

Pos	Name	BIB	Stat	Time	Cat	M/F	C Pos	G Pos	PEN	Club	SwimLap	Swim	T1	BikeLap	Cycle	T2	RunLap	Run
1	George Goodwin	329	Fin	03:44:19	19-24	M	1	1		Zoot	00:12:45	00:26:21	00:01:19	01:00:15	02:01:49	00:01:28	00:36:11	01:13:19
2	Team Deller	297	Fin	03:57:20	Relay	M	1	2		Les Stables Tri Camps	00:12:27	00:25:42	00:00:56	01:11:09	02:16:32	00:00:42	00:36:05	01:13:25
3	James Phillips	341	Fin	03:57:56	19-24	M	2	3		Les Stables Tri Camps	00:13:30	00:28:17	00:01:05	01:08:03	02:12:21	00:01:14	00:36:30	01:14:58
4	Paul Lunn	675	Fin	04:02:05	45-49	M	1	4		PACTRAC	00:16:00	00:32:55	00:00:55	01:03:59	02:07:26	00:00:35	00:40:12	01:20:12
5	Simon George	495	Fin	04:02:11	35-39	M	1	5		Lincoln Tri Club/Giant Lincoln	00:13:28	00:28:06	00:01:15	01:04:03	02:10:46	00:00:50	00:40:07	01:21:11
6	Chris Goodfellow	515	Fin	04:04:02	35-39	M	2	6		Drag2Zero	00:14:24	00:30:04	00:01:09	01:02:19	02:06:53	00:01:11	00:42:01	01:24:43
7	Joe Banns	392	Fin	04:06:04	30-34	M	1	7			00:12:47	00:26:18	00:01:25	01:05:47	02:14:30	00:01:04	00:39:55	01:22:46
8	Team Murden	310	Fin	04:07:47	Relay	M	2	8		Oxford Tri	00:13:46	00:28:16	00:01:03	01:06:10	02:15:46	00:01:06	00:39:15	01:21:34
9	Marcus Mcdonald	571	Fin	04:08:11	40-44	M	1	9		Lichfield Tri	00:15:58	00:33:07	00:01:06	01:05:58	02:13:57	00:00:42	00:39:06	01:19:16
10	Richard Horton	955	Fin	04:08:21	19-24	M	3	10		Team Triumph	00:13:20	00:27:41	00:00:50	01:06:16	02:21:51	00:00:36	00:36:55	01:17:22
11	Graham Rands	481	Fin	04:08:33	35-39	M	3	11		Nat Fire Service / Man Tri Club	00:14:16	00:29:19	00:01:21	01:04:45	02:12:06	00:01:21	00:41:29	01:24:24
12	Rory Hunter	327	Fin	04:11:12	19-24	M	4	12		Arran Tri Club	00:14:14	00:29:44	00:01:33	01:12:59	02:20:29	00:01:09	00:39:17	01:18:16
13	Zachary Cooper	330	Fin	04:12:41	19-24	M	5	13		Athlete Lab	00:15:18	00:31:41	00:01:49	01:04:25	02:10:49	00:01:33	00:40:34	01:26:47
14	Robert Harrison	681	Fin	04:12:48	45-49	M	2	14		Monifieth Tri Club	00:16:24	00:33:42	00:01:03	01:07:09	02:13:43	00:00:54	00:40:36	01:23:23
15	Sam Coxon	350	Fin	04:13:16	25-29	M	1	15		Team Botrill	00:15:25	00:32:01	00:03:15	01:05:55	02:14:07	00:01:21	00:40:35	01:22:29
16	Ben Allon-Smith	340	Fin	04:14:25	19-24	M	6	16		Durham University Tri Club	00:16:39	00:34:18	00:01:34	01:06:21	02:14:28	00:01:29	00:41:07	01:22:33
17	Henry Sleight	376	Fin	04:14:47	25-29	M	2	17		www.drag2zero.co.uk	00:14:28	00:29:48	00:01:11	01:06:51	02:15:39	00:01:21	00:42:20	01:26:46
18	Nathaniel Walker	463	Fin	04:15:04	35-39	M	4	18		Leicester Tri Club	00:17:23	00:36:03	00:02:19	01:06:26	02:16:16	00:00:58	00:38:33	01:19:26
19	Richard Simkiss	428	Fin	04:15:27	30-34	M	2	19		Mccarkiss Endurance Project	00:16:43	00:35:31	00:02:03	01:11:50	02:18:36	00:01:45	00:38:04	01:17:29
20	Peter Hogben	349	Fin	04:16:48	25-29	M	3	20		Deal Tri Club	00:15:29	00:32:37	00:01:58	01:15:40	02:23:48	00:01:26	00:38:05	01:16:56
21	Steve Yates	851	Fin	04:17:00	50-54	M	1	21		Ride 24/7 Cirencester Tri	00:15:37	00:32:20	00:01:20	01:08:02	02:17:22	00:00:44	00:41:59	01:25:12
22	Nathan Veall	328	Fin	04:17:04	19-24	M	7	22		York Tri Club	00:16:21	00:33:34	00:01:29	01:05:50	02:16:46	00:01:12	00:40:54	01:24:02
23	Team Baggs	315	Fin	04:17:08	Relay	M	3	23		Les Stables Tri Camps	00:14:23	00:29:21	00:01:11	01:10:40	02:24:05	00:00:49	00:40:50	01:21:41
24	Richard Ashton	882	Fin	04:19:18	50-54	M	2	24		Team MK	00:15:39	00:32:47	00:01:52	01:10:42	02:24:26	00:00:54	00:39:28	01:19:17
25	Team Bibby	298	Fin	04:19:30	Relay	M	4	25			00:15:32	00:32:23	00:01:13	01:09:23	02:20:24	00:00:48	00:42:17	01:24:40
26	Alan Scott	486	Fin	04:19:43	35-39	M	5	26		Clapham Chasers	00:14:37	00:30:30	00:01:55	01:10:09	02:23:32	00:01:29	00:41:18	01:22:14
27	Craig Hamilton	478	Fin	04:20:02	35-39	M	6	27		Scottish Fire & Rescue Service	00:18:02	00:37:12	00:01:36	01:04:58	02:13:35	00:00:57	00:41:47	01:26:39
28	Gareth Petts	395	Fin	04:20:12	30-34	M	3	28		Team Oxygen Addict	00:17:11	00:36:02	00:02:47	01:05:32	02:13:52	00:01:23	00:44:35	01:26:07
29	George Ravenhall	335	Fin	04:20:54	19-24	M	8	29			00:17:55	00:37:24	00:02:00	01:09:38	02:18:26	00:01:26	00:40:12	01:21:35
30	Keith Garbutt	865	Fin	04:21:14	50-54	M	3	30			00:16:16	00:33:22	00:01:25	01:09:45	02:16:47	00:02:06	00:44:44	01:27:32
31	Martin Gore	957	Fin	04:21:48	35-39	M	7	31		Hartree Jets/LBFRS	00:15:17	00:31:31	00:01:07	01:11:06	02:24:31	00:01:03	00:40:52	01:23:34
32	Niall Rennie	333	Fin	04:22:01	19-24	M	9	32		Nottingham University Tri	00:14:38	00:30:29	00:01:44	01:10:04	02:22:59	00:00:57	00:41:44	01:25:50
33	Team Faux	299	Fin	04:22:20	Relay	M	5	33		Team Freespeed Virgin Active	00:16:52	00:34:34	00:01:20	01:09:25	02:21:31	00:01:03	00:41:27	01:23:50
34	Adam Norfolk	494	Fin	04:22:28	35-39	M	8	34		London Fire Brigade Tri Club	00:16:24	00:34:01	00:01:16	01:09:32	02:21:37	00:01:01	00:41:45	01:24:32
35	James CL Travers	414	Fin	04:22:40	30-34	M	4	35		Guernsey Tri Club	00:13:41	00:28:22	00:01:19	01:09:38	02:21:48	00:01:12	00:42:20	01:29:58
36	Doug Woollett	500	Fin	04:23:19	35-39	M	9	36		Oxford Tri	00:15:18	00:32:00	00:01:46	01:10:54	02:22:58	00:00:52	00:41:27	01:25:42
37	James Corlett	427	Fin	04:23:30	30-34	M	5	37		Icarus	00:17:05	00:35:16	00:02:00	01:04:55	02:11:18	00:01:26	00:45:27	01:33:27
38	Riccardo Composto	418	Fin	04:23:49	30-34	M	6	38		Clapham Chasers	00:15:00	00:31:20	00:01:19	01:11:53	02:24:19	00:00:58	00:42:15	01:25:51
39	Chris Carre	677	Fin	04:24:24	45-49	M	3	39		RAF Triathlon	00:18:23	00:37:54	00:03:12	01:10:12	02:22:50	00:00:44	00:38:39	01:19:42
40	Stephen Hobday	854	Fin	04:25:32	50-54	M	4	40		Belvoir Tri Club	00:15:23	00:31:53	00:00:48	01:09:40	02:21:13	00:00:58	00:44:20	01:30:37
41	Andrew Hynes	580	Fin	04:25:46	40-44	M	2	41		Manchester Tri Club	00:15:56	00:33:06	00:00:58	01:07:15	02:15:35	00:01:13	00:47:02	01:34:52
42	Mark Davis	956	Fin	04:26:02	55-59	M	1	42		Horsham Amphibians	00:16:55	00:34:06	00:01:27	01:06:30	02:16:38	00:01:16	00:46:07	01:32:32
43	Daryl Oguona	532	Fin	04:26:47	35-39	M	10	43		Tyne & Wear Fire And Rescue	00:17:03	00:34:47	00:02:23	01:09:45	02:16:51	00:01:39	00:43:47	01:31:06

359	Rodney Ebanks	638	Fin	05:29:10	40-44	M	51	308		Ealing Tri	00:19:07	00:39:21	00:02:38	01:25:30	02:53:33	00:03:12	00:53:31	01:50:24
360	Dave Ambler	276	Fin	05:29:17	60-64	M	4	309		Teme Valley Tri	00:19:26	00:39:36	00:02:54	01:21:31	02:45:15	00:04:09	00:57:10	01:57:21
361	Ian Isted	757	Fin	05:29:36	45-49	M	68	310			00:21:38	00:46:42	00:02:23	01:19:28	02:43:33	00:01:24	00:55:33	01:55:32
362	Howard Davis	216	Fin	05:29:54	55-59	M	24	311		Tri-Force	00:18:04	00:38:09	00:03:38	01:22:36	02:50:08	00:01:58	00:56:23	01:55:59
363	Jane Bell	212	Fin	05:29:59	55-59	F	1	52		Oxford Tri	00:17:42	00:36:13	00:03:16	01:25:09	02:57:30	00:02:08	00:53:24	01:50:49
364	Dale Ellis	705	Fin	05:30:53	45-49	M	69	312		Team Cherwell	00:22:58	00:48:12	00:04:18	01:29:49	02:58:48	00:05:59	00:46:19	01:33:33
365	Rebecca Horne	146	Fin	05:31:42	45-49	F	7	53		Tri-Anglia	00:19:01	00:39:05	00:03:12	01:26:12	02:57:06	00:02:00	00:52:52	01:50:16
366	Nathan Darby	674	Fin	05:31:43	45-49	M	70	313		BRAT	00:18:54	00:38:43	00:02:35	01:21:33	02:48:25	00:02:50	01:00:32	01:59:08
367	Nick Trim	403	Fin	05:31:47	30-34	M	27	314		Leicester Tri Club	00:20:10	00:44:18	00:03:04	01:21:17	02:43:54	00:01:51	00:54:57	01:58:38
368	James Martin	619	Fin	05:31:50	40-44	M	52	315			00:23:00	00:46:51	00:02:28	01:23:06	02:50:03	00:01:32	00:52:57	01:50:53
369	Andrew Pattinson	911	Fin	05:31:53	50-54	M	31	316		T3 Tadcaster Tri Team	00:20:17	00:41:33	00:02:48	01:25:48	02:47:01	00:01:23	00:59:23	01:59:06
370	Edward Collins	939	Fin	05:32:25	50-54	M	32	317		Hereford Tri Club	00:18:31	00:38:20	00:02:50	01:23:15	02:52:33	00:02:21	00:56:49	01:56:19
371	Daniel Langton	497	Fin	05:32:28	35-39	M	57	318		Met Police Tri Club	00:23:31	00:48:00	00:02:46	01:29:06	02:54:08	00:02:49	00:55:39	01:44:44
372	Phil Dack	915	Fin	05:32:35	50-54	M	33	319		4 Life Tri Club	00:18:18	00:37:40	00:03:42	01:18:56	02:43:16	00:01:29	01:00:17	02:06:25
373	Patrick Guest	405	Fin	05:32:45	30-34	M	28	320			00:19:48	00:41:40	00:03:16	01:24:16	02:51:13	00:02:17	00:53:44	01:54:17
374	Martyn Barmby	599	Fin	05:32:59	40-44	M	53	321		Windrush Tri Club	00:22:21	00:48:05	00:02:43	01:20:28	02:44:00	00:01:15	00:55:47	01:56:54
375	Alastair Mitchell	535	Fin	05:33:03	35-39	M	58	322			00:25:47	00:54:05	00:04:20	01:22:31	02:48:01	00:02:02	00:50:49	01:44:32
376	Gavin Edwards	652	Fin	05:33:05	40-44	M	54	323			00:18:35	00:39:49	00:04:39	01:22:10	02:47:28	00:02:25	00:53:47	01:58:42
377	Oliver Wood	363	Fin	05:33:07	25-29	M	17	324		Belvoir Tri Club	00:20:51	00:44:42	00:04:24	01:24:32	02:51:17	00:03:11	00:54:54	01:49:30
378	David Allen	717	Fin	05:33:21	45-49	M	71	325		Team MK	00:18:41	00:38:13	00:02:51	01:23:59	02:59:00	00:01:56	00:54:28	01:51:19
379	Matt Booth	359	Fin	05:33:25	25-29	M	18	326			00:19:14	00:39:47	00:03:01	01:27:29	02:54:22	00:02:48	00:52:07	01:53:26
380	Russell Tuffin	833	Fin	05:33:42	45-49	M	72	327		4 Life Tri Club	00:24:05	00:47:57	00:02:58	01:21:43	02:45:51	00:01:41	00:55:17	01:55:14
381	Rob Schooling	852	Fin	05:33:46	50-54	M	34	328			00:21:29	00:46:03	00:03:42	01:17:45	02:38:41	00:02:30	00:55:36	02:02:47
382	Richard Harris	824	Fin	05:34:02	45-49	M	73	329		Cr@p Tri	00:21:18	00:44:33	00:04:12	01:23:51	02:54:19	00:01:53	00:52:08	01:49:02
383	Boo Smith	203	Fin	05:34:02	55-59	F	2	54		Hillingdon Triathletes	00:21:34	00:45:57	00:03:18	01:26:35	02:53:06	00:02:02	00:54:51	01:49:38
384	Team Baxter	320	Fin	05:34:07	Relay	M	19	330		Bedford Harriers	00:19:27	00:40:10	00:03:36	01:30:08	03:02:38	00:00:56	00:51:22	01:46:46
385	Darren Connaghan	887	Fin	05:34:15	50-54	M	35	331		WeAreTri	00:18:17	00:38:18	00:02:50	01:22:01	02:46:44	00:01:05	00:57:12	02:05:16
386	Steve Clark	822	Fin	05:34:24	45-49	M	74	332			00:21:39	00:45:47	00:03:35	01:18:45	02:45:54	00:02:11	00:56:41	01:56:55
387	David Towey	559	Fin	05:34:32	40-44	M	55	333			00:17:19	00:36:46	00:01:44	01:22:29	02:51:12	00:01:27	01:01:07	02:03:21
388	Barry Marson	573	Fin	05:34:32	40-44	M	56	334			00:19:37	00:41:36	00:02:45	01:25:13	02:55:52	00:01:33	00:56:06	01:52:45
389	Sacha Trude	166	Fin	05:35:04	45-49	F	8	55		Bedford Harriers	00:18:45	00:39:19	00:03:03	01:27:27	02:52:03	00:02:05	00:58:01	01:58:32
390	Craig Ward	593	Fin	05:35:06	40-44	M	57	335		Wakefield Tri Club	00:19:47	00:40:35	00:03:13	01:23:31	02:53:48	00:01:39	00:57:44	01:55:49
391	Lee Kavanagh	423	Fin	05:35:09	30-34	M	29	336		LK Fitness	00:20:05	00:41:19	00:07:18	01:25:07	02:53:12	00:03:15	00:52:12	01:50:04
392	Oliver Lombard	383	Fin	05:35:39	25-29	M	19	337			00:22:41	00:49:01	00:02:34	01:21:44	02:47:14	00:01:34	00:56:11	01:55:13
393	Andy Garlick	409	Fin	05:35:46	30-34	M	30	338			00:16:38	00:34:31	00:03:02	01:30:47	03:06:11	00:01:57	00:52:06	01:50:02
394	Laurence Foote	588	Fin	05:36:19	40-44	M	58	339		P.S.O.F	00:19:38	00:42:15	00:02:43	01:23:31	02:49:42	00:01:48	00:55:41	01:59:49
395	Jenny Hunt	31	Fin	05:36:34	30-34	F	11	56		Ealing Tri	00:22:46	00:47:24	00:03:41	01:26:26	02:56:50	00:02:14	00:51:05	01:46:23
396	Garry Forfar	390	Fin	05:36:37	30-34	M	31	340		Edinburgh RC	00:20:58	00:44:32	00:02:45	01:30:34	03:00:03	00:02:42	00:49:32	01:46:33
397	Richard Mottram	736	Fin	05:36:56	45-49	M	75	341		Mansfield Tri Club	00:21:58	00:47:30	00:04:10	01:23:23	02:52:43	00:01:30	00:54:16	01:51:01
398	Ian Spencer	676	Fin	05:36:57	45-49	M	76	342		T3 Tadcaster Tri Team	00:19:27	00:40:11	00:02:09	01:24:59	02:52:34	00:01:34	00:57:57	02:00:27
399	Dom Krzanicki	489	Fin	05:37:05	35-39	M	59	343			00:21:59	00:47:14	00:03:09	01:24:08	02:44:54	00:02:00	00:57:26	01:59:46
400	Andrew Kennedy	258	Fin	05:37:12	55-59	M	25	344			00:20:28	00:42:27	00:05:16	01:29:54	02:56:17	00:02:28	00:53:42	01:50:41
401	Stephen Robinson	574	Fin	05:37:35	40-44	M	59	345			00:20:08	00:43:56	00:05:00	01:20:53	02:47:11	00:01:21	01:00:21	02:00:05
402	Mike Catley	624	Fin	05:37:41	40-44	M	60	346	+00:05:00	53Eleven	00:20:36	00:42:55	00:03:40	01:19:24	02:39:31	00:02:36	00:59:46	02:03:57
403	Edward Chadwick	769	Fin	05:37:53	45-49	M	77	347		Kings Tri	00:22:06	00:47:32	00:04:06	01:20:18	02:37:13	00:02:31	00:59:59	02:06:28

404	Adrian Barrell	895	Fin	05:38:06	50-54	M	36	348		Broxtowe Tri Club	00:19:30	00:39:54	00:03:56	01:32:52	03:00:11	00:01:38	00:56:59	01:52:25
405	David Bremner	931	Fin	05:38:11	50-54	M	37	349			00:22:46	00:49:33	00:06:03	01:23:50	02:51:52	00:02:16	00:52:20	01:48:25
406	Tim Lennox	606	Fin	05:38:19	40-44	M	61	350			00:22:30	00:48:06	00:04:10	01:27:24	02:56:53	00:01:52	00:52:19	01:47:16
407	Andrew Robertson	656	Fin	05:38:20	40-44	M	62	351			00:19:20	00:40:23	00:02:58	01:26:51	02:59:16	00:02:20	00:54:22	01:53:22
408	Alistair Hallifax	811	Fin	05:38:37	45-49	M	78	352		Rutland Running And Tri Club	00:25:19	00:52:05	00:03:25	01:25:25	02:52:44	00:02:25	00:53:18	01:47:56
409	Nicola Goodwin	114	Fin	05:38:52	40-44	F	12	57		Hereford Tri Club	00:16:35	00:34:27	00:02:29	01:26:05	02:55:21	00:02:25	01:00:28	02:04:08
410	Mark Taylor	629	Fin	05:38:53	40-44	M	63	353			00:22:59	00:48:53	00:02:37	01:25:51	02:56:26	00:01:23	00:53:24	01:49:32
411	Team Kovacs	318	Fin	05:38:54	Relay	M	20	354		Bedford Harriers	00:21:24	00:44:34	00:01:27	01:27:33	03:00:50	00:01:18	00:54:19	01:50:43
412	Kenneth Laidlaw	778	Fin	05:38:58	45-49	M	79	355		Perth Tri Club	00:19:24	00:40:14	00:03:34	01:23:28	02:51:17	00:02:29	00:59:57	02:01:21
413	Lynden Demaine	627	Fin	05:39:12	40-44	M	64	356			00:19:51	00:40:17	00:02:15	01:25:41	02:57:56	00:01:45	00:57:17	01:56:57
414	Thomas Booth	382	Fin	05:39:12	25-29	M	20	357			00:21:31	00:44:08	00:03:54	01:24:53	02:55:29	00:02:35	00:54:27	01:53:03
415	Simon Long	431	Fin	05:39:13	30-34	M	32	358		Clapham Chasers	00:19:22	00:40:59	00:03:08	01:30:33	03:14:12	00:02:07	00:45:08	01:38:46
416	Maxine Emes	57	Fin	05:39:28	35-39	F	11	58		North Cotswold Tri & Run	00:15:46	00:32:18	00:02:34	01:28:40	03:01:34	00:01:57	00:58:15	02:01:04
417	Dave Loughlin	412	Fin	05:39:44	30-34	M	33	359			00:20:17	00:42:20	00:04:59	01:23:50	02:47:17	00:01:57	00:59:01	02:03:08
418	Peter Evans	922	Fin	05:39:46	50-54	M	38	360			00:22:05	00:45:30	00:04:20	01:24:20	02:46:14	00:02:40	00:54:51	02:00:59
419	Steve Rice	935	Fin	05:39:53	50-54	M	39	361		Bedford Harriers	00:20:02	00:42:55	00:03:36	01:30:13	02:57:08	00:01:59	00:55:04	01:54:14
420	Bhavin Patel	863	Fin	05:40:12	50-54	M	40	362			00:20:46	00:43:51	00:05:34	01:24:45	02:53:50	00:02:53	00:56:19	01:54:02
421	Samantha Tophill	185	Fin	05:40:27	50-54	F	5	59		Team Trident	00:21:57	00:44:37	00:03:04	01:24:07	02:55:09	00:02:02	00:58:00	01:55:32
422	Alexandra Hewett	53	Fin	05:40:39	35-39	F	12	60		Ealing Tri	00:18:06	00:37:52	00:02:12	01:29:12	03:03:03	00:01:57	00:55:25	01:55:34
423	Mark Reynolds	650	Fin	05:40:41	40-44	M	65	363			00:19:16	00:41:00	00:03:53	01:28:40	02:52:25	00:02:22	00:58:24	02:00:58
424	Simon King	678	Fin	05:40:45	45-49	M	80	364			00:21:39	00:45:36	00:02:22	01:23:19	02:52:45	00:02:12	00:58:17	01:57:48
425	Andrew Stephen	614	Fin	05:40:57	40-44	M	66	365		Woking Racestrong Tri Club	00:20:20	00:43:52	00:03:28	01:29:02	02:55:38	00:02:21	00:55:33	01:55:38
426	Nicola Rouse	147	Fin	05:40:59	45-49	F	9	61		GreenlightPT	00:20:12	00:41:30	00:02:32	01:24:40	02:53:28	00:02:01	01:00:26	02:01:26
427	Eamon Deighan	876	Fin	05:41:09	50-54	M	41	366		Boxfit Tri	00:25:36	00:57:18	00:08:14	01:29:25	02:54:38	00:03:54	00:46:50	01:37:03
428	Thomas Jarrett	631	Fin	05:41:09	40-44	M	67	367		Ipswich Tri Club	00:22:47	00:47:33	00:04:28	01:26:30	02:58:13	00:05:09	00:49:51	01:45:44
429	Martin Towers	473	Fin	05:41:12	35-39	M	60	368		Mark White Coaching RT	00:21:57	00:43:45	00:02:46	01:25:01	02:53:56	00:01:58	00:55:39	01:58:45
430	Rob Ashby	889	Fin	05:41:39	50-54	M	42	369			00:21:18	00:44:55	00:04:05	01:27:42	02:58:17	00:02:05	00:53:58	01:52:15
431	Neil Hall	785	Fin	05:41:51	45-49	M	81	370		Lincsquad	00:21:22	00:42:35	00:02:44	01:22:32	02:48:23	00:01:24	01:01:29	02:06:44
432	Toni Saunders	173	Fin	05:42:02	45-49	F	10	62			00:17:59	00:37:15	00:04:13	01:24:21	02:52:37	00:05:11	01:00:50	02:02:44
433	James Lyons	615	Fin	05:42:04	40-44	M	68	371			00:18:43	00:39:12	00:03:21	01:24:08	02:56:00	00:01:31	00:55:42	02:01:58
434	Sarah Bakewell	23	Fin	05:42:17	30-34	F	12	63		BRAT	00:16:50	00:35:30	00:02:44	01:27:50	02:59:57	00:02:14	00:59:24	02:01:50
435	Marina Lobato	30	Fin	05:42:39	30-34	F	13	64			00:20:42	00:43:26	00:03:07	01:25:43	02:53:28	00:01:59	00:59:33	02:00:38
436	Dave Schindler	484	Fin	05:42:39	35-39	M	61	372		Tri Sudbury	00:20:45	00:42:54	00:02:44	01:20:48	02:44:48	00:03:10	01:01:31	02:09:02
437	Richard Hales	979	Fin	05:42:40	35-39	M	62	373			00:23:27	00:50:33	00:03:27	01:25:17	02:56:44	00:02:18	00:53:01	01:49:37
438	Stuart Pender	905	Fin	05:43:12	50-54	M	43	374		NYP Tri	00:20:43	00:43:45	00:02:49	01:27:26	03:00:09	00:01:35	00:55:08	01:54:51
439	James Dunning	352	Fin	05:43:37	25-29	M	21	375			00:20:20	00:42:08	00:03:39	01:28:13	03:01:19	00:02:53	00:55:27	01:53:36
440	Emma Wrath	11	Fin	05:43:49	25-29	F	9	65			00:18:47	00:38:52	00:02:53	01:32:13	03:10:39	00:01:48	00:53:18	01:49:35
441	Lee Skidmore	768	Fin	05:44:00	45-49	M	82	376		Havering Tri	00:22:43	00:47:01	00:06:25	01:28:10	03:01:05	00:02:31	00:52:47	01:46:55
442	Scott Waddell	765	Fin	05:44:26	45-49	M	83	377		Oxford Tri	00:25:28	00:55:20	00:04:49	01:20:28	02:43:21	00:02:27	00:55:52	01:58:27
443	Matthew Gough	819	Fin	05:44:30	45-49	M	84	378			00:23:08	00:48:54	00:04:36	01:26:55	02:56:50	00:02:05	00:53:02	01:52:03
444	Ben Greenhalgh	936	Fin	05:44:31	50-54	M	44	379		Pedalsports	00:21:06	00:45:37	00:02:28	01:22:05	02:48:53	00:01:40	01:01:36	02:05:50
445	Debbie Rookes	174	Fin	05:44:36	45-49	F	11	66		3xTri	00:21:05	00:41:59	00:04:03	01:27:08	03:00:37	00:02:08	00:55:10	01:55:48
446	Sophie Davies	58	Fin	05:44:54	35-39	F	13	67		Belvoir Tri Club	00:22:12	00:45:44	00:04:06	01:30:41	03:02:59	00:02:38	00:53:28	01:49:24
447	Team Poncia	303	Fin	05:45:03	Relay	M	21	380		Tri Not To Die	00:23:38	00:50:50	00:01:25	01:30:03	03:06:29	00:01:11	00:50:09	01:45:06
448	Christopher West	950	Fin	05:45:04	50-54	M	45	381		Meynell Valley Hunters	00:26:14	00:51:22	00:02:56	01:28:18	03:00:46	00:01:51	00:52:35	01:48:06

449	Vicki Bale	204	Fin	05:45:17	55-59	F	3	68		Wrekinsport	00:18:58	00:39:15	00:05:38	01:24:24	02:54:31	00:03:03	00:59:07	02:02:47
450	Lucy Saxelby	94	Fin	05:45:26	40-44	F	13	69		TFN Tri Club	00:20:15	00:41:47	00:02:52	01:26:11	02:58:30	00:01:57	00:58:17	02:00:18
451	Chris Browne	449	Fin	05:45:29	35-39	M	63	382			00:23:45	00:50:44	00:04:25	01:26:39	02:58:42	00:02:20	00:56:50	01:49:16
452	Richard Collier	664	Fin	05:46:20	40-44	M	69	383			00:18:40	00:38:13	00:04:10	01:21:59	02:49:15	00:02:21	01:02:02	02:12:19
453	Anna Smithson	43	Fin	05:46:36	30-34	F	14	70		Oxford Tri	00:19:35	00:40:57	00:02:44	01:25:40	02:53:52	00:01:34	00:57:10	02:07:29
454	Karen Hopwood	161	Fin	05:46:38	45-49	F	12	71			00:23:19	00:48:51	00:03:08	01:30:04	03:08:10	00:01:42	00:49:59	01:44:46
455	Katy Toms	122	Fin	05:46:41	40-44	F	14	72		Tri Team Wessex	00:21:06	00:43:50	00:03:41	01:21:23	02:46:59	00:02:13	01:03:34	02:09:56
456	Christopher Fitzpatrick	704	Fin	05:47:28	45-49	M	85	384		Lincoln Tri Club	00:19:31	00:41:31	00:05:04	01:26:30	02:55:57	00:03:55	00:58:53	02:00:58
457	Ian Hayman	881	Fin	05:47:42	50-54	M	46	385		Hot Chillii Tri	00:18:16	00:37:30	00:03:08	01:27:11	02:57:16	00:01:53	01:01:29	02:07:53
458	Nicola Conner	160	Fin	05:48:01	45-49	F	13	73			00:18:55	00:39:02	00:04:13	01:27:01	03:03:39	00:02:18	00:57:58	01:58:47
459	Ian Smith	797	Fin	05:48:17	45-49	M	86	386			00:22:57	00:47:36	00:04:06	01:30:14	03:03:46	00:01:39	00:50:34	01:51:08
460	Emma Tease	63	Fin	05:48:20	35-39	F	14	74		Hatric	00:20:19	00:41:17	00:02:39	01:28:29	02:59:41	00:04:20	00:58:37	02:00:21
461	Ivan Greaves	633	Fin	05:48:47	40-44	M	70	387		Perth Tri Club	00:19:30	00:40:41	00:04:23	01:21:48	02:46:16	00:02:05	01:06:02	02:15:21
462	Steve Pepper	241	Fin	05:48:51	55-59	M	26	388		Belper 10:20	00:20:48	00:43:29	00:06:19	01:25:34	02:53:00	00:02:05	00:58:29	02:03:56
463	Amy Hackett-Jones	79	Fin	05:48:52	35-39	F	15	75			00:18:05	00:37:54	00:04:34	01:28:02	03:00:29	00:03:58	00:59:34	02:01:54
464	Derek Jones	906	Fin	05:49:01	50-54	M	47	389		Sleaford Tri3 Tri Club	00:18:25	00:37:35	00:01:38	01:23:31	02:52:22	00:01:39	01:03:16	02:15:45
465	Tina Southgate	85	Fin	05:49:35	40-44	F	15	76		Born2Tri	00:23:00	00:47:32	00:04:04	01:28:18	02:59:21	00:03:00	00:56:02	01:55:36
466	Rachel Pearsons	121	Fin	05:49:39	40-44	F	16	77		Witham Running Club	00:23:08	00:47:51	00:03:43	01:25:21	02:53:32	00:02:36	00:58:18	02:01:55
467	Michael Earley	940	Fin	05:49:40	50-54	M	48	390		Oxford Tri	00:23:35	00:50:58	00:05:55	01:24:29	02:55:12	00:03:25	00:53:18	01:54:07
468	Mark Plume	587	Fin	05:49:45	40-44	M	71	391		VO2 Maximum RT	00:20:34	00:42:38	00:03:53	01:26:55	02:59:25	00:04:44	00:57:56	01:59:03
469	Simon Smith	752	Fin	05:49:47	45-49	M	87	392			00:19:24	00:39:48	00:04:10	01:32:50	03:10:42	00:02:43	00:56:05	01:52:22
470	Stephen Thornley	721	Fin	05:49:55	45-49	M	88	393			00:21:45	00:46:51	00:03:41	01:19:40	02:46:58	00:02:20	01:01:53	02:10:03
471	Gillian Peck	182	Fin	05:50:18	50-54	F	6	78		BRJ Run & Tri	00:21:50	00:45:16	00:02:53	01:28:06	03:04:59	00:02:13	00:55:23	01:54:55
472	Chris Garrett	521	Fin	05:50:32	35-39	M	64	394			00:22:42	00:47:27	00:03:50	01:32:40	03:01:24	00:02:49	00:52:46	01:55:00
473	Joon Wee Ho	425	Fin	05:50:48	30-34	M	34	395		Leicester Tri Club	00:24:07	00:51:37	00:04:37	01:25:44	03:00:04	00:02:29	00:53:19	01:52:00
474	Alan Howard	756	Fin	05:50:49	45-49	M	89	396			00:19:22	00:41:17	00:03:19	01:29:53	03:08:39	00:02:25	00:53:22	01:55:07
475	Christopher Spinks	873	Fin	05:50:53	50-54	M	49	397		Humberside Fire And Rescue	00:22:52	00:46:25	00:03:47	01:21:05	02:48:36	00:02:01	00:58:24	02:10:02
476	Kimberly Mangleshot	960	Fin	05:50:54	45-49	F	14	79		Hoddesdon Tri	00:22:53	00:47:06	00:03:04	01:25:10	02:55:17	00:02:20	00:59:41	02:03:05
477	Robert Hall	552	Fin	05:50:57	40-44	M	72	398			00:25:03	00:54:30	00:03:14	01:23:59	02:52:23	00:03:11	00:53:52	01:57:36
478	Daniel Smith	455	Fin	05:51:31	35-39	M	65	399			00:19:08	00:39:03	00:02:33	01:30:22	03:07:44	00:02:47	00:58:54	01:59:22
479	Graham Smith	841	Fin	05:52:00	50-54	M	50	400		Derby Tri Club	00:20:39	00:45:54	00:02:14	01:21:31	02:46:55	00:02:29	01:03:57	02:14:26
480	Charles Broughton	653	Fin	05:52:00	40-44	M	73	401			00:20:22	00:42:00	00:04:40	01:38:15	03:10:10	00:01:30	00:55:38	01:53:38
481	Antony Wells	858	Fin	05:52:03	50-54	M	51	402		Boxfit Tri	00:21:01	00:44:59	00:04:31	01:28:21	03:04:21	00:02:23	00:56:17	01:55:46
482	Clare Cotterill	88	Fin	05:52:10	40-44	F	17	80		SyTri	00:20:25	00:41:52	00:04:08	01:28:14	02:59:00	00:02:41	00:58:53	02:04:28
483	Brian Simmons	750	Fin	05:52:26	45-49	M	90	403		The Mighty Tri	00:26:51	00:54:38	00:05:54	01:26:42	02:56:59	00:02:43	00:55:21	01:52:09
484	Julian Murray	707	Fin	05:52:30	45-49	M	91	404		Harrogate Tri Club	00:20:17	00:42:18	00:04:10	01:21:49	02:54:42	00:02:39	00:59:09	02:08:38
485	Robert Parle	446	Fin	05:53:18	35-39	M	66	405		Oxford Tri	00:21:47	00:45:46	00:06:06	01:43:52	03:11:46	00:02:18	00:50:58	01:47:20
486	Peter Ritchie	411	Fin	05:53:27	30-34	M	35	406		Derby Tri Club	00:18:32	00:38:38	00:06:59	01:27:06	02:56:13	00:02:58	01:02:08	02:08:38
487	Jennifer Seager	86	Fin	05:53:33	40-44	F	18	81		Stafford Tri Club	00:17:23	00:34:54	00:02:16	01:23:55	02:50:58	00:03:28	01:04:44	02:21:55
488	Michael Nisbett	891	Fin	05:53:35	50-54	M	52	407			00:24:41	00:51:00	00:03:41	01:28:52	03:00:50	00:02:14	00:58:35	01:55:47
489	Brian Henderson	794	Fin	05:53:49	45-49	M	92	408		North Norfolk TRI	00:19:46	00:40:46	00:03:42	01:26:20	02:58:07	00:03:48	00:58:35	02:07:25
490	Illa Pearson	59	Fin	05:54:27	35-39	F	16	82		Team Cherwell	00:20:23	00:41:49	00:03:26	01:31:36	03:08:19	00:02:33	00:55:35	01:58:19
491	Paul Griffin	410	Fin	05:54:28	30-34	M	36	409			00:21:11	00:46:21	00:05:34	01:30:39	03:08:37	00:02:21	00:53:57	01:51:34
492	Robert Deffley	567	Fin	05:54:28	40-44	M	74	410	+00:05:00		00:18:14	00:37:30	00:03:20	01:29:05	03:03:28	00:01:44	00:59:07	02:03:24
493	Simon Deller	601	Fin	05:54:36	40-44	M	75	411			00:22:50	00:47:47	00:02:02	01:23:03	02:55:53	00:01:48	01:03:39	02:07:04

494	Zoe Lester	18	Fin	05:54:36	25-29	F	10	83		Army Triathlon Association	00:19:13	00:40:09	00:02:46	01:34:13	03:13:29	00:02:14	00:53:33	01:55:56
495	Danny Attias	581	Fin	05:54:56	40-44	M	76	412		Hillingdon Triathletes	00:19:12	00:40:38	00:04:12	01:26:22	03:02:03	00:01:22	00:58:41	02:06:39
496	Charlie Langhorne	930	Fin	05:54:58	50-54	M	53	413			00:19:09	00:40:21	00:05:37	01:19:02	02:40:47	00:02:04	01:06:07	02:26:08
497	Andrew Chalmers	583	Fin	05:54:59	40-44	M	77	414			00:18:15	00:38:15	00:03:18	01:27:07	03:00:12	00:01:52	01:02:17	02:11:20
498	Alex Carolan	647	Fin	05:55:33	40-44	M	78	415		North Devon Tri	00:17:37	00:36:32	00:05:39	01:28:35	03:00:56	00:02:35	01:01:16	02:09:48
499	Russell Rowland	855	Fin	05:55:49	50-54	M	54	416			00:20:21	00:41:49	00:03:12	01:31:19	02:56:38	00:01:38	01:02:18	02:12:31
500	Nina Tomlin	51	Fin	05:55:54	35-39	F	17	84		Edinburgh RC	00:20:41	00:41:50	00:03:49	01:29:31	03:02:50	00:02:44	01:01:35	02:04:39
501	Martin Cunningham	799	Fin	05:56:36	45-49	M	93	417		NYP Tri	00:19:04	00:39:37	00:03:49	01:21:43	02:48:18	00:03:00	01:04:17	02:21:49
502	Steven Fleet	661	Fin	05:56:57	40-44	M	79	418			00:18:30	00:38:02	00:06:37	01:33:27	03:15:14	00:03:32	00:54:36	01:53:29
503	Pasco Warner	533	Fin	05:57:06	35-39	M	67	419			00:18:48	00:39:25	00:03:24	01:25:24	02:56:23	00:02:25	01:05:03	02:15:28
504	Edward Jones	358	Fin	05:57:09	25-29	M	22	420		TFN Tri Club	00:19:11	00:40:29	00:04:15	01:29:56	03:01:29	00:02:33	00:59:43	02:08:20
505	Alex Rothwell	248	Fin	05:57:22	55-59	M	27	421		Bedford Harriers	00:20:04	00:41:31	00:04:12	01:33:12	03:01:18	00:03:45	01:00:52	02:06:35
506	Team Saunders	305	Fin	05:57:29	Relay	M	22	422		Higham Wolves	00:26:29	00:55:45	00:01:29	01:26:52	03:06:09	00:01:23	00:56:45	01:52:42
507	Andrew Wilkins	429	Fin	05:57:36	30-34	M	37	423		Leicester Tri Club	00:21:45	00:46:22	00:02:24	01:28:42	02:54:22	00:02:18	01:06:59	02:12:08
508	Christopher Jackson	657	Fin	05:58:03	40-44	M	80	424		Lincsquad	00:19:04	00:40:09	00:02:49	01:23:22	02:55:54	00:01:53	01:02:45	02:17:16
509	Louise Alexander	83	Fin	05:58:10	40-44	F	19	85			00:22:40	00:47:18	00:04:09	01:27:45	02:59:28	00:02:42	01:00:16	02:04:31
510	Karen Eaton	163	Fin	05:58:30	45-49	F	15	86		Performancecoaching.Me	00:26:05	00:52:46	00:03:33	01:24:01	02:50:10	00:02:16	01:01:12	02:09:44
511	Justin Mccormick	679	Fin	05:58:43	45-49	M	94	425			00:21:24	00:43:51	00:02:46	01:23:06	02:52:35	00:03:03	01:02:37	02:16:26
512	Chris Clarke	367	Fin	05:58:54	25-29	M	23	426			00:16:58	00:35:33	00:05:03	01:41:03	03:17:56	00:06:54	00:54:45	01:53:26
513	Susan Smith	167	Fin	05:59:05	45-49	F	16	87		Long Eaton Tri Club	00:22:46	00:47:19	00:04:13	01:32:00	03:05:31	00:02:36	00:55:48	01:59:24
514	Tim Cleary	594	Fin	05:59:54	40-44	M	81	427			00:21:54	00:49:26	00:06:22	01:31:11	03:11:21	00:04:02	00:52:39	01:48:40
515	Katie-Anne Birch	1	Fin	05:59:54	19-24	F	2	88		Team Cherwell	00:18:06	00:38:19	00:03:20	01:27:51	03:03:12	00:01:41	01:03:50	02:13:21
516	Charlie Reading	557	Fin	06:00:10	40-44	M	82	428			00:22:07	00:48:30	00:05:09	01:28:56	03:02:47	00:03:35	00:57:36	02:00:07
517	Lisa Stone	155	Fin	06:00:14	45-49	F	17	89		Fleckney & Kibworth AC	00:16:02	00:33:24	00:04:49	01:37:18	03:26:32	00:02:08	00:54:11	01:53:19
518	Simon King	273	Fin	06:00:25	60-64	M	5	429		Bedford Harriers	00:21:55	00:45:15	00:06:26	01:37:00	03:13:30	00:03:19	00:55:09	01:51:52
519	James Belchamber	569	Fin	06:00:28	40-44	M	83	430			00:18:33	00:39:37	00:05:35	01:35:08	03:20:14	00:02:01	00:55:21	01:52:59
520	Richard Holdsworth	827	Fin	06:00:37	45-49	M	95	431			00:21:44	00:44:53	00:05:50	01:27:48	03:00:27	00:02:34	01:00:39	02:06:50
521	Sean Houghton	572	Fin	06:00:38	40-44	M	84	432			00:27:51	00:58:00	00:04:44	01:22:57	02:49:25	00:04:41	01:00:41	02:03:47
522	Mark Bonham-Carter	713	Fin	06:01:02	45-49	M	96	433			00:19:10	00:41:02	00:04:39	01:30:04	03:08:13	00:04:50	00:59:37	02:02:16
523	Sarah Percival	199	Fin	06:01:23	50-54	F	7	90		Ealing Tri	00:20:57	00:43:16	00:03:58	01:25:11	02:57:15	00:02:56	01:02:41	02:13:55
524	Tim Matthews	945	Fin	06:01:24	50-54	M	55	434		Durham Tri Club	00:26:30	00:55:57	00:04:17	01:32:45	03:01:38	00:02:30	00:58:31	01:56:59
525	Jo Patrick	115	Fin	06:01:29	40-44	F	20	91		Sleaford Tri3 Tri Club	00:17:42	00:36:34	00:03:06	01:32:47	03:15:17	00:02:10	00:59:22	02:04:20
526	James Tate	611	Fin	06:01:29	40-44	M	85	435			00:20:29	00:42:18	00:05:23	01:27:56	03:05:10	00:03:05	01:00:52	02:05:30
527	Teresa Talbott	120	Fin	06:01:41	40-44	F	21	92		Coalville Tri Club	00:18:50	00:38:44	00:04:37	01:34:48	03:11:07	00:04:07	01:01:08	02:03:04
528	Nick Hall	710	Fin	06:01:56	45-49	M	97	436			00:23:50	00:49:20	00:04:46	01:30:43	03:00:48	00:02:42	00:57:34	02:04:18
529	Debi Coles	164	Fin	06:02:00	45-49	F	18	93		Team Cherwell	00:24:16	00:47:55	00:03:44	01:33:37	03:10:27	00:02:45	00:57:49	01:57:07
530	Ashley Weller	607	Fin	06:02:12	40-44	M	86	437		PACTRAC	00:20:24	00:42:32	00:03:32	01:27:47	03:01:11	00:01:45	01:00:56	02:13:10
531	Helen Cooke	32	Fin	06:02:31	30-34	F	15	94			00:22:03	00:45:18	00:04:00	01:29:49	03:07:14	00:03:04	01:00:39	02:02:52
532	Benja Hedley	555	Fin	06:03:04	40-44	M	87	438			00:21:26	00:46:05	00:06:09	01:33:23	03:09:02	00:02:56	00:57:24	01:58:49
533	Andrew Emsley	886	Fin	06:03:08	50-54	M	56	439		NYP Tri	00:18:14	00:38:08	00:02:26	01:31:16	03:06:08	00:01:25	01:02:23	02:14:58
534	Simon Turner	860	Fin	06:03:24	50-54	M	57	440		Humberside Fire And Rescue	00:22:31	00:48:13	00:07:21	01:30:08	03:02:39	00:03:19	00:58:27	02:01:50
535	Sarah Guignard	140	Fin	06:03:37	45-49	F	19	95			00:21:03	00:43:37	00:03:19	01:33:49	03:10:52	00:02:14	01:00:28	02:03:31
536	Neil Cobley	554	Fin	06:04:04	40-44	M	88	441		Barrow Runners	00:23:16	00:50:27	00:05:12	01:34:40	03:14:15	00:02:13	00:55:24	01:51:56
537	Anne Wilson	69	Fin	06:04:14	35-39	F	18	96		Durham Tri Club	00:22:29	00:46:58	00:03:52	01:30:32	03:08:14	00:04:00	00:58:09	02:01:09
538	Jon Durrant	929	Fin	06:04:30	50-54	M	58	442		Oxford Tri	00:20:34	00:43:17	00:06:20	01:28:57	03:04:23	00:02:37	00:59:43	02:07:51

539	Team Varga	301	Fin	06:04:37	Relay	M	23	443		Team Beasts	00:28:22	00:59:03	00:01:41	01:32:30	03:16:28	00:01:22	00:50:53	01:46:01
540	Paul Chandler	920	Fin	06:04:41	50-54	M	59	444			00:30:49	01:04:35	00:06:42	01:15:58	02:41:51	00:04:24	01:01:28	02:07:06
541	Wayne Faithfull	709	Fin	06:04:42	45-49	M	98	445		Hillingdon Triathletes	00:25:26	00:51:29	00:03:11	01:25:11	02:55:08	00:02:11	00:58:47	02:12:41
542	Richard Cunningham	579	Fin	06:05:05	40-44	M	89	446		NYP Tri	00:23:38	00:50:09	00:03:42	01:21:45	02:53:00	00:03:43	01:03:07	02:14:29
543	Jen Palmer	92	Fin	06:05:17	40-44	F	22	97		4 Life Tri Club	00:18:44	00:38:58	00:03:49	01:38:29	03:20:06	00:02:36	00:57:58	01:59:45
544	Alan Dennis	589	Fin	06:05:24	40-44	M	90	447			00:20:09	00:42:43	00:04:56	01:25:38	03:01:07	00:02:42	01:03:32	02:13:53
545	Simon Osborne	853	Fin	06:05:40	50-54	M	60	448		Race Hub	00:20:18	00:42:49	00:02:19	01:31:12	03:10:58	00:02:32	01:02:23	02:07:00
546	Team Convertino	300	Fin	06:06:15	Relay	M	24	449			00:26:52	00:56:22	00:01:38	01:29:22	03:06:59	00:04:45	00:59:31	01:56:28
547	Michelle Ward	91	Fin	06:07:01	40-44	F	23	98		Poplar Tri Club	00:21:58	00:45:24	00:03:21	01:28:40	03:03:13	00:02:19	01:00:27	02:12:42
548	Team Polson	324	Fin	06:07:21	Relay	M	25	450		Only Human	00:21:04	00:43:03	00:01:13	01:28:35	03:04:24	00:06:51	01:04:35	02:11:48
549	Jane Hurt	142	Fin	06:07:31	45-49	F	20	99		Rugby Tri Club	00:22:57	00:47:41	00:05:20	01:38:50	03:19:07	00:03:19	00:54:44	01:52:01
550	Steve Cooper	259	Fin	06:07:33	55-59	M	28	451		3xTri	00:21:15	00:43:08	00:03:23	01:27:19	03:01:46	00:03:23	01:03:12	02:15:51
551	Sue Walker	66	Fin	06:08:08	35-39	F	19	100			00:20:26	00:42:31	00:03:49	01:34:10	03:12:32	00:02:12	01:01:14	02:07:02
552	Team Clark	307	Fin	06:08:47	Relay	M	26	452		Sparkly Ladies	00:18:37	00:38:52	00:01:30	01:44:12	03:25:57	00:01:05	00:56:56	02:01:21
553	Hannah Noone	13	Fin	06:08:53	25-29	F	11	101			00:22:06	00:45:42	00:03:49	01:26:51	03:01:16	00:03:57	01:02:05	02:14:06
554	Richard Shooter	866	Fin	06:09:13	50-54	M	61	453			00:19:46	00:41:30	00:04:50	01:33:12	03:15:09	00:02:37	01:01:07	02:05:04
555	Richard Sparkes	879	Fin	06:09:18	50-54	M	62	454			00:17:06	00:35:26	00:03:09	01:26:55	02:59:16	00:02:16	01:08:57	02:29:09
556	Rich Lewis	867	Fin	06:09:42	50-54	M	63	455			00:22:51	00:47:09	00:03:44	01:28:37	03:01:30	00:04:41	01:02:58	02:12:36
557	Peter Murphy	269	Fin	06:09:49	55-59	M	29	456			00:21:11	00:43:41	00:02:57	01:30:10	03:08:57	00:02:58	01:02:01	02:11:15
558	Kevin Evans	883	Fin	06:10:10	50-54	M	64	457			00:21:37	00:45:17	00:03:20	01:27:28	03:05:06	00:03:27	01:00:03	02:12:58
559	Neil Gilbertson	702	Fin	06:10:27	45-49	M	99	458		York Tri Club	00:22:51	00:48:13	00:03:05	01:33:29	03:13:50	00:02:21	00:57:56	02:02:56
560	Lesley Mccarthy	128	Fin	06:10:36	40-44	F	24	102		Greenwich Tritons	00:20:41	00:43:13	00:03:52	01:34:25	03:17:47	00:01:55	00:57:35	02:03:46
561	Julian Rawlings	919	Fin	06:10:41	50-54	M	65	459		HUUB Sports Academy	00:26:38	00:55:34	00:04:08	01:30:34	03:00:43	00:02:17	01:03:39	02:07:56
562	Louise Roscoe	64	Fin	06:10:49	35-39	F	20	103			00:23:31	00:49:14	00:03:36	01:35:33	03:07:54	00:02:30	01:02:21	02:07:33
563	Danielle King	48	Fin	06:11:01	35-39	F	21	104			00:20:12	00:42:15	00:03:22	01:32:00	03:11:09	00:03:01	01:01:53	02:11:11
564	John Mckenzie	605	Fin	06:11:04	40-44	M	91	460			00:26:26	00:54:57	00:03:24	01:24:40	02:56:59	00:03:32	01:03:43	02:12:09
565	Jeremy Baguley	898	Fin	06:11:35	50-54	M	66	461			00:19:07	00:39:33	00:03:43	01:33:39	03:13:47	00:01:39	01:03:23	02:12:52
566	Martin Moran	809	Fin	06:11:46	45-49	M	100	462		Boxfit Tri	00:22:04	00:47:08	00:07:32	01:30:46	03:04:53	00:04:17	01:00:35	02:07:54
567	John Crichton	281	Fin	06:11:47	60-64	M	6	463		Pentland Tri	00:22:58	00:47:03	00:06:24	01:27:27	03:01:20	00:03:51	01:04:02	02:13:06
568	Katie Moore	80	Fin	06:11:52	35-39	F	22	105			00:20:58	00:44:37	00:04:56	01:39:51	03:27:02	00:03:03	00:54:53	01:52:12
569	Richard Olney	764	Fin	06:12:29	45-49	M	101	464			00:21:12	00:44:40	00:03:17	01:28:22	03:02:38	00:03:05	01:04:09	02:18:48
570	Lorna Fox	175	Fin	06:13:39	50-54	F	8	106		Belvoir Tri Club	00:20:52	00:42:41	00:03:59	01:34:23	03:13:25	00:02:16	01:03:41	02:11:16
571	Laurent Schonbach	696	Fin	06:14:00	45-49	M	102	465			00:21:02	00:43:42	00:04:31	01:28:10	03:00:33	00:03:37	01:08:02	02:21:35
572	Mick Welborn	878	Fin	06:14:07	50-54	M	67	466		bustinskin	00:21:35	00:45:52	00:02:57	01:35:33	03:15:27	00:02:18	00:59:41	02:07:32
573	Nathan Towers	454	Fin	06:14:09	35-39	M	68	467			00:22:37	00:47:33	00:04:14	01:33:29	03:14:46	00:03:06	00:59:19	02:04:27
574	Bruce Wilson	719	Fin	06:14:23	45-49	M	103	468			00:22:46	00:47:28	00:03:52	01:32:06	03:10:25	00:02:44	01:03:00	02:09:53
575	Michelle Stockwell	963	Fin	06:14:34	40-44	F	25	107			00:20:49	00:43:12	00:02:35	01:32:12	03:06:25	00:02:56	01:04:58	02:19:25
576	Ian Mackay	582	Fin	06:14:37	40-44	M	92	469			00:19:54	00:44:00	00:04:21	01:32:22	03:11:10	00:02:30	01:03:02	02:12:34
577	Katie Conibere	37	Fin	06:14:41	30-34	F	16	108		Hillingdon Triathletes	00:18:43	00:38:18	00:02:44	01:34:18	03:21:02	00:02:00	01:04:10	02:10:34
578	Nick Haslam	443	Fin	06:14:45	35-39	M	69	470			00:20:36	00:44:54	00:02:52	01:35:07	03:21:47	00:01:41	01:01:59	02:03:29
579	Ian May	293	Fin	06:15:01	70-74	M	1	471		Pentland Tri	00:22:33	00:46:32	00:05:57	01:29:48	03:05:00	00:04:22	01:00:17	02:13:08
580	Carolyn Dales	153	Fin	06:15:05	45-49	F	21	109	+00:05:00		00:24:42	00:51:16	00:04:44	01:37:19	03:18:33	00:04:56	00:52:52	01:50:35
581	James Peters	235	Fin	06:15:07	55-59	M	30	472			00:20:20	00:42:20	00:03:30	01:31:57	03:12:52	00:03:13	01:04:01	02:13:09
582	Lotty Keys	131	Fin	06:16:13	40-44	F	26	110			00:20:44	00:43:16	00:04:36	01:29:56	03:04:34	00:02:19	01:08:53	02:21:27
583	Issy Arthur	33	Fin	06:17:21	30-34	F	17	111			00:22:42	00:45:43	00:06:14	01:30:56	03:06:47	00:06:47	01:04:35	02:11:47

584	Chloe Cross	4	Fin	06:18:20	25-29	F	12	112		Bungay Black Dog Run Club	00:20:58	00:44:02	00:04:45	01:32:57	03:14:25	00:03:16	00:59:35	02:11:51
585	Liz Hulley	143	Fin	06:18:31	45-49	F	22	113			00:23:39	00:49:08	00:04:32	01:35:47	03:19:12	00:02:17	00:59:18	02:03:21
586	Jane Crosby	188	Fin	06:18:57	50-54	F	9	114		Yos	00:21:52	00:45:22	00:05:21	01:32:01	03:11:01	00:04:21	01:03:39	02:12:51
587	Michael Hulley	749	Fin	06:19:09	45-49	M	104	473			00:28:21	00:59:19	00:03:37	01:32:39	03:15:37	00:02:57	00:56:34	01:57:37
588	Christopher Preston	654	Fin	06:19:48	40-44	M	93	474			00:21:08	00:46:01	00:04:29	01:31:13	03:07:39	00:03:15	01:09:15	02:18:22
589	Richard Watt	859	Fin	06:19:55	50-54	M	68	475			00:22:28	00:46:37	00:07:22	01:40:43	03:29:32	00:02:46	00:53:45	01:53:35
590	Oliver Smith	386	Fin	06:20:44	25-29	M	24	476			00:23:07	00:49:31	00:05:00	01:34:00	03:30:41	00:03:09	00:53:32	01:52:21
591	Soyen Adams	151	Fin	06:20:49	45-49	F	23	115		Evolution Tri Club	00:24:27	00:50:40	00:05:50	01:40:51	03:17:56	00:01:52	01:00:59	02:04:29
592	Shane Fereday	966	Fin	06:21:11	50-54	M	69	477			00:26:40	00:56:09	00:04:24	01:32:30	03:10:35	00:02:17	01:02:10	02:07:43
593	Paul Webster	284	Fin	06:21:36	65-69	M	3	478		Derby Tri Club	00:22:14	00:46:18	00:03:10	01:30:34	03:08:54	00:02:03	01:05:41	02:21:10
594	Kate Blackie	145	Fin	06:21:46	45-49	F	24	116		Leeds Bradford Tri Club	00:20:34	00:42:18	00:03:57	01:38:09	03:22:27	00:01:37	01:02:45	02:11:26
595	Richard Bursnoll	874	Fin	06:21:56	50-54	M	70	479		Willesden Tri Club	00:23:05	00:48:23	00:03:14	01:31:11	03:09:32	00:02:41	01:08:38	02:18:03
596	Jamie Palmer	368	Fin	06:22:49	25-29	M	25	480			00:20:35	00:44:39	00:03:29	01:31:09	03:09:26	00:02:59	01:10:27	02:22:14
597	Donna Thomas	197	Fin	06:23:40	50-54	F	10	117		Boxfit Tri	00:21:02	00:43:06	00:05:20	01:27:51	03:03:49	00:03:39	01:11:01	02:27:44
598	Mark Turner	613	Fin	06:23:41	40-44	M	94	481		Lincsquad	00:28:19	00:56:29	00:04:08	01:29:59	03:05:31	00:02:30	01:02:41	02:15:01
599	Ian Tucker	691	Fin	06:23:57	45-49	M	105	482		Malmesbury Flying Monks	00:20:21	00:41:55	00:05:04	01:41:04	03:26:23	00:03:43	00:58:48	02:06:50
600	Jan Richards	201	Fin	06:24:14	55-59	F	4	118			00:22:53	00:47:20	00:05:26	01:39:06	03:24:32	00:03:13	01:00:48	02:03:41
601	Paul Hedger	786	Fin	06:24:25	45-49	M	106	483		Witham Running Club	00:28:11	00:57:55	00:05:52	01:28:17	03:06:00	00:04:08	01:00:22	02:10:29
602	Adele Mitchell	137	Fin	06:25:07	45-49	F	25	119		Leeds Bradford Tri Club	00:21:04	00:45:15	00:03:03	01:33:57	03:15:55	00:02:33	01:05:21	02:18:19
603	Bob Arthur	814	Fin	06:25:35	45-49	M	107	484		RAF Triathlon	00:22:56	00:48:14	00:04:47	01:34:13	03:16:20	00:03:19	01:04:52	02:12:54
604	Jonathan Simmons	365	Fin	06:25:43	25-29	M	26	485			00:24:36	00:52:28	00:03:11	01:32:08	03:16:44	00:02:36	01:01:47	02:10:42
605	Kate Higham	90	Fin	06:25:47	40-44	F	27	120			00:20:59	00:42:50	00:05:26	01:35:57	03:24:34	00:03:05	01:02:02	02:09:50
606	Declan Loy	658	Fin	06:26:30	40-44	M	95	486			00:18:48	00:39:04	00:02:21	01:35:54	03:21:47	00:02:50	01:03:31	02:20:27
607	Cara Simcock	3	Fin	06:27:10	19-24	F	3	121			00:22:47	00:46:13	00:06:50	01:35:42	03:23:25	00:05:16	01:03:16	02:05:23
608	Mark Anderson	946	Fin	06:27:11	50-54	M	71	487			00:18:52	00:39:05	00:03:37	01:37:25	03:20:27	00:02:18	01:05:36	02:21:42
609	Steve Saunders	246	Fin	06:29:02	55-59	M	31	488		Lincoln Tri Club	00:20:43	00:41:39	00:09:26	01:30:11	03:07:22	00:03:17	01:01:41	02:27:16
610	Bettina Wolf	187	Fin	06:31:16	50-54	F	11	122		4 Life Tri Club	00:25:24	00:52:24	00:04:08	01:34:17	03:13:32	00:02:20	01:03:49	02:18:50
611	Duncan Higham	506	Fin	06:31:31	35-39	M	70	489			00:20:47	00:42:41	00:04:07	01:38:11	03:11:10	00:04:16	01:13:33	02:29:15
612	Linda Buchanan	176	Fin	06:31:40	50-54	F	12	123		Pentland Tri	00:24:43	00:50:40	00:06:51	01:25:41	02:55:44	00:02:55	01:13:44	02:35:28
613	Karen Baitup	95	Fin	06:32:39	40-44	F	28	124		RG Active Race Team London	00:19:27	00:39:56	00:02:39	01:28:57	03:09:06	00:02:58	01:14:50	02:37:57
614	Kamilla Gordon	103	Fin	06:33:32	40-44	F	29	125		NYP Tri	00:22:39	00:46:59	00:05:45	01:31:50	03:09:50	00:05:25	01:09:45	02:25:31
615	Darron Hewitt	888	Fin	06:34:17	50-54	M	72	490			00:24:54	00:51:40	00:06:12	01:29:22	03:04:42	00:03:57	01:10:52	02:27:44
616	Sylwia Radomska	75	Fin	06:34:44	35-39	F	23	126		Hillingdon Triathletes	00:22:41	00:48:29	00:04:47	01:32:12	03:08:36	00:03:36	01:13:21	02:29:14
617	Rachel Mottram	108	Fin	06:35:10	40-44	F	30	127		Mansfield Tri Club	00:22:17	00:47:18	00:03:29	01:33:42	03:18:48	00:02:22	01:08:45	02:23:11
618	Dan Blackburn	346	Fin	06:35:30	19-24	M	17	491			00:18:24	00:39:51	00:03:05	01:29:50	03:12:14	00:02:29	01:13:56	02:37:48
619	Eddie Bowers	272	Fin	06:36:41	60-64	M	7	492		Walden Tri	00:22:17	00:46:57	00:04:52	01:37:26	03:22:03	00:03:04	01:07:57	02:19:43
620	Danielle Osborn	87	Fin	06:37:31	40-44	F	31	128			00:21:52	00:45:20	00:05:54	01:38:40	03:22:03	00:04:24	01:09:16	02:19:48
621	Peter Lowman	294	Fin	06:38:47	70-74	M	2	493			00:25:30	00:55:01	00:05:30	01:29:54	03:07:54	00:05:16	01:11:40	02:25:04
622	John Tuer	842	Fin	06:39:02	50-54	M	73	494		Darwen Running Group	00:27:15	00:55:55	00:03:38	01:31:39	03:06:58	00:02:52	01:12:44	02:29:38
623	Richard Bakehouse	754	Fin	06:39:06	45-49	M	108	495		Louth Tri Club	00:22:20	00:46:05	00:03:35	01:37:15	03:12:28	00:02:28	01:15:49	02:34:29
624	Martin Yeomans	921	Fin	06:39:13	50-54	M	74	496			00:25:03	00:52:48	00:07:39	01:33:13	03:14:19	00:04:41	00:59:10	02:19:44
625	Mark Mundy	734	Fin	06:39:19	45-49	M	109	497			00:24:22	00:52:53	00:04:02	01:37:39	03:24:10	00:02:56	01:03:12	02:15:16
626	Mark Landon	763	Fin	06:39:30	45-49	M	110	498			00:23:36	00:50:08	00:02:41	01:46:20	03:43:49	00:01:50	00:58:23	02:01:00
627	Joanne Smith	159	Fin	06:42:07	45-49	F	26	129		Bodyworks XTC	00:23:00	00:50:31	00:04:26	01:35:07	03:20:05	00:04:09	01:09:19	02:22:54
628	Kerry Twinn	112	Fin	06:42:30	40-44	F	32	130		Havering Tri	00:21:02	00:43:22	00:07:00	01:40:29	03:26:12	00:06:59	01:07:40	02:18:55

629	Chris Worth	442	Fin	06:42:42	35-39	M	71	499			00:24:19	00:50:30	00:03:41	01:40:19	03:30:19	00:02:38	01:02:41	02:15:31
630	June Jackson	141	Fin	06:42:44	45-49	F	27	131		100% Tri	00:23:19	00:47:48	00:04:24	01:34:17	03:16:31	00:03:33	01:14:29	02:30:26
631	Steven Common	549	Fin	06:42:57	40-44	M	96	500		Tyne & Wear Fire And Rescue	00:26:31	00:55:00	00:03:08	01:24:38	03:01:49	00:02:10	01:11:45	02:40:47
632	Anthony Dimeck	727	Fin	06:44:40	45-49	M	111	501			00:28:24	00:59:09	00:03:27	01:33:26	03:15:01	00:02:54	01:09:39	02:24:08
633	James Benson	934	Fin	06:46:19	50-54	M	75	502		Born2Tri	00:21:57	00:46:05	00:06:54	01:39:20	03:28:43	00:02:48	01:05:26	02:21:48
634	Paul Langham	848	Fin	06:46:28	50-54	M	76	503			00:22:30	00:47:08	00:04:11	01:50:39	03:37:00	00:04:45	01:03:21	02:13:23
635	Rebecca Drinkwater	113	Fin	06:46:58	40-44	F	33	132			00:22:53	00:48:13	00:04:11	01:33:28	03:11:10	00:04:09	01:17:16	02:39:12
636	Steve Gaunt	262	Fin	06:47:16	55-59	M	32	504		Bedford Harriers	00:21:09	00:45:21	00:07:36	01:34:32	03:16:01	00:08:54	01:09:09	02:29:21
637	Darren Potter	777	Fin	06:49:02	45-49	M	112	505		Doncaster Trathlon Club	00:27:27	00:55:59	00:02:48	01:38:09	03:26:14	00:01:59	01:07:59	02:21:59
638	Susan Davys	206	Fin	06:49:39	55-59	F	5	133		PACTRAC	00:22:40	00:47:28	00:05:08	01:38:40	03:21:59	00:03:55	01:12:53	02:31:07
639	Sarah Bancroft	127	Fin	06:50:39	40-44	F	34	134			00:23:25	00:48:34	00:07:18	01:43:29	03:33:05	00:03:01	01:04:28	02:18:38
640	Iain Hill	925	Fin	06:51:25	50-54	M	77	506		3xTri	00:23:39	00:49:52	00:03:52	01:39:05	03:22:10	00:03:20	01:14:29	02:32:08
641	Shaun Borrill	871	Fin	06:51:49	50-54	M	78	507		Meynell Valley Hunters	00:23:35	00:49:43	00:04:30	01:45:31	03:27:34	00:02:21	01:10:06	02:27:40
642	Neil Frankland	720	Fin	06:52:02	45-49	M	113	508			00:25:44	00:52:15	00:04:48	01:42:03	03:35:18	00:03:10	01:08:54	02:16:30
643	Matt Durmdell	563	Fin	06:52:47	40-44	M	97	509			00:24:29	00:52:10	00:03:34	01:34:41	03:18:00	00:02:00	01:12:27	02:37:01
644	Stuart Steele	978	Fin	06:53:00	40-44	M	98	510			00:18:44	00:38:41	00:04:08	01:39:22	03:25:30	00:04:29	01:16:02	02:40:10
645	Rose Todhunter	208	Fin	06:53:17	55-59	F	6	135		One Life Racing	00:29:18	01:02:12	00:03:34	01:42:50	03:31:40	00:02:22	01:04:06	02:13:28
646	David Brain	792	Fin	06:53:17	45-49	M	114	511			00:27:33	00:56:09	00:09:15	01:42:10	03:31:03	00:06:53	01:05:30	02:09:56
647	Hossam Ashraf	644	Fin	06:53:18	40-44	M	99	512		Hatch Warren Runners	00:25:25	00:56:59	00:06:48	01:36:23	03:21:18	00:03:41	01:07:37	02:24:28
648	Colin Harrison	875	Fin	06:55:04	50-54	M	79	513			00:25:16	00:52:35	00:04:31	01:34:40	03:15:56	00:03:20	01:14:22	02:38:41
649	Val Lowman	211	Fin	06:55:25	60-64	F	2	136			00:26:36	00:54:10	00:04:03	01:44:06	03:31:22	00:02:23	01:08:40	02:23:24
650	Lisa Pohl	191	Fin	06:57:47	50-54	F	13	137		Born2Tri	00:31:07	01:02:06	00:05:57	01:39:02	03:24:13	00:04:04	01:05:42	02:21:25
651	Claire Pendery	123	Fin	06:58:58	40-44	F	35	138		Wakefield Tri Club	00:21:31	00:44:07	00:06:26	01:39:35	03:24:04	00:04:32	01:07:04	02:39:47
652	Mark Blackburn	760	Fin	07:00:16	45-49	M	115	514		Ipswich Tri Club	00:29:38	01:03:06	00:06:01	01:40:23	03:16:00	00:03:34	01:13:07	02:31:32
653	Carrie-Ann Price	126	Fin	07:01:36	40-44	F	36	139		Chester Tri Club	00:24:56	00:51:35	00:03:07	01:45:32	03:37:35	00:02:16	01:09:33	02:27:01
654	Martin Mckenna	288	Fin	07:04:22	65-69	M	4	515		Hereford Tri Club	00:23:31	00:49:14	00:09:19	01:40:59	03:28:29	00:08:51	01:10:17	02:28:26
655	Katy Sigley	97	Fin	07:07:04	40-44	F	37	140		Stafford Tri Club	00:23:01	00:47:54	00:04:20	01:36:33	03:19:07	00:06:42	01:22:46	02:49:00
656	Paul Manson	441	Fin	07:08:45	35-39	M	72	516		East London Tri	00:24:00	00:51:59	00:05:03	01:41:53	03:38:20	00:04:58	01:09:21	02:28:22
657	Fiona Shenton	209	Fin	07:08:47	55-59	F	7	141		Durham Tri Club	00:28:56	01:00:58	00:08:25	01:53:59	03:42:46	00:03:20	01:02:55	02:13:15
658	Sonja Mccoy	124	Fin	07:10:19	40-44	F	38	142			00:26:41	00:56:18	00:05:19	01:44:03	03:32:22	00:05:17	01:14:01	02:31:02
659	Chris Bagnall	282	Fin	07:12:17	60-64	M	8	517		Banbury Star	00:27:09	00:55:29	00:07:06	01:36:33	03:18:11	00:05:36	01:20:52	02:45:53
660	Tracy Sharp	171	Fin	07:12:56	45-49	F	28	143			00:27:42	00:55:41	00:07:27	01:44:13	03:46:28	00:05:19	01:07:29	02:17:59
661	Alex Richter	135	Fin	07:13:35	45-49	F	29	144		BRAT				01:56:35	04:03:06	00:02:23	01:09:20	02:22:11
662	Sophie Carter	27	Fin	07:16:30	30-34	F	18	145			00:27:19	00:56:28	00:10:03	01:52:21	03:40:07	00:07:23	01:08:04	02:22:27
663	Barry Hale	265	Fin	07:18:18	55-59	M	33	518		Rugby Tri Club	00:30:46	01:22:02	00:07:37	01:46:23	03:27:13	00:04:52	01:04:52	02:16:31
664	Philippa Abrams	129	Fin	07:18:32	40-44	F	39	146		Stratford upon Avon AC	00:25:20	00:52:57	00:05:15	01:44:27	03:39:16	00:04:35	01:13:27	02:36:26
665	Adam Challinor	967	Fin	07:22:08	40-44	M	100	519		Athlete Lab	00:23:19	00:50:15	00:07:57	01:43:51	03:32:35	00:05:11	01:17:02	02:46:07
666	Chris Hickman	825	Fin	07:25:20	45-49	M	116	520		Oxford Tri	00:27:14	00:56:16	00:04:10	01:59:07	03:55:00	00:02:18	01:09:53	02:27:33
667	Siobhan Gill	109	Fin	07:30:51	40-44	F	40	147		Petersfield Tri Club	00:28:24	01:02:14	00:07:21	01:47:23	03:41:29	00:03:16	01:12:33	02:36:29
668	Lorna Cotter	186	Fin	07:32:25	50-54	F	14	148		Bexhill Runners And Tri	00:26:21	00:54:26	00:05:59	01:52:18	03:49:26	00:05:04	01:16:59	02:37:29
669	Tom Fitzpatrick	780	Fin	07:33:37	45-49	M	117	521			00:32:18	01:08:40	00:07:43	01:43:49	03:34:56	00:03:11	01:16:45	02:39:04
670	Ian Sturdgess	242	Fin	07:36:13	55-59	M	34	522		Bedford Harriers	00:23:55	00:49:46	00:04:05	01:46:46	03:52:21	00:04:38	01:15:57	02:45:21
671	Daren Topham	849	Fin	07:38:34	50-54	M	80	523		NYP Tri	00:28:44	01:01:42	00:07:54	01:49:32	03:48:06	00:04:13	01:11:01	02:36:37
672	John Farrugia	239	Fin	07:40:50	55-59	M	35	524			00:25:37	00:52:45	00:07:06	01:41:50	03:33:58	00:04:31	01:26:41	03:02:28
673	Liz Hammond	35	Fin	07:41:08	30-34	F	19	149			00:22:55	00:47:44	00:05:35	02:03:48	04:06:25	00:05:41	01:11:28	02:35:41

674	Hilary Gilliam	202	Fin	07:45:54	55-59	F	8	150		NYP Tri	00:26:31	00:56:19	00:07:22	01:45:49	03:44:51	00:04:58	01:24:39	02:52:23
675	Dawn Watkins	144	Fin	07:51:06	45-49	F	30	151			00:29:53	01:02:21	00:07:43	01:54:52	03:57:43	00:04:45	01:17:18	02:38:32
676	Helen Smith	184	Fin	07:54:11	50-54	F	15	152		NYP Tri	00:26:02	00:54:21	00:06:09	01:44:48	03:41:59	00:04:41	01:29:20	03:06:59
677	Jeff Smith	229	Fin	07:54:11	55-59	M	36	525		NYP Tri	00:20:47	00:43:25	00:17:02	01:43:40	03:37:42	00:09:51	01:28:20	03:06:09
678	Alex Milne	590	Fin	07:55:38	40-44	M	101	526		Long Eaton Tri Club	00:18:24	00:40:16	00:11:44	01:45:05	03:46:47	00:09:05	01:30:45	03:07:44
679	Marie Walker	67	Fin	08:04:11	35-39	F	24	153		Fitmums And Friends	00:25:28	00:53:38	00:04:46	01:48:11	03:51:10	00:03:09	01:35:01	03:11:26
680	Katie Belchamber	82	Fin	08:07:34	40-44	F	41	154			00:25:53	00:53:44	00:06:18	02:04:47	04:26:23	00:05:19	01:11:21	02:35:49
681	Glenn Richer	268	Fin	08:17:13	55-59	M	37	527			00:30:04	01:05:06	00:06:50	01:57:00	04:04:54	00:05:37	01:26:49	02:54:43
682	Louise Simm	84	Fin	08:33:46	40-44	F	42	155		Team Deane	00:30:41	01:05:40	00:05:07	01:48:38	03:57:43	00:06:21	01:35:01	03:18:53
683	Sarah Lovelock	100	Fin	08:36:23	40-44	F	43	156			00:30:06	01:12:20	00:05:02	02:01:38	04:13:49	00:03:07	01:31:16	03:02:03
684	Antony Farmer	287	Fin	09:11:35	65-69	M	5	528			00:48:40	01:41:42	00:05:17	01:56:29	03:55:17	00:10:11	01:34:27	03:19:05
685	Lorena Henderson	150	Fin		45-49	F				Bedford Harriers	00:34:28	01:11:20	00:07:41	02:03:39	04:25:33			
	Desmond Mcmanus	772	DNF		45-49	M				Les Stables Tri Camps	00:16:36	00:34:16	00:01:25	01:12:28				
	Steven Fitzjohn	917	DNF		50-54	M				Royal Navy Tri Association	00:23:29	00:46:27	00:01:54	01:19:18	02:41:13	00:01:40		
	John Bull	295	DNF		70-74	M				NYP Tri								
	Chris Goulden	270	DNF		60-64	M				Pencoed Tri	00:14:29	00:30:37	00:02:17					
	Kelly Lehmann	280	DNF		60-64	M				Oxford Tri		00:34:11	00:10:35		02:11:35			
	Peter Mudie	254	DNF		55-59	M				Tyne & Wear Fire And Rescue	00:21:42	00:45:31	00:06:12	01:31:34	03:13:49			
	Dea Ditchfield	177	DNF		50-54	F				Bedford Harriers	00:18:52	00:38:47	00:03:28	01:22:46				
	Kim O'Neill	179	DNF		50-54	F				Manchester Tri Cub	00:21:23	00:45:32	00:02:55					
	Jo Hope	162	DNF		45-49	F				NYP Tri	00:20:13	00:41:44	00:03:36					
	Angela Kay	207	DNF		55-59	F				Bedford Harriers	00:19:03	00:39:17	00:04:36					
	Sarah Kerswell	189	DNF		50-54	F					00:18:27							
	Mark Hill	217	DNF		55-59	M					00:18:48	00:38:56	00:02:31	01:18:45	02:40:11	00:02:05	00:45:43	
	Berenice Curtis	132	DNF		45-49	F				BRJ Run & Tri	00:15:42	00:32:17	00:02:15	01:23:27	02:50:05	00:01:46		
	Jenny Millett	20	DNF		25-29	F				Tri Surrey	00:19:11	00:38:52	00:02:09	01:24:26				
	Dave Kirby	445	DNF		35-39	M				Sheffield Tri Club								
	Phil Paterson	451	DNF		35-39	M				RG Active Race Team	00:15:18	00:31:38	00:01:49	01:08:27	02:17:42	00:01:37		
	Rafal Amer	471	DNF		35-39	M					00:20:58	00:44:33	00:01:51					
	Ric Longcake	490	DNF		35-39	M				Lincsquad	00:17:53	00:37:33	00:02:33	01:13:47	02:32:00	00:03:10		
	Fraser McClellon	566	DNF		40-44	M					00:20:21	00:42:42	00:04:01	01:21:00	02:49:07	00:03:04		
	James Duveen	545	DNF		40-44	M					00:18:26	00:38:10	00:02:52	01:16:05	02:34:49	00:02:41	00:55:07	
	Chris Hine	339	DNF		19-24	M				Racetime Events Loughb Tri	00:13:38	00:28:25	00:01:21	01:03:40	02:10:30			
	Team Manning-Ohren	317	DNF		Relay	M				4 Life Tri Club	00:16:17	00:33:19	00:01:37				00:47:44	01:38:29
	Gethyn Friswell	372	DNF		25-29	M				Spa Striders	00:22:23	00:46:03	00:02:39					
	Dominic Barnett-May	387	DNF		25-29	M												
	Alex Taylor	596	DNF		40-44	M				sportstest.co.uk	00:26:52	00:54:58	00:05:00					
	Stuart Warren	708	DNF		45-49	M				Welland Valley Tri Club	00:18:17	00:38:02	00:02:44	01:15:44	02:34:00	00:01:37	00:32:02	
	Craig Twigg	700	DNF		45-49	M				Speedhub Race Team	00:13:37	00:28:45	00:01:11	01:03:31	02:09:10	00:01:25		
	Chris Pugh	845	DNF		50-54	M				Belvoir Tri Club	00:19:59	00:42:04	00:02:49	01:19:11	02:40:46	00:01:29		
	Kyle Blackburn	791	DNF		45-49	M				Maidstone Tri Club	00:18:37	00:38:20	00:03:34	01:19:59	02:42:23			
	David Manning-Ohren	815	DNF		45-49	M				4 Life Tri Club	00:18:14	00:39:36	00:02:09	01:19:10	02:40:52			
	Richard Smith	823	DNF		45-49	M				Hot Chilli Tri	00:17:34	00:36:41	00:01:16	01:17:03	02:37:55	00:01:57		
	Mick Golightly	770	DNF		45-49	M				Tyne & Wear Fire And Rescue	00:17:50	00:38:04	00:01:09	01:17:31	02:39:22	00:02:39	00:47:29	
	Dylan Bogg	774	DNF		45-49	M					00:19:18	00:39:02	00:02:25	01:12:22	02:27:01			

	Chris Perks	748	DNF		45-49	M					00:30:31							
	Alistair Hood	938	DNF		50-54	M			NYP Tri		00:22:14	00:46:57	00:03:51	01:37:05	03:11:35	00:03:10		
	James Montgomery	884	DNF		50-54	M			Witham Running Club		00:22:50	00:47:23	00:04:19	01:27:27				
	Steve Le Page	903	DNF		50-54	M			Bedfordshire Road CC		00:18:23	00:38:08	00:02:52	01:18:12	02:41:26			
	Gary Jones	908	DNF		50-54	M			Weald Tri Club		00:18:30	00:38:11	00:03:20	00:47:03	01:27:49	00:05:04		
	Mark Weintraub	244	DQ		55-59	M					00:20:31	00:42:07	00:02:54	01:21:55	02:46:07	00:01:58	00:52:23	01:45:59
	Daniel Wilson	461	DQ		35-39	M					00:16:59	00:35:18	00:01:49	01:08:36	02:20:06	00:01:55	00:44:50	01:31:46
	James Bottomley	505	DQ		35-39	M					00:21:53	00:45:54	00:03:01	01:18:31	02:40:32	00:01:26	00:49:57	01:43:13
	Team Bottrill	308	DQ		Relay	M			Team Bottrill/Drag2Zero		00:14:31	00:29:57	00:01:21	00:55:51	01:52:33	00:00:53	00:37:27	01:16:37
	Team Kaye	306	DQ		Relay	M			Serpentine		00:18:50	00:38:17	00:01:23	01:16:37	02:33:04	00:00:52	00:35:18	01:11:51
	Neal Thomas	616	DQ		40-44	M					00:17:45	00:37:12	00:03:29	01:22:56	02:49:33	00:01:42		
	Leon Aspin	634	DQ		40-44	M			BASC Tri		00:21:28	00:44:47	00:03:27	01:19:01	02:44:29	00:01:23	00:58:30	02:09:41
	Jamie Hinton	959	DQ		30-34	M					00:13:03	00:26:52	00:01:08	01:07:37	02:17:57	00:00:55	00:38:55	01:19:32
	Richard Springall	962	DQ		25-29	M			Freedom Tri		00:18:37	00:38:40	00:01:26	01:16:22	02:36:05	00:00:58	00:46:34	01:36:01
	Jason Taylor	621	DQ		40-44	M			Hillingdon Triathletes		00:20:18	00:41:48	00:03:17	01:21:28	02:47:00	00:01:31	00:55:31	01:55:21
	Brian Emerson	847	DQ		50-54	M					00:16:55	00:35:49	00:01:58	01:16:26	02:31:08	00:01:07	00:52:51	01:54:47
	Les Thompson	808	DQ		45-49	M			Grimsby Tri Club		00:16:34	00:34:25	00:01:36	01:13:24	02:28:28	00:01:49	00:46:10	01:37:21
	Nick Hughes	781	DQ		45-49	M			Chiltern Harriers		00:20:04	00:42:20	00:02:14	01:13:07	02:27:51	00:01:25	00:38:19	01:18:17
	Mark White	767	DQ		45-49	M			Mark White Coaching RT		00:15:10	00:31:28	00:02:10	01:06:59	02:17:40	00:01:53	00:44:05	01:28:32
	Nick D'alton	742	DQ		45-49	M			Team Pants		00:18:57	00:39:20	00:04:09	01:18:50	02:43:06	00:01:29	00:55:41	01:52:45