume           | 444 | Fin | 05:36:23 | M | 40-44 | 54 | 279 | Vo2 Maximum Rt         | 00:19:13 | 00:40:19 | 00:03:46 | 01:24:14 | 02:50:19 | 00:03:30 | 00:56:55 | 01:58:31 |
| 365 | Boo         | Smith           | 153 | Fin | 05:36:59 | F | 55-59 | 4  | 62  | Hillingdon Triathletes | 00:19:53 | 00:41:16 | 00:03:44 | 01:31:02 | 03:01:23 | 00:02:07 | 00:53:42 | 01:48:30 |
| 366 | David       | Halliday        | 469 | Fin | 05:37:03 | M | 40-44 | 55 | 280 |                        | 00:18:38 | 00:38:32 | 00:05:15 | 01:25:57 | 02:55:29 | 00:04:38 | 00:54:19 | 01:53:11 |
| 367 | Martyn      | Rogers          | 472 | Fin | 05:37:07 | M | 40-44 | 56 | 281 | Tri Redditch           | 00:18:32 | 00:39:06 | 00:05:16 | 01:21:22 | 02:46:52 | 00:03:11 | 00:57:20 | 02:02:45 |
| 368 | Nathan      | Darby           | 506 | Fin | 05:37:15 | M | 45-49 | 46 | 282 | BRAT                   | 00:16:33 | 00:34:41 | 00:03:33 | 01:20:07 | 02:45:50 | 00:05:50 | 01:03:24 | 02:07:23 |
| 369 | Andrew      | Jones           | 289 | Fin | 05:37:23 | M | 30-34 | 32 | 283 | RAF Triathlon          | 00:17:51 | 00:37:04 | 00:03:05 | 01:28:01 | 02:58:50 | 00:01:36 | 00:54:24 | 01:56:50 |
| 370 | Paul        | Akroyd          | 566 | Fin | 05:38:15 | M | 45-49 | 47 | 284 | Race Hub               | 00:20:36 | 00:43:09 | 00:03:33 | 01:22:29 | 02:47:02 | 00:02:26 | 00:57:16 | 02:02:07 |
| 371 | Daniel      | Burges          | 451 | Fin | 05:38:40 | M | 40-44 | 57 | 285 |                        | 00:18:55 | 00:40:12 | 00:04:07 | 01:23:32 | 02:51:25 | 00:01:42 | 00:58:14 | 02:01:16 |

|     |             |                  |     |     |          |   |       |    |     |                                  |          |          |          |          |          |          |          |          |
|-----|-------------|------------------|-----|-----|----------|---|-------|----|-----|----------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 372 | Teresa      | Gibb             | 120 | Fin | 05:38:42 | F | 45-49 | 10 | 63  | Cambridge Spartans               | 00:16:08 | 00:33:28 | 00:03:57 | 01:32:04 | 03:08:27 | 00:03:15 | 00:52:46 | 01:49:37 |
| 373 | Jonathan    | Greaves          | 539 | Fin | 05:39:35 | M | 45-49 | 48 | 286 | Wvtri                            | 00:17:06 | 00:35:26 | 00:03:10 | 01:22:53 | 02:48:45 | 00:02:06 | 01:02:13 | 02:10:10 |
| 374 | Sam         | Lane             | 127 | Fin | 05:39:37 | F | 50-54 | 8  | 64  |                                  | 00:16:48 | 00:34:27 | 00:04:00 | 01:23:54 | 02:52:39 | 00:02:10 | 01:01:56 | 02:06:22 |
| 375 | Andy        | Manning          | 598 | Fin | 05:41:01 | M | 50-54 | 42 | 287 | Vo2 Maximum Rt                   | 00:19:39 | 00:39:55 | 00:02:50 | 01:29:11 | 03:01:41 | 00:04:26 | 00:55:11 | 01:52:11 |
| 376 | Marijke     | De Groot         | 111 | Fin | 05:41:02 | F | 45-49 | 11 | 65  | Belvoir Tri Club                 | 00:17:12 | 00:35:15 | 00:03:00 | 01:30:28 | 03:01:24 | 00:01:58 | 00:57:04 | 01:59:28 |
| 377 | Louise      | Nisbet           | 44  | Fin | 05:41:24 | F | 35-39 | 13 | 66  | Oxford Tri                       | 00:19:41 | 00:41:02 | 00:02:23 | 01:32:06 | 03:05:26 | 00:01:58 | 00:52:23 | 01:50:38 |
| 378 | Cara        | Swain            | 19  | Fin | 05:41:30 | F | 30-34 | 12 | 67  | Royal Navy Triathlon Association | 00:17:19 | 00:35:42 | 00:02:46 | 01:30:09 | 02:59:36 | 00:02:11 | 00:56:51 | 02:01:16 |
| 379 | Team        | Tri A Bit Harder | 186 | Fin | 05:41:40 | R | Relay | 25 | 25  |                                  | 00:17:46 | 00:36:25 | 00:01:03 | 01:36:32 | 03:11:41 | 00:01:03 | 00:54:52 | 01:51:30 |
| 380 | Mick        | Osborne          | 650 | Fin | 05:41:49 | M | 50-54 | 43 | 288 |                                  | 00:18:14 | 00:37:46 | 00:02:42 | 01:27:52 | 02:56:11 | 00:01:40 | 00:58:59 | 02:03:33 |
| 381 | Jack        | Tappin           | 276 | Fin | 05:42:08 | M | 30-34 | 33 | 289 | Haverhill Run Club               | 00:18:07 | 00:37:43 | 00:03:38 | 01:32:11 | 03:09:15 | 00:06:28 | 00:50:29 | 01:45:06 |
| 382 | Thomas      | Jackson          | 164 | Fin | 05:42:15 | M | 60-64 | 6  | 290 |                                  | 00:22:27 | 00:46:30 | 00:04:02 | 01:26:27 | 02:59:24 | 00:02:20 | 00:54:38 | 01:50:02 |
| 383 | Paul        | Hilton           | 391 | Fin | 05:42:19 | M | 40-44 | 58 | 291 | RAF Triathlon                    | 00:21:44 | 00:44:55 | 00:02:35 | 01:22:20 | 02:45:12 | 00:01:16 | 00:59:39 | 02:08:24 |
| 384 | Matt        | Hill             | 478 | Fin | 05:42:29 | M | 40-44 | 59 | 292 | Burntwood Tri Club               | 00:17:21 | 00:36:18 | 00:03:34 | 01:27:01 | 02:57:21 | 00:02:32 | 00:58:33 | 02:02:46 |
| 385 | Hannah      | Du Preez         | 43  | Fin | 05:42:44 | F | 35-39 | 14 | 68  |                                  | 00:17:44 | 00:36:27 | 00:03:22 | 01:33:39 | 03:08:51 | 00:01:39 | 00:56:10 | 01:52:26 |
| 386 | Michael     | Mckinnell        | 180 | Fin | 05:42:48 | M | 65-69 | 3  | 293 |                                  | 00:15:59 | 00:33:08 | 00:01:44 | 01:22:25 | 02:51:20 | 00:01:58 | 01:00:49 | 02:14:39 |
| 387 | Nick        | Aitken           | 317 | Fin | 05:43:25 | M | 35-39 | 48 | 294 | Army Triathlon Association       | 00:19:29 | 00:40:54 | 00:04:18 | 01:25:45 | 02:53:24 | 00:02:23 | 00:57:19 | 02:02:28 |
| 388 | Matthew     | Hobbs            | 509 | Fin | 05:43:38 | M | 45-49 | 49 | 295 | Kingfisher Tri                   | 00:18:12 | 00:37:25 | 00:03:31 | 01:29:04 | 02:56:37 | 00:02:38 | 00:56:58 | 02:03:30 |
| 389 | Simon       | Jones            | 593 | Fin | 05:43:55 | M | 50-54 | 44 | 296 |                                  | 00:18:40 | 00:39:48 | 00:05:19 | 01:25:41 | 02:57:11 | 00:03:39 | 00:56:52 | 01:58:00 |
| 390 | Fern        | Hordern          | 106 | Fin | 05:44:12 | F | 45-49 | 12 | 69  | Stratford Tri                    | 00:24:08 | 00:49:07 | 00:03:52 | 01:29:05 | 02:59:39 | 00:02:00 | 00:53:03 | 01:49:36 |
| 391 | Verity      | Miles            | 62  | Fin | 05:45:01 | F | 35-39 | 15 | 70  | Long Eaton Tri Club              | 00:20:38 | 00:42:04 | 00:02:51 | 01:24:23 | 02:49:53 | 00:02:37 | 01:01:44 | 02:07:39 |
| 392 | Simon       | Barnes           | 607 | Fin | 05:45:04 | M | 50-54 | 45 | 297 | Beeston AC                       | 00:18:20 | 00:38:20 | 00:04:03 | 01:24:22 | 03:02:37 | 00:05:00 | 00:58:19 | 01:55:05 |
| 393 | Christopher | Barnes           | 351 | Fin | 05:45:32 | M | 35-39 | 49 | 298 | Tri Redditch                     | 00:19:12 | 00:40:41 | 00:04:02 | 01:32:17 | 03:04:32 | 00:04:09 | 00:52:57 | 01:52:10 |
| 394 | David       | Cooper           | 399 | Fin | 05:46:01 | M | 40-44 | 60 | 299 | Redway Run                       | 00:15:10 | 00:31:36 | 00:04:37 | 01:34:43 | 03:06:12 | 00:03:24 | 00:57:15 | 02:00:13 |
| 395 | Robert      | Grantham         | 229 | Fin | 05:46:09 | M | 18-24 | 11 | 300 | RAF Triathlon                    | 00:17:20 | 00:36:54 | 00:02:39 | 01:29:04 | 03:02:03 | 00:03:36 | 00:58:42 | 02:00:59 |
| 396 | Gary        | Harrison         | 594 | Fin | 05:46:25 | M | 50-54 | 46 | 301 |                                  | 00:16:35 | 00:34:56 | 00:02:59 | 01:19:16 | 02:38:26 | 00:01:18 | 01:02:45 | 02:28:48 |
| 397 | Steven      | Morris           | 549 | Fin | 05:46:26 | M | 45-49 | 50 | 302 | Cambridge Tri Club               | 00:19:10 | 00:41:32 | 00:04:08 | 01:26:58 | 03:02:39 | 00:02:11 | 00:54:29 | 01:55:59 |
| 398 | Julian      | Ormerod          | 621 | Fin | 05:46:46 | M | 50-54 | 47 | 303 | Berkhamsted CC                   | 00:17:31 | 00:35:35 | 00:02:51 | 01:22:31 | 02:50:25 | 00:01:35 | 01:02:12 | 02:16:22 |
| 399 | Rebecca     | Thorby           | 72  | Fin | 05:47:06 | F | 40-44 | 9  | 71  | Tri-Anglia                       | 00:17:45 | 00:36:32 | 00:02:50 | 01:35:22 | 03:13:31 | 00:02:07 | 00:54:21 | 01:52:09 |
| 400 | Tamsin      | Owen             | 5   | Fin | 05:47:08 | F | 25-29 | 8  | 72  |                                  | 00:15:55 | 00:33:25 | 00:03:07 | 01:36:35 | 03:12:10 | 00:03:12 | 00:57:12 | 01:55:16 |
| 401 | Natalie     | Pugh             | 114 | Fin | 05:47:19 | F | 45-49 | 13 | 73  |                                  | 00:22:18 | 00:45:37 | 00:02:36 | 01:25:21 | 02:52:39 | 00:02:31 | 00:57:48 | 02:03:58 |
| 402 | Jeremy      | Vaughan          | 262 | Fin | 05:47:39 | M | 30-34 | 34 | 304 |                                  | 00:19:22 | 00:40:10 | 00:02:44 | 01:24:54 | 02:56:56 | 00:01:35 | 00:58:35 | 02:06:17 |

|     |           |               |     |     |          |   |       |    |     |                         |          |          |          |          |          |          |          |          |
|-----|-----------|---------------|-----|-----|----------|---|-------|----|-----|-------------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 403 | Chris     | Haylett       | 702 | Fin | 05:48:32 | M | 55-59 | 19 | 305 |                         | 00:21:37 | 00:43:50 | 00:02:13 | 01:23:43 | 02:52:20 | 00:01:36 | 00:59:29 | 02:08:34 |
| 404 | Katie     | Reynolds      | 95  | Fin | 05:48:34 | F | 45-49 | 14 | 74  | Team Kennet             | 00:19:16 | 00:40:25 | 00:04:07 | 01:26:30 | 02:56:56 | 00:01:54 | 01:00:04 | 02:05:13 |
| 405 | Luke      | Groves        | 290 | Fin | 05:48:44 | M | 30-34 | 35 | 306 | Born2Tri                | 00:20:33 | 00:43:33 | 00:02:02 | 01:24:20 | 02:50:44 | 00:01:24 | 01:01:41 | 02:11:03 |
| 406 | Andrew    | White         | 666 | Fin | 05:48:54 | M | 55-59 | 20 | 307 | Boxfit Tri              | 00:18:01 | 00:37:20 | 00:04:01 | 01:30:18 | 03:07:34 | 00:02:12 | 00:59:37 | 01:57:48 |
| 407 | Andrew    | Hawthorne     | 459 | Fin | 05:50:45 | M | 40-44 | 61 | 308 | Sun City Tri            | 00:18:28 | 00:37:50 | 00:02:16 | 01:28:45 | 02:58:25 | 00:03:59 | 00:57:11 | 02:08:18 |
| 408 | Alexandra | Tourbassova   | 20  | Fin | 05:51:02 | F | 30-34 | 13 | 75  | JBR                     | 00:18:22 | 00:38:06 | 00:03:51 | 01:34:52 | 03:13:53 | 00:02:17 | 00:55:59 | 01:52:56 |
| 409 | Shaun     | Mullins       | 565 | Fin | 05:51:14 | M | 45-49 | 51 | 309 |                         | 00:18:51 | 00:39:54 | 00:05:27 | 01:27:48 | 03:02:17 | 00:03:47 | 00:58:12 | 01:59:50 |
| 410 | Liffey    | Daniels       | 34  | Fin | 05:51:20 | F | 30-34 | 14 | 76  | Swindon Triathlon Club  | 00:21:15 | 00:45:40 | 00:03:10 | 01:27:51 | 02:54:48 | 00:03:38 | 01:00:06 | 02:04:06 |
| 411 | Julian    | Rawlings      | 646 | Fin | 05:51:22 | M | 50-54 | 48 | 310 | Huub Sports Academy     | 00:24:17 | 00:49:40 | 00:05:13 | 01:25:05 | 02:49:01 | 00:02:49 | 01:00:05 | 02:04:41 |
| 412 | Alan      | Buxton        | 660 | Fin | 05:52:08 | M | 55-59 | 21 | 311 | Bath Amphibians         | 00:18:11 | 00:37:55 | 00:04:19 | 01:21:28 | 02:46:45 | 00:02:47 | 01:11:21 | 02:20:23 |
| 413 | Liz       | Davies-Ward   | 151 | Fin | 05:52:18 | F | 55-59 | 5  | 77  | Hereford Tri Club       | 00:20:11 | 00:42:37 | 00:03:13 | 01:30:54 | 03:03:58 | 00:02:04 | 00:58:16 | 02:00:28 |
| 414 | Robert    | Weatherill    | 556 | Fin | 05:52:34 | M | 45-49 | 52 | 312 |                         | 00:16:43 | 00:37:19 | 00:03:16 | 01:20:14 | 02:46:17 | 00:01:30 | 01:07:00 | 02:24:14 |
| 415 | Steve     | Wood          | 721 | Fin | 05:52:42 | M | 45-49 | 53 | 313 |                         | 00:18:20 | 00:38:26 | 00:04:18 | 01:23:18 | 02:50:37 | 00:04:20 | 01:01:34 | 02:15:02 |
| 416 | Richard   | Shooter       | 617 | Fin | 05:53:16 | M | 50-54 | 49 | 314 |                         | 00:19:51 | 00:40:27 | 00:02:59 | 01:30:20 | 03:06:18 | 00:03:18 | 00:58:44 | 02:00:16 |
| 417 | Jeremy    | Harrison      | 661 | Fin | 05:53:43 | M | 55-59 | 22 | 315 |                         | 00:21:54 | 00:43:48 | 00:03:34 | 01:26:54 | 02:57:13 | 00:03:00 | 00:54:54 | 02:06:10 |
| 418 | Amy       | Hackett-Jones | 65  | Fin | 05:54:06 | F | 40-44 | 10 | 78  |                         | 00:17:52 | 00:36:57 | 00:04:36 | 01:32:18 | 03:06:03 | 00:04:30 | 00:59:46 | 02:02:03 |
| 419 | Julie     | Cooke         | 147 | Fin | 05:54:09 | F | 50-54 | 9  | 79  |                         | 00:22:17 | 00:46:12 | 00:04:12 | 01:32:34 | 03:07:17 | 00:02:16 | 00:54:10 | 01:54:15 |
| 420 | Team      | Buxton        | 211 | Fin | 05:54:31 | R | Relay | 26 | 26  | Bath Amphibians         | 00:18:50 | 00:38:50 | 00:04:31 | 01:31:34 | 03:04:01 | 00:00:57 | 00:59:46 | 02:06:15 |
| 421 | Mark      | Williams      | 576 | Fin | 05:54:33 | M | 50-54 | 50 | 316 | Team XTR                | 00:24:57 | 00:50:46 | 00:03:37 | 01:26:27 | 02:51:34 | 00:03:01 | 00:59:47 | 02:05:37 |
| 422 | Edd       | Moore         | 425 | Fin | 05:54:35 | M | 40-44 | 62 | 317 |                         | 00:17:58 | 00:37:54 | 00:02:56 | 01:32:12 | 03:04:07 | 00:01:49 | 00:59:45 | 02:07:51 |
| 423 | Patrick   | Hughes        | 633 | Fin | 05:54:44 | M | 50-54 | 51 | 318 |                         | 00:24:57 | 00:50:48 | 00:03:30 | 01:23:17 | 02:52:13 | 00:03:58 | 00:59:44 | 02:04:16 |
| 424 | Gillian   | Peck          | 135 | Fin | 05:54:47 | F | 50-54 | 10 | 80  | BRJ Run & Tri           | 00:20:24 | 00:42:28 | 00:02:43 | 01:29:55 | 03:04:39 | 00:01:45 | 01:02:21 | 02:03:15 |
| 425 | Norma     | Ortiz         | 51  | Fin | 05:55:27 | F | 35-39 | 16 | 81  | East London Triathletes | 00:18:18 | 00:38:13 | 00:03:49 | 01:39:06 | 03:16:32 | 00:06:24 | 00:54:40 | 01:50:32 |
| 426 | Sean      | Houghton      | 431 | Fin | 05:55:30 | M | 40-44 | 63 | 319 |                         | 00:28:42 | 00:58:10 | 00:05:30 | 01:24:45 | 02:51:49 | 00:03:43 | 00:57:39 | 01:56:21 |
| 427 | Louise    | Clark         | 23  | Fin | 05:55:36 | F | 30-34 | 15 | 82  |                         | 00:17:54 | 00:37:06 | 00:03:59 | 01:30:31 | 03:03:59 | 00:02:54 | 01:00:46 | 02:07:40 |
| 428 | Philippa  | Griffin       | 76  | Fin | 05:56:02 | F | 40-44 | 11 | 83  | Watford Joggers         | 00:17:11 | 00:36:06 | 00:02:58 | 01:33:06 | 03:09:48 | 00:03:31 | 01:01:39 | 02:03:40 |
| 429 | Martin    | Towers        | 346 | Fin | 05:56:23 | M | 35-39 | 50 | 320 | Mark White RT           | 00:20:56 | 00:41:01 | 00:03:07 | 01:30:08 | 03:03:50 | 00:01:56 | 01:02:55 | 02:06:32 |
| 430 | Louise    | Hyde          | 149 | Fin | 05:56:26 | F | 55-59 | 6  | 84  | Belvoir Tri Club        | 00:18:58 | 00:39:12 | 00:02:28 | 01:24:55 | 02:53:53 | 00:01:46 | 01:07:21 | 02:19:10 |
| 431 | Kim       | Henderson     | 86  | Fin | 05:56:49 | F | 40-44 | 12 | 85  | V02Maximum              | 00:17:33 | 00:35:53 | 00:03:56 | 01:34:23 | 03:10:23 | 00:02:22 | 01:00:24 | 02:04:18 |
| 432 | Team      | Faulkner      | 200 | Fin | 05:57:27 | R | Relay | 27 | 27  | Tadworth & Walton Tri   | 00:19:33 | 00:41:43 | 00:01:27 | 01:41:00 | 03:25:56 | 00:00:50 | 00:52:22 | 01:47:33 |
| 433 | William   | Goodwin       | 268 | Fin | 05:57:34 | M | 30-34 | 36 | 321 |                         | 00:18:45 | 00:38:46 | 00:04:04 | 01:28:59 | 03:08:02 | 00:02:51 | 00:58:22 | 02:03:53 |



|     |                   |                 |     |     |          |   |       |    |     |                      |          |          |          |          |          |          |          |          |
|-----|-------------------|-----------------|-----|-----|----------|---|-------|----|-----|----------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 434 | Ian               | Millward        | 591 | Fin | 05:58:17 | M | 50-54 | 52 | 322 |                      | 00:22:47 | 00:46:16 | 00:03:53 | 01:36:23 | 03:14:48 | 00:02:38 | 00:54:05 | 01:50:42 |
| 435 | Paul              | Wright          | 447 | Fin | 05:58:24 | M | 40-44 | 64 | 323 |                      | 00:20:29 | 00:44:06 | 00:06:09 | 01:32:25 | 03:07:54 | 00:04:39 | 00:56:27 | 01:55:37 |
| 436 | Judith            | Feuchtwanger    | 104 | Fin | 05:58:33 | F | 45-49 | 15 | 86  |                      | 00:18:19 | 00:37:57 | 00:04:10 | 01:33:36 | 03:11:01 | 00:05:01 | 00:58:40 | 02:00:27 |
| 437 | Jason             | Cobb            | 496 | Fin | 05:58:46 | M | 45-49 | 54 | 324 |                      | 00:17:14 | 00:35:19 | 00:04:18 | 01:25:06 | 02:55:18 | 00:04:40 | 01:02:05 | 02:19:13 |
| 438 | Roland            | Houchin         | 400 | Fin | 05:59:27 | M | 40-44 | 65 | 325 |                      | 00:16:42 | 00:35:35 | 00:03:00 | 01:32:28 | 03:11:22 | 00:02:38 | 00:59:50 | 02:06:55 |
| 439 | James             | Warrillow       | 441 | Fin | 05:59:36 | M | 40-44 | 66 | 326 |                      | 00:25:50 | 00:53:59 | 00:06:11 | 01:28:13 | 02:56:56 | 00:05:07 | 00:57:16 | 01:57:25 |
| 440 | Phil              | Elms            | 717 | Fin | 05:59:38 | M | 50-54 | 53 | 327 |                      | 00:23:41 | 00:48:02 | 00:05:41 | 01:23:02 | 02:46:11 | 00:03:48 | 01:08:22 | 02:15:57 |
| 441 | Team              | Brown           | 213 | Fin | 05:59:53 | R | Relay | 28 | 28  |                      | 00:26:02 | 00:50:26 | 00:00:55 | 01:36:43 | 03:12:09 | 00:00:52 | 00:53:35 | 01:55:33 |
| 442 | Bethan            | Huntley         | 28  | Fin | 06:00:11 | F | 30-34 | 16 | 87  | RAF Triathlon        | 00:16:46 | 00:35:08 | 00:01:46 | 01:39:42 | 03:11:11 | 00:01:48 | 01:04:54 | 02:10:20 |
| 443 | Daniella Florence | Cullum          | 15  | Fin | 06:00:33 | F | 25-29 | 9  | 88  | Cleethorpes Tri Club | 00:20:00 | 00:39:56 | 00:03:52 | 01:33:19 | 03:12:56 | 00:03:42 | 01:03:46 | 02:00:08 |
| 444 | Jo                | Lawrence        | 14  | Fin | 06:00:34 | F | 25-29 | 10 | 89  |                      | 00:20:44 | 00:42:06 | 00:04:28 | 01:28:34 | 03:02:49 | 00:03:40 | 00:59:23 | 02:07:33 |
| 445 | Alan              | Foster          | 390 | Fin | 06:00:39 | M | 40-44 | 67 | 328 |                      | 00:21:30 | 00:44:42 | 00:04:57 | 01:28:25 | 03:02:26 | 00:03:41 | 00:57:19 | 02:04:55 |
| 446 | Miss              | Hurst           | 69  | Fin | 06:00:42 | F | 40-44 | 13 | 90  | Race Hub             | 00:19:03 | 00:39:41 | 00:03:13 | 01:29:34 | 03:03:26 | 00:04:10 | 01:01:11 | 02:10:16 |
| 447 | Andy              | Lawrence        | 481 | Fin | 06:00:54 | M | 45-49 | 55 | 329 |                      | 00:20:18 | 00:42:53 | 00:04:51 | 01:34:11 | 03:12:03 | 00:03:36 | 00:56:50 | 01:57:32 |
| 448 | Deborah           | Kroiter         | 50  | Fin | 06:01:10 | F | 35-39 | 17 | 91  |                      | 00:17:02 | 00:34:32 | 00:06:21 | 01:39:21 | 03:16:48 | 00:03:38 | 00:57:39 | 01:59:53 |
| 449 | Tim               | Lloydlangston   | 601 | Fin | 06:01:11 | M | 50-54 | 54 | 330 |                      | 00:16:44 | 00:34:47 | 00:04:02 | 01:40:09 | 03:17:43 | 00:01:44 | 00:57:45 | 02:02:56 |
| 450 | Andy              | Major           | 520 | Fin | 06:01:36 | M | 45-49 | 56 | 331 | Wvtri                | 00:21:46 | 00:43:52 | 00:05:40 | 01:35:41 | 03:12:12 | 00:04:08 | 00:55:37 | 01:55:46 |
| 451 | Steven            | Mclean          | 393 | Fin | 06:01:40 | M | 40-44 | 68 | 332 |                      | 00:21:09 | 00:44:24 | 00:02:32 | 01:26:18 | 02:57:32 | 00:02:15 | 01:08:43 | 02:15:00 |
| 452 | Alexis            | Shea            | 42  | Fin | 06:01:41 | F | 35-39 | 18 | 92  |                      | 00:23:39 | 00:47:44 | 00:03:55 | 01:42:13 | 03:28:21 | 00:03:32 | 00:48:18 | 01:38:11 |
| 453 | Bill              | Renshaw         | 585 | Fin | 06:01:56 | M | 50-54 | 55 | 333 |                      | 00:23:58 | 00:48:10 | 00:04:34 | 01:32:32 | 03:08:24 | 00:02:17 | 00:56:00 | 01:58:32 |
| 454 | Benja             | Hedley          | 415 | Fin | 06:02:01 | M | 40-44 | 69 | 334 |                      | 00:20:07 | 00:43:18 | 00:06:24 | 01:29:09 | 02:58:28 | 00:02:17 | 00:59:28 | 02:11:36 |
| 455 | Simon             | Hunter          | 664 | Fin | 06:02:18 | M | 55-59 | 23 | 335 | Doncaster Tri Club   | 00:20:53 | 00:42:49 | 00:04:46 | 01:29:00 | 03:02:47 | 00:04:28 | 01:00:10 | 02:07:30 |
| 456 | Richard           | Brown           | 630 | Fin | 06:03:05 | M | 50-54 | 56 | 336 |                      | 00:23:44 | 00:48:25 | 00:05:13 | 01:29:03 | 03:01:09 | 00:05:23 | 00:58:34 | 02:02:57 |
| 457 | Team              | Turner Catchers | 207 | Fin | 06:03:18 | R | Relay | 29 | 29  |                      | 00:19:51 | 00:41:06 | 00:01:36 | 01:44:22 | 03:36:09 | 00:01:09 | 00:50:51 | 01:43:20 |
| 458 | Simon             | Goodchild       | 505 | Fin | 06:03:32 | M | 45-49 | 57 | 337 |                      | 00:20:28 | 00:44:18 | 00:02:52 | 01:26:36 | 02:57:37 | 00:02:11 | 01:00:23 | 02:16:36 |
| 459 | Tara              | Parker          | 18  | Fin | 06:04:03 | F | 25-29 | 11 | 93  | Witri                | 00:17:14 | 00:35:55 | 00:03:34 | 01:30:35 | 03:08:21 | 00:02:07 | 01:04:31 | 02:14:10 |
| 460 | Hufsah            | Khan            | 11  | Fin | 06:04:09 | F | 25-29 | 12 | 94  | Clapham Chasers      | 00:20:47 | 00:43:27 | 00:03:02 | 01:32:50 | 03:13:59 | 00:04:49 | 00:58:30 | 01:58:54 |
| 461 | Gary              | Tudbury         | 653 | Fin | 06:04:45 | M | 50-54 | 57 | 338 | Race Hub             | 00:20:53 | 00:42:54 | 00:03:39 | 01:23:35 | 02:48:29 | 00:03:54 | 01:06:15 | 02:25:52 |
| 462 | Mark              | Howsen          | 532 | Fin | 06:05:01 | M | 45-49 | 58 | 339 |                      | 00:19:08 | 00:39:18 | 00:04:50 | 01:31:26 | 03:06:38 | 00:03:17 | 01:02:52 | 02:11:01 |
| 463 | Mark              | Knight          | 374 | Fin | 06:05:30 | M | 35-39 | 51 | 340 |                      | 00:21:35 | 00:45:23 | 00:04:11 | 01:33:12 | 03:15:49 | 00:04:21 | 00:57:21 | 01:55:47 |
| 464 | Alison            | Richardson      | 112 | Fin | 06:05:36 | F | 45-49 | 16 | 95  | Farnham Tri Club     | 00:20:45 | 00:42:41 | 00:04:33 | 01:40:20 | 03:22:21 | 00:02:20 | 00:55:35 | 01:53:43 |

|     |           |             |     |     |          |   |       |    |     |                     |          |          |          |          |          |          |          |          |
|-----|-----------|-------------|-----|-----|----------|---|-------|----|-----|---------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 465 | Ian       | Jones       | 526 | Fin | 06:06:11 | M | 45-49 | 59 | 341 |                     | 00:20:43 | 00:43:23 | 00:04:52 | 01:39:28 | 03:16:10 | 00:03:13 | 00:57:22 | 01:58:35 |
| 466 | Kenton    | Jones       | 228 | Fin | 06:06:15 | M | 18-24 | 12 | 342 |                     | 00:16:25 | 00:34:25 | 00:02:05 | 01:24:46 | 02:59:01 | 00:02:44 | 01:06:33 | 02:28:01 |
| 467 | Clive     | Holland     | 700 | Fin | 06:06:17 | M | 55-59 | 24 | 343 | Derby Tri Club      | 00:24:49 | 00:45:49 | 00:06:43 | 01:23:13 | 02:50:41 | 00:03:53 | 01:09:29 | 02:19:13 |
| 468 | Richard   | Doherty     | 490 | Fin | 06:07:01 | M | 45-49 | 60 | 344 | Redway Run          | 00:21:27 | 00:46:04 | 00:04:33 | 01:36:49 | 03:23:47 | 00:02:16 | 00:50:07 | 01:50:22 |
| 469 | Ian       | John        | 627 | Fin | 06:07:11 | M | 50-54 | 58 | 345 | Ashbourne Tri Club  | 00:19:37 | 00:40:35 | 00:03:49 | 01:29:11 | 03:02:57 | 00:02:37 | 01:06:04 | 02:17:16 |
| 470 | David     | Elliott     | 303 | Fin | 06:08:03 | M | 30-34 | 37 | 346 |                     | 00:20:02 | 00:44:28 | 00:03:37 | 01:28:44 | 03:01:00 | 00:03:39 | 00:58:08 | 02:15:21 |
| 471 | Julie     | Kitchen     | 130 | Fin | 06:08:39 | F | 50-54 | 11 | 96  | Lincoln Tri         | 00:18:06 | 00:37:18 | 00:03:20 | 01:35:23 | 03:16:21 | 00:03:11 | 01:01:04 | 02:08:31 |
| 472 | Morag     | White       | 96  | Fin | 06:09:03 | F | 45-49 | 17 | 97  | T3                  | 00:17:52 | 00:36:24 | 00:03:57 | 01:38:05 | 03:20:44 | 00:02:18 | 01:01:25 | 02:05:43 |
| 473 | Phil      | Clarke      | 632 | Fin | 06:09:08 | M | 50-54 | 59 | 347 |                     | 00:20:23 | 00:41:31 | 00:05:16 | 01:34:30 | 03:14:01 | 00:03:23 | 01:00:18 | 02:04:59 |
| 474 | Richard   | Yates       | 536 | Fin | 06:10:36 | M | 45-49 | 61 | 348 | RAF Triathlon       | 00:21:24 | 00:44:43 | 00:04:39 | 01:30:52 | 03:06:16 | 00:02:20 | 01:03:12 | 02:12:40 |
| 475 | James     | Eketone     | 376 | Fin | 06:10:39 | M | 35-39 | 52 | 349 |                     | 00:19:14 | 00:39:13 | 00:04:32 | 01:30:49 | 03:06:25 | 00:04:46 | 01:01:48 | 02:15:44 |
| 476 | Steven    | Richards    | 236 | Fin | 06:10:39 | M | 25-29 | 27 | 350 |                     | 00:18:20 | 00:37:54 | 00:05:51 | 01:30:56 | 03:08:16 | 00:02:55 | 01:01:49 | 02:15:45 |
| 477 | Blue      | Watt        | 173 | Fin | 06:11:11 | M | 60-64 | 7  | 351 | Barracuda Tri       | 00:17:20 | 00:35:28 | 00:04:22 | 01:39:55 | 03:18:21 | 00:06:27 | 01:02:23 | 02:06:33 |
| 478 | Edward    | Tennant     | 319 | Fin | 06:11:49 | M | 35-39 | 53 | 352 | Meridian Tri Club   | 00:18:28 | 00:39:05 | 00:05:57 | 01:32:07 | 03:08:36 | 00:04:43 | 01:05:36 | 02:13:30 |
| 479 | Will      | Hinchliffe  | 354 | Fin | 06:12:23 | M | 35-39 | 54 | 353 |                     | 00:20:12 | 00:41:38 | 00:07:53 | 01:33:15 | 03:15:49 | 00:04:54 | 00:58:05 | 02:02:12 |
| 480 | Virinder  | Sihra       | 60  | Fin | 06:12:48 | F | 35-39 | 19 | 98  |                     | 00:26:02 | 00:51:26 | 00:05:57 | 01:28:54 | 03:02:44 | 00:05:50 | 00:58:12 | 02:06:52 |
| 481 | Simon     | Layton      | 581 | Fin | 06:13:07 | M | 50-54 | 60 | 354 |                     | 00:23:16 | 00:47:04 | 00:03:32 | 01:32:46 | 03:10:43 | 00:02:34 | 01:00:32 | 02:09:15 |
| 482 | Matan     | Duveen      | 265 | Fin | 06:13:24 | M | 30-34 | 38 | 355 | Bassetlaw Tri Club  | 00:18:53 | 00:39:02 | 00:04:35 | 01:27:26 | 02:56:02 | 00:02:45 | 01:12:39 | 02:31:01 |
| 483 | Mark      | Jeffrey     | 537 | Fin | 06:13:31 | M | 45-49 | 62 | 356 |                     | 00:19:55 | 00:41:22 | 00:04:09 | 01:32:49 | 03:08:31 | 00:03:42 | 01:06:44 | 02:15:49 |
| 484 | Chris     | Davies      | 456 | Fin | 06:13:33 | M | 40-44 | 70 | 357 |                     | 00:22:09 | 00:47:08 | 00:03:08 | 01:33:21 | 03:06:32 | 00:02:31 | 01:03:23 | 02:14:16 |
| 485 | David     | Limb        | 512 | Fin | 06:13:35 | M | 45-49 | 63 | 358 |                     | 00:23:20 | 00:50:05 | 00:03:04 | 01:31:03 | 03:04:17 | 00:01:22 | 01:05:22 | 02:14:50 |
| 486 | Richard   | Eadsforth   | 471 | Fin | 06:14:59 | M | 40-44 | 71 | 359 | TFN Tri Club        | 00:18:45 | 00:39:32 | 00:04:09 | 01:44:33 | 03:29:07 | 00:04:26 | 00:55:03 | 01:57:46 |
| 487 | Nikki     | Singh-Barmi | 552 | Fin | 06:15:08 | M | 45-49 | 64 | 360 | 1485 Triathlon Club | 00:26:51 | 00:55:30 | 00:04:56 | 01:28:18 | 03:00:28 | 00:02:58 | 01:01:08 | 02:11:19 |
| 488 | John      | Murdoch     | 231 | Fin | 06:15:25 | M | 25-29 | 28 | 361 |                     | 00:19:41 | 00:41:09 | 00:09:38 | 01:36:06 | 03:19:20 | 00:08:15 | 00:58:05 | 01:57:05 |
| 489 | Matthew   | Stearn      | 683 | Fin | 06:15:45 | M | 55-59 | 25 | 362 |                     | 00:23:37 | 00:48:05 | 00:06:04 | 01:32:23 | 03:08:37 | 00:02:48 | 01:03:26 | 02:10:14 |
| 490 | Jude      | Griffiths   | 138 | Fin | 06:16:17 | F | 50-54 | 12 | 99  | Wessex Wizards      | 00:21:17 | 00:43:20 | 00:04:50 | 01:32:31 | 03:04:56 | 00:06:45 | 01:08:28 | 02:16:27 |
| 491 | Pavlo     | Kolomiyets  | 284 | Fin | 06:16:39 | M | 30-34 | 39 | 363 | JBR                 | 00:19:00 | 00:40:49 | 00:02:40 | 01:31:37 | 03:10:30 | 00:02:53 | 01:07:16 | 02:19:50 |
| 492 | Strphanie | Brooksbank  | 132 | Fin | 06:17:45 | F | 50-54 | 13 | 100 |                     | 00:19:46 | 00:40:45 | 00:04:12 | 01:34:38 | 03:17:03 | 00:03:38 | 01:08:00 | 02:12:09 |
| 493 | Paul      | Johnson     | 605 | Fin | 06:17:47 | M | 50-54 | 61 | 364 |                     | 00:22:38 | 00:46:03 | 00:05:01 | 01:30:48 | 03:09:34 | 00:03:21 | 01:02:12 | 02:13:50 |
| 494 | Jonathan  | Young       | 392 | Fin | 06:17:51 | M | 40-44 | 72 | 365 | Met Police Tri Club | 00:21:50 | 00:46:14 | 00:05:02 | 01:35:25 | 03:16:05 | 00:02:13 | 01:01:43 | 02:08:18 |
| 495 | Michelle  | Mucklestone | 131 | Fin | 06:18:28 | F | 50-54 | 14 | 101 |                     | 00:23:07 | 00:47:33 | 00:02:53 | 01:34:22 | 03:12:53 | 00:02:12 | 01:05:35 | 02:13:00 |

|     |             |               |     |     |          |   |       |    |     |                              |          |          |          |          |          |          |          |          |
|-----|-------------|---------------|-----|-----|----------|---|-------|----|-----|------------------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 496 | Anna        | Baldwin       | 99  | Fin | 06:19:15 | F | 45-49 | 18 | 102 |                              | 00:17:54 | 00:36:29 | 00:02:17 | 01:37:05 | 03:18:24 | 00:01:57 | 01:14:33 | 02:20:11 |
| 497 | Tracy       | Mistry        | 125 | Fin | 06:19:23 | F | 50-54 | 15 | 103 |                              | 00:16:26 | 00:33:13 | 00:02:52 | 01:37:07 | 03:13:12 | 00:03:15 | 01:09:57 | 02:26:52 |
| 498 | Simon       | Callaghan     | 648 | Fin | 06:21:04 | M | 50-54 | 62 | 366 |                              | 00:21:43 | 00:44:05 | 00:04:08 | 01:31:23 | 03:04:43 | 00:03:50 | 01:08:48 | 02:24:20 |
| 499 | Philip      | Scott         | 305 | Fin | 06:21:48 | M | 30-34 | 40 | 367 | BRAT                         | 00:18:25 | 00:36:00 | 00:03:13 | 01:36:47 | 03:23:31 | 00:01:55 | 01:04:53 | 02:17:11 |
| 500 | Rosie       | Hooper        | 12  | Fin | 06:22:29 | F | 25-29 | 13 | 104 |                              | 00:20:15 | 00:41:18 | 00:06:09 | 01:35:48 | 03:18:01 | 00:04:27 | 01:02:42 | 02:12:36 |
| 501 | Mark        | Anderson      | 665 | Fin | 06:23:02 | M | 55-59 | 26 | 368 |                              | 00:18:39 | 00:38:21 | 00:03:15 | 01:32:32 | 03:11:42 | 00:02:24 | 01:07:56 | 02:27:22 |
| 502 | Tom         | Dane          | 407 | Fin | 06:23:15 | M | 40-44 | 73 | 369 | East London Triathletes      | 00:17:22 | 00:36:10 | 00:05:26 | 01:45:00 | 03:38:49 | 00:05:46 | 00:57:32 | 01:57:05 |
| 503 | Sofie       | Cole          | 133 | Fin | 06:23:30 | F | 50-54 | 16 | 105 |                              | 00:18:32 | 00:37:39 | 00:03:57 | 01:37:29 | 03:18:46 | 00:03:19 | 01:06:42 | 02:19:52 |
| 504 | Rob         | Pearce        | 518 | Fin | 06:23:54 | M | 45-49 | 65 | 370 |                              | 00:28:27 | 00:57:02 | 00:05:29 | 01:30:26 | 03:08:30 | 00:03:27 | 01:02:04 | 02:09:28 |
| 505 | Jonathan    | Marques-Mayco | 318 | Fin | 06:24:22 | M | 35-39 | 55 | 371 |                              | 00:17:27 | 00:36:10 | 00:04:43 | 01:31:37 | 03:06:30 | 00:04:24 | 01:10:59 | 02:32:38 |
| 506 | Andy        | Nettleship    | 590 | Fin | 06:24:33 | M | 50-54 | 63 | 372 |                              | 00:22:03 | 00:44:31 | 00:07:21 | 01:34:50 | 03:17:08 | 00:05:31 | 01:01:31 | 02:10:03 |
| 507 | Alan        | Sheldon       | 540 | Fin | 06:24:38 | M | 45-49 | 66 | 373 |                              | 00:22:09 | 00:46:09 | 00:05:43 | 01:35:50 | 03:13:50 | 00:02:41 | 01:03:46 | 02:16:18 |
| 508 | Kelvin      | O'neil        | 172 | Fin | 06:27:00 | M | 60-64 | 8  | 374 | Spalding Tri                 | 00:18:26 | 00:38:28 | 00:05:04 | 01:33:22 | 03:05:28 | 00:03:32 | 01:11:33 | 02:34:30 |
| 509 | Stephen     | Barr          | 643 | Fin | 06:27:07 | M | 50-54 | 64 | 375 | Farnham Tri Club             | 00:20:48 | 00:42:36 | 00:04:16 | 01:37:50 | 03:16:47 | 00:02:42 | 01:09:58 | 02:20:49 |
| 510 | Graham      | Boswell       | 171 | Fin | 06:27:25 | M | 60-64 | 9  | 376 | Meridian Tri Club            | 00:28:14 | 01:00:02 | 00:09:15 | 01:30:57 | 03:05:58 | 00:06:14 | 01:01:27 | 02:05:59 |
| 511 | Mark        | Jarrett       | 550 | Fin | 06:27:26 | M | 45-49 | 67 | 377 | Burntwood Tri Club           | 00:19:27 | 00:41:34 | 00:04:41 | 01:32:53 | 03:11:51 | 00:04:17 | 01:10:36 | 02:25:05 |
| 512 | Kate        | Woodmansee    | 126 | Fin | 06:27:44 | F | 50-54 | 17 | 106 |                              | 00:22:10 | 00:44:22 | 00:04:37 | 01:44:57 | 03:29:08 | 00:06:36 | 01:01:10 | 02:03:03 |
| 513 | Richard     | Tunney        | 523 | Fin | 06:29:11 | M | 45-49 | 68 | 378 | Broxtowe Tri Club            | 00:18:56 | 00:41:00 |          |          |          |          | 01:06:04 | 02:15:58 |
| 514 | Christopher | Ellis         | 382 | Fin | 06:29:50 | M | 35-39 | 56 | 379 | Sheffield Tri Club           | 00:27:25 | 00:57:03 | 00:03:41 | 01:25:33 | 02:56:07 | 00:05:16 | 01:11:27 | 02:27:45 |
| 515 | Joanne      | Sinton Hewitt | 723 | Fin | 06:30:42 | F | 50-54 | 18 | 107 |                              | 00:23:46 | 00:49:57 | 00:04:54 | 01:36:39 | 03:17:45 | 00:03:40 | 01:05:57 | 02:14:28 |
| 516 | Helen       | Read          | 160 | Fin | 06:32:17 | F | 60-64 | 2  | 108 | Team Nagi                    | 00:18:37 | 00:39:02 | 00:03:58 | 01:38:26 | 03:21:37 | 00:02:55 | 01:06:31 | 02:24:46 |
| 517 | Natalie     | Warner        | 25  | Fin | 06:34:18 | F | 30-34 | 17 | 109 | Great Bentley Run Club       | 00:20:08 | 00:42:15 | 00:02:23 | 01:37:31 | 03:22:02 | 00:02:03 | 01:08:54 | 02:25:37 |
| 518 | Richard     | Gower         | 170 | Fin | 06:34:30 | M | 60-64 | 10 | 380 | Thames Turbo Tri Club        | 00:21:42 | 00:45:08 | 00:03:55 | 01:37:35 | 03:16:59 | 00:02:36 | 01:07:41 | 02:25:54 |
| 519 | David       | Hicks         | 524 | Fin | 06:35:07 | M | 45-49 | 69 | 381 |                              | 00:20:50 | 00:44:13 | 00:04:21 | 01:36:28 | 03:17:54 | 00:03:28 | 01:09:12 | 02:25:13 |
| 520 | Susan       | Henley        | 156 | Fin | 06:36:53 | F | 55-59 | 7  | 110 | Wvtri                        | 00:21:28 | 00:45:28 | 00:04:22 | 01:35:09 | 03:14:47 | 00:02:54 | 01:11:48 | 02:29:24 |
| 521 | Rebecca     | Pridham       | 98  | Fin | 06:38:53 | F | 45-49 | 19 | 111 | Stratford Upon Avon Tri Club | 00:22:16 | 00:46:30 | 00:04:11 | 01:39:00 | 03:30:08 | 00:04:03 | 01:00:34 | 02:14:04 |
| 522 | Clive       | Hooper        | 656 | Fin | 06:39:15 | M | 50-54 | 65 | 382 |                              | 00:19:17 | 00:40:58 | 00:06:15 | 01:38:30 | 03:19:33 | 00:03:15 | 01:10:08 | 02:29:17 |
| 523 | Frances     | Brandon       | 720 | Fin | 06:39:20 | F | 25-29 | 14 | 112 |                              | 00:16:36 | 00:34:19 | 00:05:36 | 01:43:54 | 03:35:55 | 00:06:41 | 01:06:03 | 02:16:50 |
| 524 | Mick        | Fells         | 640 | Fin | 06:39:28 | M | 50-54 | 66 | 383 | Doncaster Tri Club           | 00:23:49 | 00:48:54 | 00:04:33 | 01:35:24 | 03:18:32 | 00:03:53 | 01:04:40 | 02:23:38 |
| 525 | Lesley      | Kernaghan     | 161 | Fin | 06:41:52 | F | 65-69 | 1  | 113 | Berkshire Tri Squad          | 00:18:25 | 00:38:21 | 00:03:15 | 01:43:27 | 03:37:10 | 00:04:26 | 01:05:43 | 02:18:42 |
| 526 | Tim         | Fenton        | 655 | Fin | 06:42:47 | M | 50-54 | 67 | 384 | Do3                          | 00:21:37 | 00:44:02 | 00:05:56 | 01:40:43 | 03:30:18 | 00:03:11 | 01:02:52 | 02:19:23 |

|     |                |            |     |     |          |   |       |    |     |                           |          |          |          |          |          |          |          |          |
|-----|----------------|------------|-----|-----|----------|---|-------|----|-----|---------------------------|----------|----------|----------|----------|----------|----------|----------|----------|
| 527 | Richard        | Appleton   | 440 | Fin | 06:43:54 | M | 40-44 | 74 | 385 |                           | 00:22:30 | 00:46:00 | 00:06:11 | 01:35:16 | 03:12:41 | 00:02:14 | 01:13:22 | 02:36:49 |
| 528 | Joseph         | Gurman     | 217 | Fin | 06:44:25 | M | 18-24 | 13 | 386 |                           | 00:29:20 | 01:04:18 | 00:04:48 | 01:41:33 | 03:35:37 | 00:02:09 | 00:56:57 | 01:57:36 |
| 529 | Matt           | Durdell    | 422 | Fin | 06:45:26 | M | 40-44 | 75 | 387 | RAF Triathlon             | 00:22:42 | 00:49:08 | 00:04:33 | 01:31:36 | 03:13:16 | 00:01:39 | 01:14:43 | 02:36:53 |
| 530 | Matt           | Bray       | 480 | Fin | 06:46:02 | M | 45-49 | 70 | 388 | Burntwood Tri Club        | 00:21:35 | 00:44:33 | 00:04:53 | 01:34:14 | 03:21:05 | 00:03:31 | 01:12:15 | 02:32:02 |
| 531 | Paula          | Mccann     | 163 | Fin | 06:46:43 | F | 70-74 | 1  | 114 |                           | 00:21:15 | 00:45:35 | 00:04:32 | 01:40:20 | 03:25:09 | 00:04:09 | 01:11:29 | 02:27:20 |
| 532 | Dave           | Reilly     | 511 | Fin | 06:46:45 | M | 45-49 | 71 | 389 | Rochdale Tri              | 00:24:38 | 00:50:26 | 00:04:14 | 01:33:21 | 03:09:48 | 00:04:28 | 01:19:14 | 02:37:51 |
| 533 | Ruary          | Edmond     | 409 | Fin | 06:46:56 | M | 40-44 | 76 | 390 | Lincoln Tri               | 00:20:31 | 00:42:37 | 00:03:34 | 01:36:04 | 03:17:16 | 00:01:57 | 01:15:54 | 02:41:34 |
| 534 | Richard        | Painter    | 689 | Fin | 06:47:08 | M | 55-59 | 27 | 391 | Warley Wasps Tri          | 00:22:49 | 00:46:24 | 00:03:47 | 01:42:24 | 03:28:33 | 00:02:43 | 01:07:39 | 02:25:43 |
| 535 | Richard        | Watt       | 614 | Fin | 06:47:19 | M | 50-54 | 68 | 392 |                           | 00:21:17 | 00:43:36 | 00:04:30 | 01:32:54 | 03:42:40 | 00:02:49 | 01:01:36 | 02:13:45 |
| 536 | Clare          | Hirst      | 75  | Fin | 06:47:58 | F | 40-44 | 14 | 115 | East London Triathletes   | 00:22:40 | 00:46:11 | 00:04:35 | 01:43:44 | 03:26:39 | 00:08:33 | 01:09:41 | 02:22:02 |
| 537 | Peter          | Lowman     | 184 | Fin | 06:52:37 | M | 70-74 | 1  | 393 |                           | 00:24:00 | 00:50:23 | 00:04:37 | 01:37:19 | 03:20:41 | 00:04:34 | 01:11:29 | 02:32:25 |
| 538 | Kate           | Higham     | 70  | Fin | 06:53:45 | F | 40-44 | 15 | 116 |                           | 00:19:54 | 00:41:20 | 00:08:13 | 01:43:03 | 03:33:49 | 00:04:24 | 01:07:14 | 02:26:01 |
| 539 | Alex           | Langton    | 227 | Fin | 06:58:57 | M | 18-24 | 14 | 394 | Team Cherwell             | 00:18:31 | 00:38:31 | 00:04:20 | 01:51:13 | 03:53:19 | 00:03:24 | 01:06:43 | 02:19:25 |
| 540 | Mandy          | Ashton     | 154 | Fin | 06:59:23 | F | 55-59 | 8  | 117 | Doncaster Tri Club        | 00:20:32 | 00:42:36 | 00:04:57 | 01:40:19 | 03:26:51 | 00:05:10 | 01:16:08 | 02:39:50 |
| 541 | Jemma          | Redhead    | 90  | Fin | 07:12:15 | F | 40-44 | 16 | 118 | Kings Lynn Tri Club       | 00:22:21 | 00:45:27 | 00:02:55 | 01:41:18 | 03:30:26 | 00:04:28 | 01:22:29 | 02:49:01 |
| 542 | Marcus         | Hutchinson | 711 | Fin | 07:14:12 | M | 45-49 | 72 | 395 | East London Triathletes   | 00:23:16 | 00:48:39 | 00:04:34 | 01:53:21 | 03:45:05 | 00:05:47 | 01:08:18 | 02:30:09 |
| 543 | Val            | Lowman     | 162 | Fin | 07:18:35 | F | 65-69 | 2  | 119 |                           | 00:24:59 | 00:50:21 | 00:03:50 | 01:46:35 | 03:38:42 | 00:03:30 | 01:14:12 | 02:42:14 |
| 544 | Chris          | Bagnall    | 179 | Fin | 07:20:45 | M | 60-64 | 11 | 396 | Banbury Star              | 00:24:54 | 00:51:32 | 00:06:23 | 01:48:48 | 03:37:53 | 00:04:47 | 01:14:43 | 02:40:12 |
| 545 | Kimberleigh    | Smith      | 21  | Fin | 07:23:23 | F | 30-34 | 18 | 120 |                           | 00:18:30 | 00:39:11 | 00:02:38 | 01:51:45 | 03:55:09 | 00:03:29 | 01:19:24 | 02:42:58 |
| 546 | Marian         | Stredwick  | 121 | Fin | 07:24:49 | F | 50-54 | 19 | 121 |                           | 00:24:16 | 00:51:14 | 00:06:00 | 01:44:21 | 03:36:02 | 00:07:34 | 01:19:52 | 02:44:01 |
| 547 | Elizabeth Kate | Wilson     | 91  | Fin | 07:39:51 | F | 40-44 | 17 | 122 | Do3                       | 00:23:11 | 00:48:11 | 00:04:22 | 01:54:44 | 03:52:59 | 00:02:51 | 01:20:16 | 02:51:29 |
| 548 | Cara           | Rees       | 79  | Fin | 07:51:12 | F | 40-44 | 18 | 123 | Wvtri                     | 00:18:28 | 00:38:15 | 00:05:06 | 01:48:38 | 03:59:13 | 00:03:01 | 01:36:40 | 03:05:38 |
| 549 | Rose           | Fells      | 123 | Fin | 07:56:50 | F | 50-54 | 20 | 124 | Doncaster Tri Club        | 00:31:28 | 00:59:43 | 00:04:59 | 01:50:11 | 03:44:24 | 00:04:59 | 01:24:20 | 03:02:47 |
|     | Lisa           | Oxnard     | 52  | Fin | 08:23:15 | F | 35-39 | 20 | 125 |                           | 00:23:52 | 00:49:12 | 00:04:18 | 02:04:22 | 04:22:23 | 00:04:13 | 01:29:37 | 03:03:11 |
|     | Rob            | Riekie     | 684 | DQ  |          | M | 55-59 |    |     | Team MK                   | 00:19:41 | 00:39:57 | 00:02:28 | 01:18:38 | 02:39:39 | 00:01:13 | 00:46:52 | 01:36:20 |
|     | Dean           | Moy        | 671 | DQ  |          | M | 55-59 |    |     | Castle@Eight Alato Racing | 00:14:26 | 00:29:31 | 00:01:08 | 01:11:06 | 02:27:08 | 00:01:14 | 00:43:50 | 01:27:32 |
|     | Sean           | Bird       | 404 | DQ  |          | M | 40-44 |    |     | Team Kennet               | 00:19:41 | 00:42:05 | 00:05:11 | 01:32:19 | 02:56:45 | 00:02:31 | 00:54:24 | 01:56:06 |
|     | Marc           | Daigneault | 353 | DQ  |          | M | 35-39 |    |     |                           | 00:20:48 | 00:42:41 | 00:05:00 | 01:29:51 | 02:59:22 | 00:03:55 | 00:49:05 | 01:38:34 |
|     | Jean-Sebastien | Vecten     | 442 | DNF |          | M | 40-44 |    |     | Viceroy's                 | 00:20:06 | 00:42:43 | 00:02:48 | 01:19:27 | 02:40:13 | 00:03:52 |          |          |
|     | Marianne       | Clark      | 139 | DNF |          | F | 50-54 |    |     | Brighton Tri Club         | 00:17:15 | 00:35:59 | 00:02:09 | 01:16:46 | 02:35:45 | 00:01:52 | 01:11:46 |          |
|     | Rhiannon       | Needham    | 56  | DNF |          | F | 35-39 |    |     | Serpentine                | 00:25:03 | 00:51:50 | 00:05:36 |          |          |          |          |          |

